

Your Journey to Fulfillment

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2nd edition

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info@imocean.academy

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info@imocean.academy
Cell: +31614288114 - Fixed: +31207749765
Korenbloemlaan 74, 1187 EG Amstelveen,
The Netherlands

Dedication

To my mother, who has been the greatest symbol of perseverance throughout her seven years fighting cancer.

To my father, my role model for resourcefulness from whom I learned to live a fruitful life based on the purest principles and values.

To my lovely wife Azadeh, who has unconditionally supported me through thick and thin.

To my son Arwin, a great source of inspiration who amazes me every day with his high rate of curiosity and unconditional love.

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Introduction

Consider this book as my contribution to achieving your goals. I believe when people are happy, fulfilled, and satisfied there will be in general more peace, compassion, mutual understanding, and respect. This can only happen when we have more happy people in the room rather than grumpy, exhausted, unsatisfied, stressed, and aggressive ones. Think about it for a minute. Where do all those unpleasant feelings come from? Would it be fair to say that it happened due to the fact that we realize we haven't achieved what we wanted? Or even worse, we might be spending too much time doing things other than what we really want to do. Sound familiar?

Have you ever spent quality time asking yourself questions like: “*What do I really want?*”, “*Why is it never enough?*”, “*When will this all come to an end?*”, “*When can I smile again from the bottom of my heart?*” Have you also asked yourself why you are stuck, if you are? Have you learned from past successes using these as a template to achieve more?

Your Journey to Fulfillment

Have you ever thought: *“If only I had a coach.”*, *“I wish I had a guide, a template, a role model or someone who could tell me how to start.”*

I have good news for you my friend. I have put my top tips together to help you start realizing your dreams. I have learned to live the life I love from great people, great leaders, and beautiful souls. My parents never went to school. Yet they have been the best parents I could ever have had. By following their wisdom, I am where I am today. I have learned how to achieve financial freedom. Don't confuse financial freedom with having so much money that you don't need any more. I have learned to release myself from working for money. I have learned to follow my heart no matter how hard it is. I have learned to say no to scary leaders who are bad losers and all they want to hear is: *“Yes sir, you're right”*. I have freed myself from many man-made obstacles. And I believe you deserve it too. Why not you?

I have penned this book to help you on your journey to ultimate success. This book is written in very simple language enabling you

Introduction

to start realizing your dreams. If you follow the guidelines outlined in this book you will make breakthroughs you never dared to imagine. The goal-setting exercises will move you from a passive to a resourceful state and breakthrough your limiting beliefs. Follow these bulletproof steps and you will realize your dreams in no time. All you need is yourself, your time and your commitment to act.

I would love to hear your story. Please connect with me on [Facebook](#), [LinkedIn](#), [Instagram](#) and [Twitter](#). When you have realized your dream, please let me know how this book contributed to that. If you like what you read please leave a review on Amazon. Please be generous and pass on your knowledge. You can't imagine how many souls are waiting to be transformed by your knowledge and wisdom. See you at the top.