


Most people don't know that deep in the jungle, yogi pandas stretch down to their toes, paws reaching low, then up to the sky, with balance and grace in each pose.

Little Panda loved to do yoga. It was part of his daily routine — warrior, tree, and downward dog with friends, breathing and Oming in between.



One day after class, Mommy Panda noticed
Little Panda was looking quite sad.
Surprised, she asked what was wrong,
knowing yoga always made him so glad.

"Well, Giraffe is yellow with big brown spots,
and Peacock's blue feathers shine bright.
Flamingo is pink, and Iguana is green,
but I am just plain *black and white*."