Every chess player wants to improve, but many, if not most, lack the tools or the discipline to study in an effective way. With so much material on offer, the eternal question is: 'How can I study chess without wasting my time and energy?'

Davorin Kuljasevic provides the full and ultimate answer, as he presents a structured study approach that has long-term improvement value. He explains how to study and what to study, offers specific advice for the various stages of the game and points out how to integrate all elements in an actionable study plan.

- How do you optimize your learning process?
- How do you develop good study habits and get rid of useless ones?
- What study resources are appropriate for players of different levels?

Many self-improvement guides are essentially little more than a collection of exercises. Davorin Kuljasevic reflects on learning techniques and priorities in a fundamental way. And although this is not an exercise book, it is full of instructive examples looked at from unusual angles.

To provide a solid self-study framework, Kuljasevic categorizes lots of important aspects of chess study in a guide that is rich in illustrative tables, figures and bullet points. Anyone, from casual player to chess professional, will take away a multitude of original learning methods and valuable practical improvement ideas.

Davorin Kuljasevic is an International Grandmaster born in Croatia. He graduated from Texas Tech University and is an experienced coach. His bestselling book *Beyond Material: Ignore the Face Value of Your Pieces* was a finalist for the Boleslavsky-Averbakh Award, the best book prize of FIDE, the International Chess Federation.