

#4

**PRACTICE AND BE
PATIENT.**



#12

**NATURAL LIGHTING
IS THE BEST LIGHT
FOR PICTURES, SO
TAKE YOUR SELFIE
NEAR A WINDOW OR
OUTDOORS.**



#25

**CAPTURE YOURSELF
WHEN YOU'RE
FEELING AN
EMOTION.**



#32

**CLEAVAGE SHOWS
WELL IF YOU PROP
YOURSELF UP WITH
ELBOWS IN A BED OR
ON THE FLOOR.**



#35

**IF YOU'RE NOT
KIM KARDASHIAN,
DON'T TAKE A PHOTO
OF YOUR BOTTOM
("BELFIE").**



#39

**SNAP A PHOTO
OF YOUR
FEET. AIM
THE CAMERA
STRAIGHT
DOWN.
THE EDGE OF**

**THE FRAME
SHOULD LAND
SOMEWHERE
ON YOUR
THIGHS,
FAIRLY CLOSE
TO YOUR HIPS.**



#42

**TAKE A SELFIE
HOLDING
SOMETHING.**



#47

**NATURE ALWAYS
MAKES A GREAT
BACKGROUND.**



#60

**DOUBLE-CHECK
THE BACKGROUND
THOROUGHLY FOR
PHOTO-BOMBERS
BEFORE YOU UPLOAD
THE SELFIE.**



#63

USE HASHTAGS.

