

WHAT THE FUTURE MAY BRING

Jan C. van der Heide



In *What the future may bring*, Jan C. van der Heide looks at tomorrow in his own distinctive way - and at everything that may follow.

Through reflections, visions and developments, he explores a future that is not fixed, but partly shaped by what we think, do and dare to hope today. Especially in uncertain times, this book invites us to look ahead: not with fear, but with curiosity, humanity and confidence.

For the future does not begin tomorrow.

The future begins today.

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Introduction

**In *What the future may bring*,
Jan C. van der Heide looks in his
own distinctive way at tomorrow -
and at everything that may follow.**

**Not a future set in stone, but a
world full of possibilities.**

**Reflections, visions, expectations
and developments pass before us;
some may still seem a distant
prospect, while others are already
knocking gently at our door or have
even begun unnoticed.**

**For the future is not merely
something that happens to us. It is
also something each of us can help
to shape, in our own way.**

Especially at a time when the world can seem unsettled, uncertain and complicated, it is important to keep looking ahead. Not with fear as our guide, but with curiosity, confidence and, above all, hope.

Because anyone who thinks about tomorrow is already taking a first step today. Anyone who keeps seeing possibilities opens doors. And whoever wants to build a better world with others makes hope something tangible.

Perhaps we cannot predict the future precisely. But we can meet it with ideas, humanity, wonder and the determination to make something beautiful of it.

**After all, the future does not begin
tomorrow.**

**It begins with what we think, do
and dare to hope today.**

Jan C. van der Heide

What the future may bring

Older people of tomorrow: dignity in a time of change

Society is ageing rapidly. There are increasing numbers of older people, while the number of people working in care does not grow at the same rate. This is not a question of political colour, but of demographics and economics. This will make major changes inevitable in the coming decades.

Where a nursing home used to be a natural next step for many people, the emphasis will increasingly be on living independently for as long as possible. That sounds attractive, but