Life Orientation for Professionals

Sicut enim maius est illuminare quam lucere solum, ita maius est contemplata aliis tradere quam solum contemplari. (Thomas Aquinas in S. Th. II-II, 188, art 6.)

For even as it is better to enlighten than merely to shine, so is it better to give to others the fruits of one's contemplation than merely to contemplate.

## Life Orientation for Professionals

A Narrative Inquiry into Morality and Dialogical Competency in Professionalisation

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## Preface

On August 1, 2010, the Catholic Domstad University for Teacher Education merged with the HU University of Applied Sciences Utrecht. In the merger agreement, the small Catholic university stipulated the instalment of a research group on normative professionalisation and the development of an educational programme in philosophy, religion, and spirituality – to safeguard its spiritual legacy. One of the three research interests was the relationship between worldview education and normative professionalisation (cf. Structuurrapport, 2011). This kairotic moment in time has created an exceptional opportunity for this research in an even more peculiar educational context, namely education in philosophical, religious, and spiritual sources at a public university of applied sciences.

My interest has always been in people's narratives and how they respond to the questions about the meaning of life. What interests me most is the language people use to address thought-provoking questions about what makes sense in life. As a theologian, I regard myself as an intermediator between the meaning-making and articulating process of a human being and the languages of the various wisdom traditions in philosophy, religion, and spirituality. These old traditions need a translation to gain relevance for people nowadays. A translation, which begins by putting their life questions in the front row. That is the ultimate starting point. My life motivation is to help people relate to one another by creating space and time to have a dialogue on these ultimate questions, to walk along with them in developing awareness and insight into their view on life, and to explore the rich human sources of wisdom together.

At this moment, I am a teacher-educator for primary education with a specialisation in the didactics of religious and worldview education. For six years now, I have worked at the public HU University of Applied Sciences

in Utrecht, in the Netherlands. Besides my function as a teacher-educator, I have developed – together with my colleagues Helma de Rooij and Gertie Blaauwendraad – a minor programme in philosophy, world religions, and spirituality for students of all disciplines. Every academic year, we welcome approximately 120 students from different backgrounds and studies, who freely choose to follow this half-year specialisation during their studies. For both teachers and students, each of whom has a unique story to tell, mutual inspiration and enrichment takes place. My colleagues and I have seen something happening to the students. This has taken many forms: a sudden insight causing a sparkling in their eyes, a meaningful silence, joy and frustration, and everything in between. The students have evaluated these moments in a range from a special and precious moment of time during their studies, to a life-changing event. This educational experience of the students is an important motivation to investigate what is happening in this specific form of education, within which we envision developing the professionalisation of students.