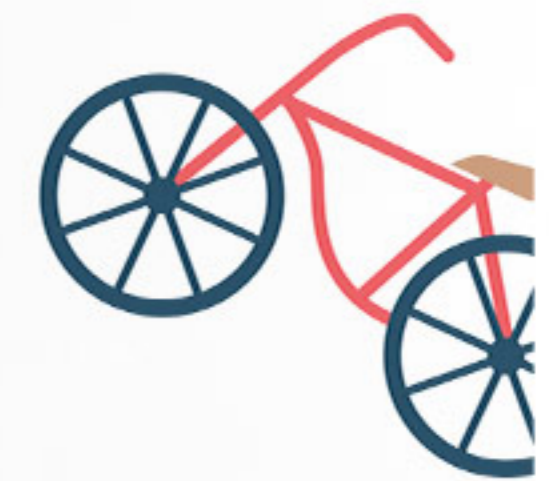
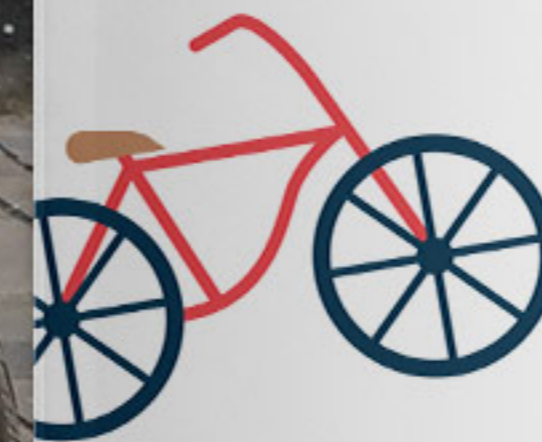


**YOU KNOW
YOU'RE DUTCH
WHEN...**

**You think
bicycle
helmets are
ridiculous.**



The Netherlands have fewer head injuries caused by bicycle accidents than other nations – even with an almost complete lack of protective headgear. The Dutch are taught how and when to watch for bicyclists from the first time they sit behind the wheel of a car. The vast majority of Dutch bike paths are safely separated from vehicular traffic, which results in fewer bike-to-car interactions and fewer collisions.





YOU KNOW
YOU'RE DUTCH
WHEN...

You're an adult & still love chocolate sprinkles on bread.

Hagelslag was first brought to the market by the Dutch company Venz in 1936. Legend has it that the company's owner was inspired by a letter from a 5-year-old boy, requesting a chocolate bread topping! #smartkid

DID YOU KNOW?
The Dutch eat over 14 million kilos of *hagelslag* each year. That's 750,000 slices of bread topped with *hagelslag* every day! Yum!





**YOU KNOW
YOU'RE DUTCH
WHEN...**

You love feeding dubbelzoute drop to foreigners.

Dutch licorice tastes like soiled socks mixed with cleaning products and a dash of salt. An acquired taste, it's nothing like its English or American counterparts.

"When I was a kid I thought it was just us that did this. Turns out Dutch people all over the world have the same humor." – from our blog comments



**YOU KNOW
YOU'RE DUTCH
WHEN...**

Someone in your family was born at home.



The Dutch are pioneers of the home birth. Although numbers have decreased over time a whopping 14% of all births in the Netherlands take place at home. A large-scale study (of some 147,000 low-risk births) released in 2013 concluded that low-risk home births in the Netherlands were in fact safer than hospital births.



*Want to know more?
Read my other book:
Stuff Dutch Moms Like.
#shamelessplug*

