

The doctrine unveiled

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Prologue

This manuscript of insight isn't just a book about religion or about the important questions in life, it's a completely new phenomenon concerning the unravelling of the doctrine. The doctrine unveiled. The author has committed many years to writing this book, with which he tries to expose the essence of life.

A word itself is merely a phenomenon. By passing words on, meaning gets ascribed to the words and people accept it and regard it as being real. The author however, goes a lot deeper than the accepted meaning of words. His manuscript is based on feeling, experiencing and perceiving.

Every word tries to explain something that in reality can't be described in words. Until the doctrine is unveiled, we can't understand those things that cannot be put into words. Only when the doctrine is unveiled, a person can understand what it means to feel for example, without having to name it.

The author takes a closer look at words such as accepting, thinking, fantasy, ideals and freedom and shares his perspective with the reader. It will make the reader think and question about these things and it will cause an inner conflict. The reader will ask himself the question why he has always accepted the traditional interpretation of words and why he has always lived according to that interpretation.

The author's goal is for people to get acquainted with his perspective on life by presenting his manuscript: The doctrine unveiled. The book will affect knowledge and the way people think about life. First however, the doctrine has to be unlearned!

This manuscript shows how much the author has read, thought and how much research he has done. Above all, this manuscript shows the work of a person with much life experience. A person who has developed himself in many aspects, which demonstrates his special gift.

This dictionary will move the readers. The author considers it his mission to open the eyes of men. I wish you luck and wisdom reading this manuscript of insight!

Marty Koning, www.martykoning.nl

To attach

To attach is unnecessary and unimportant, the dead can take nothing with them.

Learning

Learning goes automatically, it is not easy to unlearn. You never learn words without images accompanied by the words, because you can recognize them. Words which you have no images of, you'll never be able to process!

Unlearning is not that you yourself or others are to impose rules. Nobody can help you learn to unlearn.

The person who has unlearned the doctrine, you will not easily find and he or she has no interest in making sure you unlearn. Unlearning is something you have to do alone, you don't need anybody to do it. There are hundreds or perhaps thousands of techniques. That doesn't matter, you need one technique to use, until you no longer need it.

Everything you've learned about, such as love, suffering, happiness, etcetera, are unreal things which make an end to reality.

Pick up

The world can offer you nothing you can't pick up.

Nice

Everybody can be nice and imitate, but the word nice itself does not know what nice is.

To accept

When you accept something, everything goes on fluently, without any counteraction.

Breath

Breath does not need a body to exist. The body uses breath to be able to affirm its existence. Breath confirms itself without the body. Breath confirms the fact that breath is breath.

Advice

During the lifecycle you mostly receive advice of the person who is as blind as you are and thinks that the decision taken, could have been taken differently. Whether the opposite actually would've been better, is something that nobody can confirm.

Distance

Distance takes its place in time. Where there is no time, there is no distance.

For distance you need imagination to see what does not exist.

Everything

Everything you had before birth, you will take with you to the grave.

God is all written language, but words are not God. You could also say that God reflects the words and that bad meanings display the devil, until the invisible inner self will unveil the contrary.

Who, what and where is making you think that certain events differ from one another, but in reality everything is the same for the invisible inner self. For example the murder of a child, a brother, a sister, a mother, a father, a friend, an enemy or a stranger. Even suicide! They belong to the doctrine.

When the invisible inner self is unveiled, the invisible inner self becomes aware of everything. There is no need for anyone to tell you anything; the invisible inner self knows everything!

Others

Everything you know about yourself, you owe to the existence of another person. The other person is a living reflection of the mirror to you. You and the other person are equals.

You need others to confirm your own satisfaction.

Knowledge that has been brought to you by others is useless, unless you unlearn it.

What other people say about you is unreal, because you can confirm it; reality can never be confirmed. A tree for example, can be confirmed by you and another person, but the tree cannot confirm your confirmation; that is reality. Reality cannot confirm reality.

All the things other people do and say, you do and say in exactly the same way. By not unveiling this, you will never find out either. The other people know everything about you, like you know everything about them, but never about yourself. Everybody else is predictable, but you never are. You are predictable to other people. I am always another person and never the same.

Other people say what you have to do; there are thousands of rules and theories to restrain you. If doing things is that simple, why are there so many unsuccessful rules and theories? The answer is simple: only thoughts can constrain thoughts, by letting thoughts go their way simple and flexible. Without your intervention or counteraction rules and theories are unnecessary. It's as simple as that. The simplistic can only go into force because of the invisible inner self and because of nothing else. Rules, theories or anything like that are nonsense.

Because of ignorance you use incriminating words that are used by others, however frustrating these words are to others.

Whatever you say you're doing, you say to confirm others.
Whatever you say you're not doing, you should not confirm.
Whatever you are doing that you don't confirm, you haven't done.

Whenever you say you're happy and you feel good, you are busy confirming that to other people. You don't know if that is actually the case, because you are unable to confirm it yourself.

Whatever gets destroyed by you, is renewed by others.

What the other person knows about you, you don't know yourself.

Fear

Nothing you fear can exist without thoughts.

Whatever you say, you can never hide fear from yourself!

Antithesis

Everything people compare to the invisible inner self, stays the same. The outside is the rise of all contradictions.

Everything that is antithesis is of equally importance. For example good and bad, winner and loser, rich and poor, fair and unfair, life and death, etcetera.

The antithesis and the non-antithesis are one and the same. The purpose is to unveil the insight. It's not about another person talking about it or confirming it to you. There is nothing to talk about, to ask, nor to confirm. It is a self-affirmation to the person that has unveiled that unveiled insight. That person knows that antitheses and non-antithesis are the same thing. In other words: they don't exist. Because of the thoughts disappearing, it's not possible to give an explanation without a choice of words.

The thought about 'I', being 'I', is the essence of the antithesis.

The invisible inner self is the invisible inner self that has exceeded the antithesis.

Words are able to exist because of the antithesis. When the antithesis disappears, the words disappear.

Antithesis arises whenever a group of people takes decisions that are not agreed upon by the minority. Consciously or unconsciously you share the decision of the majority or perhaps a person (since the prehistoric times) lifelong.

Antithesis is destroyed by the invisible inner self.

Assertive

To be assertive is something that is always done for others: you know you are unlikely to be assertive, unless you are fooling yourself.

To be assertive is something that can always be confirmed by others and never by yourself. It is and always will be something for other people.

Afraid

When the thoughts say you're afraid and you don't actually know you are afraid, you say to yourself that you aren't. To be afraid is in your nature and is sometimes expressed, so you can think you're not afraid. Once afraid, always afraid.

You're afraid of the known and the unknown, so you're always afraid.

When you know why you're afraid or what it is that you're not afraid of, you're *afraid*. By thinking about what it is that you are afraid of –but you won't say it or because you don't know, you actually are afraid. If strange sounds in the dark make you startle, then that's also called "being afraid".

You're always afraid of the unknown, not knowing that it is the doctrine.

When you're afraid, you try to focus only on being afraid. In time the fear will automatically vanish, because the thoughts have gotten used to that process.

Before you came into the world, thoughts were already there. When you die, thoughts will remain for others to use. Thoughts are always present for or because of other people. You are one of those other people.

The reason you wish not to die, is because of thoughts; thoughts are attached to a lot of actions. There are a lot of thoughts left that you want to attach to actions or thoughts you yourself wish to attach to. What thoughts possess and what you can possess, is the reason you want to possess thoughts before you die. Death doesn't wait for your fulfillment, fulfillment has already been fulfilled. But thoughts will never be fulfilled. Thoughts have been there for centuries, always the same thoughts. Thoughts old as centuries that can never be fulfilled. Only empty thoughts can be fulfilled... by emptiness.

Thoughts are a doctrine and the doctrine needs to be considered as a loan.

The dictionary has confirmed to you that thoughts are a performance, or imagination. Thus, an illusion! Thoughts are forever unreal, unless you are not able to realize that.

Thoughts can never be in possession of a single person, because that what you do not learn, has no thoughts.

When "I" tell you that something doesn't exist, you will say: 'I can see it, so it has to exist'. And you're right, until the moment you can switch off thoughts.

Being dead is repeating to think about the dead. For example: the death of a stranger could be nonexistent to you, there is no obsession of it. But death does exist amongst your family and friends, they have emotions, memories and ideas about the dead. You are not able to imagine anything. You see death. That's it, nothing more and nothing less. It's over, gone. The taught doctrine about death (of strangers) is not applicable on you.

To answer

The questions you have about yourself, you cannot answer. It is others who have the answers.

It's better not to answer questions, so that later on you won't regret your answers.

People can never answer questions to which the answers are not already well-known. Questions and answers are part of the doctrine. The question already has the answer, before you are able to answer the question. The question or answer is unfamiliar to you, when you have never heard about that lesson.

You imagine your life differently than you experience it.

You can never come up with an idea; it has already been conceived.

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Epilogue

This is not a book but a manuscript of insight.

Everything in life you thought was true, will become uncertain by reading this manuscript. At the very least it will make you doubt your beliefs. Because of the unusual approach to the issues of life, a new perspective becomes revealed. Life itself is described in all its facets. Everything we know and appreciate as human beings gets revealed in a very sharp-eyed way.

Basically everything we know is taught to us. It is just that, what makes us as human beings create our own reality. Human beings make their own sense of life. The author of this manuscript has been able to take this a step further. He goes back to the core, to reality as it is, without a meaning that is given to it by people creating their own reality by giving it a certain meaning. All of the illusions we provide ourselves with in life, are being unveiled in an enlightening way. 'the doctrine is everything you have learned during life'. That doctrine is being unveiled in this manuscript.

Structured like a dictionary, everything that is taught to us, will be discussed and unveiled. Although the manuscript contains a lot of text and concepts, the recurring message becomes clear: the answer is that the truth is found in the absence of all that is taught. Unravelling the mystery of humanity, according to this manuscript, is similar to the unravelling of all that people have taught to themselves throughout their life.

By going back to the core, it sometimes is a challenge to actually understand what is written. The manuscript is interesting but certainly not easy to read. In that respect, you can read it like a dictionary of insight. A manuscript that inspires you to think and realize. It is certainly not like reading

a novel. It belongs to the category of literature that you read whenever you feel like it.

For example when you need to answer the questions of life. I couldn't imagine of any better food for thought.

Are you ready to question every aspect of life you thought was absolutely true? Despite of everything, the author has proved himself to be a brilliant philosopher who is able to think outside of the box. He criticizes the meaning of life in all of its aspects in a way that will make you question everything. It challenges all the taboos in life. If you think there are no more taboos nowadays, this manuscript will prove the contrary. In that respect, this is a revolutionary manuscript that will take all certainties away. Are you ready for this knowledge?

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