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# How to be a Good Lover



**E-Book  
Preview**

*Kwabena Osei*



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## FORWARD

It is meaningful to talk about love. Love is the universal language. The essence of life is the divine love. Love beautifies life. Life without love is meaningless.

The circle of life rest on the shoulders of love and sex. Mankind is born and bred through the power of love and sex. We live on the energy of love. Love is mankind's nature. To be ignorant about love and sex through which, you are existing in a human form is suicidal.

It is a necessity to be enlightened by the divine principles of love. Awareness in the divine principles of love automatically, upgrades your romances through loving-kindness to boost your sexual capabilities to be a good lover.

Just bury the primitive conceivable ideology of love and sex. Let us talk about love and sex in the open platform to enlighten mankind.

Lack of wisdom, many people are perishing each and every day by the edge of the hidden sword of the false love. Many people are just walking corpses in the street. The burdens of the false love is weighing them down. They are nothing but, just 'living-dead people.'

The entire Existence operates on the energy of the supreme power of love. Love is life. Love expresses itself through truth and reality. Any creature that lives contrary to truth and reality, alike lives contrary to the divine criteria of love is a living-dead creature.

Love is a spontaneous phenomenon of which, the mind falls short to manipulate with its idiosyncrasy. The cause of mankind's miseries and agonies in love is related to



the manner through which it confronts the mighty power of love.

Through ignorance, mankind has been trying consistently to manipulate love with the mind. The mind has nothing to do with love. Using the mind in love affairs is like a drunken man behind the steer. Awful accident is inevitable.

The innocent and the unconditional love is the property of the Soul that lives within the heart. To love and to live with the dictates of the heart, alike to live with the sense of justice is the only manner through which perfect peace, everlasting prosperity and happiness is attainable. This precious book; “How to be a good Lover” is very significant to the human race. It is the manual for mankind’s guidance.

It is meant to save mankind from the slaying sword of the false love hidden in the coat of love. The power of love conquers all.

Life is all about self-expression through loving-kindness and caring for each other to make the world a safer place for mankind.

This is attainable through the power of love. The heaven is on the earth. Unconditional love which is natural creates no misery. It is false love with its corrupt manners driven by the Ego’s mindset that creates misery. Lack of wisdom, and mankind’s short comings in distinguishing between the unconditional love and the false love is the major cause of the atrocities being witnessed globally consistently in the name of love.



## RECOMMENDATION

May the God of Creation pour his showers of blessings into the souls of all those who favor my righteous cause and every reader.

May Creations and its Creator bless those who assisted for the birth of this precious book; “How to be a good Lover.”

Special thanks to Mr. Dick Brands, Madam Amma Adomah, Michael Osei Davies and Emmanuel Osei Darko Davies who contributed a great deal of time for the publication of this precious book meant for the liberation of mankind from the slaying sword of the false love and its matrimonial contract.

Kwabena Osei



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## INTRODUCTION

The subject relating to love and sex is the first and the foremost lesson to be taught in the life of mankind.

Lack of the knowledge about love, sex, relationships and marriage, many people are incapable of fulfilling their divine mission on earth.

The relationships, or the marriage in which many people find themselves, eventually becomes a “time-trapped.” The precious time needed for projects, for the fulfilment of their chasing dreams will be wasted on matrimonial burdens.

Many people are just ‘walking corpses’ in the street. The burden of their relationships, or matrimonial homes is weighing them down. Lacking the knowledge of love and sex is suicidal. It is simply because, both false love and unconditional love wear the same coat of love.

Failure to distinguish between the false love and the unconditional love is the major cause of mankind’s miseries and agonies in relationships and in marriages.

False love is the sophisticated weaponry created by the devil for mass destruction. Unfortunately, false love and its corrupt manners, alike, its matrimonial contracts is what is reigning supreme in the life of mankind.

Prior to mankind’s short comings in distinguishing between the false love and the unconditional love; engaging in marriage, or in love and sex relationship could be between life and death.

Some love and sex relationships, or marriages can either lead mankind to the living paradise, or lead mankind to the living hell. It depends on the basic constructive materials of the relationship, or the marriage. Loving



with the mind is based on conditions. This is the attribute of the false love created by the devil.

Love is mankind's nature. It is only the heart can love unconditionally. Love is the sole property of the soul that lives within the heart. The heart is the center of your "well-being." The subjects relating to love in this book is meant to enlighten mankind how to walk and to live with the heart. Living with the heart is the signification of living with your innocence and unconditional love.

Lack of the knowledge about the power of love, many people have been breastfed with the false love and its corrupt manners. Through ignorance, false love and its corrupt manners have become a hereditary in the life of mankind.

All the governing policies, and the activities of mankind is running on the wheels of false love and its corrupt manners.

Through these policies, the educational system, alike the society and parents, educate their children to walk, or to use their mind in their daily activities.

Prior to corrupt manners, people are afraid to live, or to walk with their heart. It is simply because, the heart judges you of your corrupt manners. It will always insist you to live in truth and in reality. Any decision contrary to love, the heart will insist, alike the soul will reject its implementation.

Many people are incapable of living, or walking with their heart, simply because, they are afraid of the true judgement of the heart.

Instead, mankind's daily activities is governed by the mind. Mankind finds comfortable with the mind's dictates in its daily activities, prior to its egocentrics and its accumulation of wealth principles. Mankind's interest





is centered on the economy and wealth. Lack of awareness and the essence of life, wealth is considered as the identity of mankind.

Even, the love which is the sole property of the soul that lives within the heart has been given to the mind to control. The mind is a business man. It needs profit, a good payable dividends in whatever activities in which it is engaged.

Prior to the mind's dictates, the love and sex, has been added to the merchandise commodities to be purchased in every corner in the street. Marriages have been transformed into matrimonial contracts with bargains.

Marriage couple are simply business associates and sex partners. Prior to the lack of the innocence and its unconditional love, many couple are living in the degree of fear in their matrimonial homes.

There is no trust for one another. It is simply because, trust is the amour of the unconditional love which is the property of the heart.

Life is insecure on the mother earth, alike in marriages and in relationships. We are lacking the trust for one another. We can gain trust for each other to make life easier, lovely and beautiful only through the innocence and its cover-cloth; the unconditional love.

Life is all about self-expressing through loving-kindness to a neighbor and a partner to beautifies life for the attainment of the desirable happiness.

Love is life. Love beautifies life. Life is always fresh. Any creature living without love is a living-dead creature.

This precious book; "How to be a good Lover" is dedicated to enlighten mankind about the in-depth of the power of love and its benefits to mankind.



“The awareness in the divine principles of love automatically upgrades mankind’s romances through loving-kindness to boost its faculties in love, alike, its sexual capabilities to be a good lover.”

It is through love and sex, mankind’s body was formed in the womb of a woman. The densely population of the world came into existence through love and sex.

We are born and bred through love and sex. We live through love and sex. We choose partners that in some scenarios results in marriage through love and sex.

We begot our children through love and sex. Love and sex is the mandatory for the body. Through its obligation, the sexual despot of the goddess was designed.

Love beautifies life, alike, the goddesses and their sensuality beautifies the interior world of men. Without them, the world could have been a chaotic disorder. When we talk about love and sex, it is a homage given to the supreme power of love and our goddesses that beautifies love and sex for extraordinary excitement.

We cannot single out the greatest gift in love and sex, through which kids are born and bred. Mankind is capable of leaving its mystery foot-prints on the mother earth through love and sex.

It is whatever we have in abundance is what we can share with a neighbor, or a partner. Thus, to be a good lover, it is significant to understand the nature of love itself. It is simply, to accept and to love yourself unconditionally.

This will enable you to recognize the beauties in you.

“Recognizing the beauties and the qualities in you through the unconditional acceptance and loving yourself, automatically transforms you into the vessel of love.” This transformation into the vessel of love



through the unconditional acceptance and loving yourself supersedes all forms of religiousness.

It is the conformity, or accepting the manner you were created by your creator God. It is the appreciations and praising the perceptions and the perfections of the mysterious handiworks of the master of Creation through which you existed as a perfect human-being.

The acceptance and loving yourself unconditionally opens the faculties of love in your inner temple to know what is love and the truth and the reality of life.

This automatically opens the sight of the unconditional love within you. It enables you to recognize the beauties in the handiworks of the Mother Nature in whatever you see around you that bear the finger-print of the Creator God.

It will transform you into the vessel of love to be capable of embracing people, alike your precious partner in a marriage, or in love and sex relationships with loving-kindness.

Life is all about self-expressing through loving-kindness to a neighbor and a partner to make life easier, beautiful, and the world, a safer place for the human race.

Love is the solution to everything in life. It is the remedy of all illness including the mighty death itself. The power of love conquers all.



## CHAPTER 1

### UNDERSTANDING LOVE

Charity begins at home. Desiring a change in the world, such a desirable change must firstly begin from you.

A change for improvement and happiness is mostly effective through “inner-peace.” It is all about the inner and the outer world’s transformation through the power of love. The possibility of attaining inner peace is to accept and to love yourself unconditionally.

Accepting and loving yourself unconditionally will enable you to recognize your inner beauty and your worth. You are the by-product of love and sex. Anything contrary to love is a toxic, or poisonous to your soul.

Negativity creates division in your inner-world. It misleads you to be enemy to yourself and to the society. “Just love life with your soul and your heart; and your mind will be compelled to give birth to positive thoughts that will promote happiness to yourself and the entire society in which you find yourself.”

You can give, or share with a partner, or a neighbour, what you have in abundance. You cannot share, or give to mankind what you do not have.

“Is there a possibility of being a good lover, whilst you fall short in love?”

Loving and accepting yourself unconditionally, is the only source for the attainment of happiness and to be a good lover. The moment you accept and love yourself unconditionally, you will be fulfilled in love.

The unconditional acceptance and loving yourself tantamount to praising your creator God. It is the



conformity, or accepting how you were created by showing gratitude to your creator God.

The total acceptance of yourself, and loving yourself unconditionally exceed religiousness. This leaves your creator God no alternative than to bless and to safeguard you in all aspects in life to be successful.

Accepting and loving yourself unconditionally is a praising and thanksgiving to your creator God.

It is the signification of your confirmatory of the excellent and the phenomenon mastery handiwork of your creator God in creations. It is an act of worshipping. Just love life. Accept and love yourself unconditionally, and the mighty life force will show you its wonders.

Acknowledging the beauties in you through loving and accepting yourself unconditionally will enable you to see through the sight of the power of the unconditional love. This will enables you to see the beauties in love and in life. You will recognize your worth to be capable of expressing yourself through loving-kindness to a partner or a neighbour.

What we have in abundance is what we can share with others. “Falling short in love, how can you be a good lover?”

“How can you give something which in truth and reality, you do not have to a partner, or to a neighbour?”

Most of the vibrating message of love to partners are just bogus. It is not a poetic justice. You have no clue of the power of Love. You fall short to the unconditional love which is your true nature.

“How can you extend such a love to a partner, or a neighbour which you do not have in your possession?”

Get yourself enlightened by the divine principles of love.



Live with your innocent and unconditional love and you will be capable of expressing yourself through loving-kindness to a partner, or to a neighbor.

Love is the universal language. When you become the vessel of love, the beauties and the wonders of the Mother Nature will be left with no alternative than, to reveal themselves to you.

God is Love. The only possibility of understanding his mysteries, alike to live peacefully to be fulfilled in life is to seek the creator God in his strength through the power of Love.

Happiness is attainable through the power of love.

Thus, to be a good lover, the only possibility is to be the vessel of love, alike, a mystery flute through which love expresses itself with its sweet melodies to transform life to be beautiful.

Life is all about self-expressing through loving-kindness to a neighbour. Love your neighbour as yourself. You can embrace others with love, only if your inner bank is floating with unconditional love.

It is love that we need to combat the negative forces and the matrimonial home invaders for survival. The power of love conquers all.

Love is the solution to everything and the remedy of all illness including the mighty death itself. Everything in existence operates on the energy of the power of love.

Prayers, or meditation is just a form of practicality of self-expressing through love to your Creator and the entire Existence in which you form part of it.

Instead of unnecessary request and the repetition of desirable needs in supplications to your creator God, the simplest request that can provide your needs is to ask for



unconditional love. The power of love is the miracle's creator.

The Supreme power of love supersedes everything in the entire Existence. "When your inner-world is overflowing with unconditional love, you will be capable of recognizing the beauties in everything around you.

Love beautifies life. Flowers, trees, animals, the soul of mankind, the angels of love, the entire universe and the heavens will entertain you with the heavenly melodies through silence when you are transformed into the vessel of love.

Your inner Temple will be experiencing the visitation of the Angels. The voice of your creator God will be heard clearly within your inner Temple. God is love. He restores his mighty power on the unconditional Love.

The Mother Nature will look at the world through your sight. You will be capable of recognizing the beauties in everything around you that bears the finger-print of God. You will be capable of embracing mankind with unconditional love to dig out the qualities of gold in each and every one to make life easier and beautiful.

You will be capable of loving and accepting your partner unconditionally through your innocent and your sense of justice. This will enable you to care for a partner even more than yourself.

The essence of life is the divine Love. Love is life. Love is the universal language. Love beautifies life. The happiness of the lovers swimming in the romantic oceans of love is beyond compares.

Such a state of love in romances with a partner that possess the same quality of unconditional love is nothing but religiousness.



Both couple will be compelled to surrender selflessly in totality to the services of love and sex to serve mankind and the entire Existence. The happiness begotten from lovers with their innocence and unconditional love reflects in the entire Existence.

“The happiness of the partners living with their innocence and unconditional love in marriage, supersedes the pleasure of the million-dollar-man.” Mankind gets the fair share of the happiness of such lovers that possess unconditional love. The sexual encounters of such couple becomes religiousness. It is a service being rendered to the supreme power of love which is the womb of the entire existence.

Love and sex is the divine gift. Its act is prayerfulness , or a meditation. Surrendering selflessly in totality to the power of love and sex is a divine service.

You can only love a partner unconditionally, alike express yourself through loving-kindness to a neighbour genuinely, if you possess unconditional love with its innocence.

Many people express themselves in love publicly, but in truth and reality, they mean the opposite way. They are nothing but politicians. The love through which they express themselves to a partner is engineered and driven by the Ego’s mind concept.

Many ignorant people have no clue of the difference between the unconditional love and the false love. They are incapable of distinguishing between loving someone and liking someone.

This is the root cause of the miseries and the agonies that mankind consistently find itself in marriages and in the love and sex relationships.





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## CHAPTER 2

### THE EXPRESSION OF THE TRUE LOVE IN MARRIAGE

The Supreme power of Love directs the entire creation in its own desirable course. God is love. The cord of love that binds mankind's souls together in marriage, or in love and sex relationships is like the stormy wind of an unpredictable hurricane that sweeps across the face of the mother earth.

Mankind falls short to withstand such a mighty power of love and its mystery energy. The entire existence operates on the energy of the supreme power of love.

It sweeps across the inner core of mankind to dissolve the wall of fears of the deception in love. It directs mankind to its own desirable course in love affairs. It shakes mankind like an earth quake. It transforms its victims to be spiritually deaf and blind.

Unconditional love liberates mankind from the Ego's mind dictatorship. It leads mankind courageously to its romantic ocean of love. Its richness and happiness in the unification of two souls with its mystery cord of love is beyond compares to materialism.

In the purest state of love, mankind loses its mind in logic and reasoning. Love transforms mankind into a childish mindset. Totally innocent, of which those that experience this emotion of love referred this mystery state as "falling in Love."

Falling in love, or Loving someone is considered by some people lacking the in-depth meaning of love and its binding cord of souls together as absolutely madness.



Falling in Love is simply, loosing your mind or falling from the mind's dictates to be surrendered selflessly in totality to the dictates of the heart with its innocent and unconditional love.

The mind falls short to the unconditional love. It has no business with unconditional love. The mind is just a business man. Loving with the Ego's dominated mind is the major cause through which love and sex has become a merchandised commodity to be purchased in the street. It is also, the cause of the false love and its matrimonial contracts reigning supreme in the life of mankind.

It is the cause of the tremendous growth of the 'gold-diggers, alike the cause of the transformation of the sacred marriage into a lucrative business with bargains.

The power of love conquers all. Its mystery blowing wind can transforms everything into light, life and beautiful. It shakes mankind to be awakened from sleeping and its solitude aspect of life to see the beauties in love and in companionship through marriages.

Its burning desires and lust mess up the interior world of mankind with its devastating thrill of lust for intimate exploration of partners to be one unique vessel of love.

It shakes and awakens the unfunctional veins in mankind to be driven by the energy of love to be alive through the state of the purest meditation by the mercy of intimacy.

It enables mankind to acknowledge the quality of God in each other through its loving-kindness. Both true love and false love travel through the sight and the heart of mankind like the speed of light.

It is like a splash of the stormy lightening. It gives you the courage to express yourself through feelings and emotion. Its vibes, or energy is irresistible.



It wakes mankind up to be functional, both effectively and efficiently. It removes the barricade of fear to enable partners to invade each other's premises through sexual intercourse. It transforms the coward people through its burning desires and lust to be brave men and woman to be functioned courageously in intimacy.

Loving someone or confronting a person meant to be associated as lovers could be a coincidental moment like the flash of a stormy lightening. Its influences and the inner feelings of extraordinary joy is like an Angel visitation.

The bewitching feelings or excitement from the soul is inexplicable. In some scenarios, time seizes to exist on the behalf of lovers. There is always longings for length of time in sharing the lovely moments with one another. This is the signification that, any love that pulls you backwards with sceptics when a step-taken is a necessity for the expressing of yourself through love must be given a second thought or consideration. When the heart desires, fear disappears. It closes the doors of reasoning, logics and sceptics.

Sceptics, logics, and reasoning reign supreme when the Ego's mind is steering the wheel of the romances of love. Life is unpredictable. Love is a mysterious energy that flows within mankind.

Once fear emerges in confrontation of a partner with sceptics, it is the signification of not facing the truth and the reality in love.

Loving someone is like a bullet triggered into your heart by a lover without any alternative, than to be confronted courageously. It is between life and death.

Thus, if you love someone, do not let fear shatters your feelings. Just be bold to say it. Love is just written in four



words, but its gravitation or force supersedes the weight of the entire Existence.

Do not let fear or cowardice with the evil spirit of procrastination deprived you from engaging with your desirable future's partner.

Being a man or a woman, once conceived love in your closet for someone, let courage leads you to say it aloud to whom it is concerned.

The world is full of beautiful and sensual women and handsome men. Everyone keeps on searching for an angel-like person to be engaged in marriage, or in love and sex relationships.

It is all about trust in your instincts and your God to be capable of acknowledging the right mystery wind of love and its gift it presents to you.

Once encounter, differ not to let fears and the spirit of procrastination steal your happiness meant to be given to you through such a living angel.

Many at times, the mystery wind of love drags an angel of love in the human form to knock at our closet door. Lack of awareness and expectation prior to the world of the ego's mind concept in which we find ourselves, we slam the door before such beautiful living angels.

All these negligence are related to mankind's deafness and blindness which are the by-products of the Ego's dominated mind.

On the contrary, those people raised for the devil for mankind's destruction are those nuts, the innocent people hastily embrace without a second thought for their crucifixion.

We live, but once in this human body. Some relationships or marriages can be mankind's passport to its premature death.



On the contrary, some relationships, or marriages can lead mankind into the living paradise.

It depends on the choices mankind consistently make in choosing partners. Love cannot be manipulated with mankind's idiosyncrasy. Love is not something to be built, or to be nursed from the grass-root. The mystery wind of love blows in its own desirable directions. Mankind is vulnerable to it. It captures the soul, the heart, the mind and the sight within just a twinkle of an eye.

In the presence of love, fear disappears. Thus, doubts and fear with the wonder mind in love and sex relationships or in marriage tantamount to living under the umbrella of the false love and its corrupt manners.

Fear is the signification that, the love upon which such a marriage foundation was built was false love. Trust is the amour of the unconditional love. When trust loses its legitimacy, unconditional love beats its wings and flies away. Then, love-hatred takes the commanding seat in the marriage. When there is no trust, lovers become a spy to each other pretentiously loving themselves.

The matrimonial home becomes just a 'theatre show or the Tom and Jerry cartoon movie.' In this state, there is no possibility of self-expressing in truth and in reality. The partners will be living in the degree of fear. Whatever each partner says, means the opposite way.

There is no possibility of forging ahead in life for a successful marriage, or a successful love and sex relationship without trust. When trust loses its legitimacy in a matrimonial home, the rest of the marriage life's pattern becomes liability.

The future of such a matrimonial home is unpredictable. The matrimonial home becomes vulnerable to be



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## CHAPTER 3

### HOW TO FIND A GOOD LOVER

A woman; who has gone through many deceptions in love and in a marriage asked curiously with tears running down her cheeks;

Mr. K. Osei; is there a possibility of finding a good lover; an angel-like person at this present time?" She asked.

If it is possible, how can I find a good, or a perfect lover in the midst of the people who are ignorantly raised for the devil? She added.

In this present era, the life of the masses is running on the wheels of the policies of corrupt manners. Dirty politics associated with the Ego's mindset with its materialism is reigning supreme in the life of mankind. Trying to be an angel-like person to be engaged in a marriage with your innocent and unconditional love is suicidal. She said sadly.

"False love and its matrimonial contract has taken the middle seat in the evil dark world of vampirism, and obviously sucking the blood of the innocent souls each and every moment."

Many innocent people are just walking corpses in the street prior to the wounds of the slaying sword of the false love hidden in the coat of love. They are swimming in the pool of blood through spiritual bleeding. They find themselves in the living hell. The cargoes begotten from the false love and its matrimonial contracts is weighing them down.





Each and every moment, mankind is witnessing the atrocities being caused in the name of false love. Generations have fallen by the edge of the slaying sword of the false love hidden in the coat of love.

In the presence of love, fear disappears. Unfortunately, many marriage couple are living in the degree of fear in their matrimonial homes. Many matrimonial homes have become just a tiny prison cells for couple for the sake of love-hatred steering the wheels of their matrimonial daily activities.

Mistrust has taken the seat of trust in many matrimonial homes. You find nothing special in many matrimonial homes than anxiety through mistrust.

Prior to false love and its corrupt manners, there are delinquencies in many marriages. People are laden with cargoes of burdens. Some are locked down indefinitely in the lovers jail without any possible exit. They are just hanging on hopelessly; just breathing and obviously waiting for their premature death. She said smiling whilst looking deeply in my eye-balls.

“Thank you my dear beautiful lady.” I said smiling.

“This is an important question, and obviously, meant to clear the dark clouds of fear in mankind, with regards to love, marriages and love and sex relationships.”

“It is also meant to disperse the ignorant manner through which mankind confronts the power of love and sex through my answer, or explanation as requested.”

Well, whatever natural course taken in life gives birth to natural happiness. True love or unconditional love is natural. Natural things create no misery.

Mankind is trained and educated to use the mind in every aspect in life. Even, the love which is the sole property



of the heart and the soul has been given to be governed by the mind.

That is the basic failure of mankind in life. It is the course of mankind's miseries and agonies in marriages, and in love and sex relationships.

Whatever seed we sow today, grows to bring forth its fruits to be cultivated in a millionfold. Whatever begotten from the devil pays us its dividends in millionfold.

The mind is a business man. It has no business in the love affairs. The influence of the Ego's dominated mind in love is the cause of the exposing of love and sex publicly as the merchandise commodity to be purchased with wealth.

Such a love was created by the devil for mass destruction. The devil cannot present to mankind the desirable living paradise. Using the mind in the love affairs is the fundamental cause of mankind's deceptions in love, and in marriages.

There are possibilities of finding a good lover any moment at anywhere around the globe, dependably on the sight being used in seeking a true lover, or an angel-like good lover.

There is a sight of the innocent and its unconditional love that works in collaboration with the heart and the soul with its sacred directive voice for guidance in mankind.

If you learn to listen to such a sacred voice, it will guide you to an angel-like lover who is willingly to love you unconditionally with the heart and the soul.

It is a matter of seeking love with the heart and its innocence, alike, to learn how to listen to the dictates of your heart.



The decision of the heart is concrete. It knows what it wants, and what serves for good purposes.

Love is the nature of the soul which lives within your heart. Love is the property of the heart. Unfortunately, the society is trained to live and to love with the mind. The mind has nothing to do with love. It is a businessman.

Prior to the mind's love, many people are living in the lovers jail by the mercy of the false love and its matrimonial contracts.

Mankind's miseries and agonies in marriage, and in love and sex relationships is related to the corrupt manners through which it confronts the power of love.

Activities of love and sex is a divine game for transcendental, meant to be played through the dictates of the soul that dwell within the heart of mankind. Engaging in love and sex with the ego's mindset is indeed suicidal. You are digging your own grave for a premature death.

The mind looks only at the peripheral values and sensuality for its selfish interest. "Love is not something meant to serve mankind for its personal interest, rather a liberal force that promotes happiness and to add values to the life of mankind for the benefit of the entire Existence."

Mankind came into an existence through the supreme power of love. The entire Existence operates on the energy of love. To manipulate such a mighty force of love with your idiosyncrasy, alike, to lie to be loved is suicidal. This is the exceptional cause of mankind's miseries and agonies in marriages, and in the love and sex relationships.



Any creature that withstands the power of love in contradictory to its norms becomes a lifeless creature. To be successful in life and in a marriage, or in love and sex relationship depends on the right decisions and choices. Whatever choice and decision that we make pays us its dividends in a millionfold. You reap whatever that you sow. In some scenarios, we need the mother nature's intervention for an accurate choice since the devil is cunning in playing filthy games with our minds. Such an intervention is channeled through the mind with its influence on the body for its implementation.

Thus, if you want the divine intervention in your daily activities and choices, just simply learn to live with the heart and the unconditional love. Learn how to listen to the heart and the soul's guiding voice and life will be much easier for your desiring happiness.

Many marriages, or relationships activities are running on the wheels of the policies of the ego's mind concept. Prior to the burning desires and its lust, many people jump into speedy conclusion in making choices and decisions in engaging in marriages and in love and sex relationships.

They are under siege by the Ego's dominated mind through their sexual despot, or genital orgasm. Through selfishness and the pleasure begotten in the initial stage of their love and sex relationships, they easily jump into a conclusion of being in love. They make promises in engaging in a marriage. Through deafness and blindness they assured themselves of a workable process in their marriage for success.

They try to possess each other with rings through false love and its bewitching fears. They have a conceived



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## CHAPTER 4

### LOVE AND CARE

#### ( PART 1 )

Care is what safeguards life. Whatever seed planted in the soil needs a good nourishment and care for its growth.

Surveillance is very significantly for its growth to bear fruits of its kind to be cultivated for consumption.

In marriage, caring and loving-kindness is what nourish life and love to become stupendously beautiful. Life is beautiful and always fresh when love reigns supreme.

Life operates on the energy of the supreme power of Love. Any creature that exempt itself from love is a lifeless creature.

To understand the mysteries of life, a loyalty to the power of love is the only course. We have diversities of Love. You can express yourself through loving-kindness to a partner, or to a neighbor in truth and reality only, if you live with the basic principles of life and love.

Love and life are sustainable to be priceless through care. If you love something with much admiration in your heart, you take a good care of it. It is simply because, you love it dearly. You want to preserve it. Whatever you love with consideration as precious, you take a good care of it to preserve it.

Whatever that we admire and love dearly, we take a good care to preserve it. Love, or life without care, is like a drunken man behind the wheels. Accident is inevitable in such a situation.

In marriage, care is the ingredients that nourish its life pattern to add values to life. This enables mankind to be



fulfilled to see the beauties in life. The beauties in life is the reflection of love. Care is all that brings perfection and success in marriage and in whatever we do in the human experiences on the mother earth.

Admiration and care work in hands. If you admire someone, automatically, you are compelled to care for such a person's welfare.

Whatever you care for, with a conceived idea as priceless, you automatically and naturally respect it. Thus, care and respect are inseparable.

These elements are applicable in marriage only through the innocence and unconditional love. The realistic value of a partner is recognized through the sight of the unconditional love. Acknowledging the value of a partner, you are compelled to admire such a partner with care to preserve him or her.

In some scenarios, a partner living with his, or her innocence and unconditional love, cares much more for a partner than himself, or herself.

Such a partner living with his, or her innocence and unconditional love is selfless. Such an innocent partner pays attention to whatever a partner says or proposes. He, or she puts much effort in assisting a partner in all situations and circumstances for the success of the marriage.

On the contrary, a partner with a false love and its corrupt manners is egocentric. Such a partner gives no damned care of the grievances of a partner. He, or she has an agenda to be fulfilled on the expense on the innocent partner. This is the signification that, any partner who is recognized as an egoist in marriage is not trustable.



Such a partner engaged in such a marriage on conditions. He, or she lives on expectation for the fulfilment of his, or her agenda. Such a nut is compelled to trespass on the freedom of the innocent partner for his, or her whims and caprices.

It is simply because, false love is an act of vampirism. It is created by the devil to suck innocent people's energy and vitality through love and sex relationships, and marriages.

It is a 'time-trapped-agenda' to prevent mankind from accomplishing its divine mission, alike to prevent mankind from attaining its desirable happiness in marriage.

Those partners who are under siege by the devil with its false love and corrupt manners are careless, alike disrespectful in whatever they do to their partners.

Carelessness in life leads to self-destruction. Thus, any couple lacking care for each other have no clue of the signification of a marriage. Carelessness in marriage gives birth to bad temperament.

When there is lack of respect in a matrimonial home, words given birth by the tongue could not be selective.

This obviously closes the door of good communication and understanding. The words given birth by our tongue pick up growth to bear fruits to be cultivated by humanity. Whatever careless, or awful attitude in disrespectful manner against your innocent partner grows in monstrous manner to hunt you down at the end of the day.

In such kind of a marriage, the innocent partner runs through a greater risk of deception at the end of the day. If you build a foundation of a marriage on false love and its corrupt manners, it is definitely compelled to fall by





the storm of the truth and reality. Any matrimonial home lacking the innocence, unconditional love and the sense of justice is meant to experience the climate of disrespectfulness and carelessness.

The tongue is like a sharp knife. It could be used in preparing a delicious meals for mankind's satisfaction.

On the contrary, if used in the moment of a grave anger, it can cause a grave catastrophe.

It is only respect and care can control the tongue with patience in awful situation when anger is building up momentum within partners in marriage.

Words spoken is like a feather caught in the midst of a destructive storm, its recuperation is impossible. Words from our lips can let us gain respect in the sight of the society, alike can let us create numerous enemies in the society. It could be our savior, dependable on how it is given birth by the tongue.

On the contrary, it could create enemies for our doom, dependably on the disrespectful manner through which the tongue and the body language expresses it publicly.

Words and actions play the major role in marriage, for either its success, or its failure. Action speaks louder than words.

In some scenarios, false love and its corrupt manners fall short in controlling the body and the tongue. The tongue and the lips could be cooperative in deceiving, but the body language will mean the opposite way. This kind of indulgence undermines the credibility of a marriage.

Such an attitude, or tendency is the by-product of carelessness and disrespectfulness. They are the shadow of the false love and its corrupt manners. Corrupt manners is associated with lies and concealment. Such a concealment is related to a hidden agenda to be fulfilled.



In such conceived idea, there is no possibility of surrendering selflessly in totality with commitment in such a marriage by such a nut, or the abuser living with false love.

Such a nut lives in the degree of fears. Fear is the opposite of Love. A person is compelled to lie because he is afraid to face the reality. Reality and truth can be exercised only, by the person living with his, or her innocent and unconditional love.

This is the signification that, any marriage which is running on the wheels of lies, protectionism and dictatorship, operates under the umbrella of the false love.

If you love your partner dearly, inevitably, you are compelled to care much more for such a partner, even, than yourself. Such a partner becomes your unique known world. Such a partner's joy is your joy. You share his, or her pains or grievances together, no matter what awful the situations and the circumstances such a partner may find himself, or herself.

Care nourishes love for its growth. It sustains the flaming fire of love to be unquenchable. It keeps the light and the beautiful lovely smiles always alive in the matrimonial home.

“To be a careless partner in marriage is the signification that, you engaged in such a marriage on conditions. You are having a hidden agenda. You are living with a corrupt mind with your partner. You are just hanging in the marriage for the accomplishment of your selfish desires. You are living on lies. You are an abuser and a broad-day vampire.

To use a partner for your selfish interest is abusing and disrespectfulness. Lack of respect, a partner becomes



worthless. Once such an egoist partner sees not the value in such an innocent partner prior to the sight of proudness, he, or she is compelled to use such an innocent partner as an “owned-property.”

Many partners who are filled with negativity have the tendency of carelessness, disrespectfulness and bad temperament.

They trespass their innocent partners freedom and liberty through manipulation like dealing with a plastic toy without a heart and feelings.

They are lacking consciousness, or the sense of justice. Many innocent partners are being transformed into prisoners, both in spiritually and physically with a surrounded high wall without any possible exit by partners who are egocentrics.

Disrespectfulness can mislead a partner with an awkward words that can easily kills the love in the heart of the innocent partner. Disrespectfulness prevents the partner with such a tendency from being selective of words in a politely manner.

In some scenarios, a word given birth by the tongue can trigger a grave anger to cause devastating atrocities in just a twinkle of an eye. Most of the violence between couples in the matrimonial homes are engineered and driven by the inappropriate usage of the tongue.

Patients must be exercised when an awful situation is getting out of hands in a matrimonial home. This is when, the “breathing inn and out exercise” in calming the nerves system is significantly for its application.

Much of these exercise and guidance is given in my book; entitled; “the Secret of Success.”



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## CHAPTER 5

### LOVE AND CARE

#### ( PART 2 )

Love is the nature of mankind. Care is what safeguards life. Life is meaningless and risky without care. To take a proper care of yourself is automatic and natural. You do not need any higher education's degree to show you how to take a good care of yourself.

If you want to live, learn how to live. Thus, care plays the major role in the life of mankind, alike, in everything in the entire Existence.

Care is associated with love. If you love life, and desire to live longer, you are compelled to take a good care of your life. Anything that you love and admire, you are compelled to take a good care to preserve it.

Life is mostly fulfilled when there is a good health. A healthy body to assist in the daily activities is a necessity. Any innocent partner living with unconditional love preoccupies much for his, or her partner's health.

In relationships, or in marriages, partners take a good care of one another through loving-kindness. Everybody needs a lover who will stand shoulder to shoulder with him, or her, both in good times and in bad times. That is what a good companionships in marriage is about.

This is possible, or attainable through love and care. It is significantly to acknowledge the values of love and its diversities. Much of this details can be located in my book entitled; "The wings of Love, (Volume 1 and Volume2)

To be capable of loving a partner or a neighbor, you must firstly accept and love yourself unconditionally. You



will recognize the beauties of life from the moment you learn to accept and love yourself unconditionally.

Total acceptance and loving yourself unconditionally will transform you to be a “new-you.” This will enable you to embrace creations and creatures, alike mankind unconditionally through loving-kindness.

Love is mankind’s nature. Expressing yourself through loving-kindness to mankind is what makes life easier and beautiful.

Loving-kindness is associated with care. Thus, loving and caring for a partner, or the needy is not something to be taught, it is simply, your nature. This is what the cycle of life is all about. It is receiving and giving, like the breath of life. You exhales, before inhaling.

This priceless vital life force is given to mankind from the womb of the supreme power of Love. Loving-kindness and giving generously, alike caring for one another is the nature of mankind. If you love someone, or a partner dearly, you are compelled to preserve such a person with lovingkindness and care.

Love cares. Unconditional love is the property of the Soul. The Soul is created by the elements of the supreme power of Love. The garment of the Soul is “innocence.” “And the unconditional love is the cover-cloth of the innocence.”

The soul lives within the heart. This is the signification that, it is only the heart can love unconditionally, alike cares for a partner.

Any careless lover is loving with his, or her mind. The mind has no business in love affairs. The mind lives on expectations, promises and prognostics in future gains.

Those who love with the mind are never present in their marriage. They are always wondering with their mind.



Truth and reality for such partners is possible only, in their dreams.

A partner living with unconditional love lives in truth and reality. Unconditional love expresses itself in the power of the “now.” Prior to that, unconditional love is always fresh and present from moment to moment.

It expresses itself freshly from moment to moment. In this situation, any lover, or a partner who confronts a partner that, “I do not love you any more;” meaning the love is decayed, have no clue of the unconditional love. Such a partner is lacking the difference between the unconditional love and the false love.

Love is life, and life is always fresh. Love is the nature of mankind. If you are living contrary to love and care, you are just a living dead.

The innocence with its unconditional love is always fresh. This is the signification that, any marriage that suffers divorce through cheating, misunderstandings, mistrust and economical degradation foundation was built upon false love and its corrupt manners.

The Soul was made with the sacred flaming fire and the light. They are the by-products of the supreme power of Love. Thus, light and love are the only elements, or the energies that the soul and the heart can harbor in their closet. Anything, or activity contrary to love is poisonous to the heart, the soul and the entire body.

To live contrary to love and care is suicidal. Love is the solution to all problems in marriage and the remedy of all illness including death itself.

Love, truth and reality are under the umbrella of the innocence. The innocent generates light into your inner-world to empower your soul to be capable of surrendering selflessly in totality to the power of love.



In this manner, you are transformed into the vessel of love, alike the flute of love through which the power of love expresses itself to heal the wounds of the heart of mankind. This enables you to look at the world in which you find yourself through the sight of the unconditional love. It gives you the power of admiration for total acceptance of creations and creatures, or humanity unconditionally.

“To be a good lover, a total acceptance and loving yourself unconditionally is the only process. This enables you to recognize your beauty and your worth, alike your nature which is nothing but the vessel of love. “Charity begins at home.” You can only share with a partner, what you have in abundance.

Unconditional acceptance of your partner, or your neighbor through loving-kindness, to respect and embrace mother nature’s creations with love and care is the nature of mankind.”

The success, happiness and the fulfilment of mankind lies on the shoulders of love and care. Love and care is the nature of mankind. Mankind is born and bred to enjoy in the living paradise on the earth, if it lives accordingly to the norms of its nature.

Love and care live under the umbrella of the ‘innocence.’ All the necessary requirements meant to be a good lover for the attainment of the desirable happiness in life, in marriage and in love and sex relationships are the by-products of the “innocence with its cover-cloth, the unconditional love.”

Love beautifies life. It heals the afflicted heart. A word of encouragement by the innocent partner through loving-kindness with lovely smiles can create miracles





in the life of a partner, alike heals a neighbor with depression.

A partner who lives with his, or her innocent has the tendency of appreciation and admiration. Such a partner admires whatever gift, or time spent together and shows gratitude.

This is the signification of showing gratitude through loving-kindness and compassion in appreciation of the partner's cherishing care.

Appreciation and showing gratitude increase the value of the respect between partners. This nourishes the love and the trust in the matrimonial home. It strengthens each other to be a participant in the marriage's life pattern.

Appreciation, showing gratitude and acceptance of each other unconditionally enables partners to dig out the quality of gold in each other for growth and happiness in marriage.

Appreciation and the unconditional acceptance of each other gives birth to loving-kindness and compassion. Loving-kindness and compassion opens the sacred door of self-honesty and integrity.

Self-honesty and integrity are associated with truth and reality. Living in truth and reality tantamount to living in a godlike-manner. It is simply because, truth and reality are the 'bed-fellows; to the supreme power of Love. "And, God is Love.'

The entire existence operates on the energy of the supreme power of love. It is running on the wheels of truth and reality. It is only the life of mankind is running on the wheels of corrupt manners.

This is the reasons why, instead of mankind, being the principal overseer on the earth to preserve the creatures and the things in the world, mankind has become the



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## EPILOGUE

The wonders of the Supreme power of Love is beyond the understanding of the human mind.

Love is life. The essence of life is the divine love. Love beautifies life. Life without love is meaningless. The entire Existence operates on the energy of the Supreme power of Love. It is the sacred womb that gave birth to the vital life force.

Many people try to find happiness in the world in which they find themselves. They try to accumulate wealth through whatever manner and the available means to find happiness. The more they try to accumulate wealth, additionally, they become slave in serving wealth.

They are always longing for love and happiness through wealth. If wealth can give mankind the best lover and happiness, then, of course, billionaires could have purchased the beautiful and lovable women for their desirable happiness.

If women can find happiness through wealth by engaging in love and sex relationships, alike in marriage with men of wealth, then the wives of millionaires could have been the happiest women in this global village.

Many people are stranger to themselves. Through ignorant, they claim of knowing life and knowing exactly what they do. Unfortunately, the more they claim of knowing what they do, through stiff-neck, additionally they run into troubles and deceptions in relationships and in marriages.

They claim to be knowing everything in life, but unfortunately, they are strangers to themselves. They are



totally empty. They are lacking self-esteem. They view the world and themselves through the sight of the Ego. They are wonderers. They are held in captive by their own mind. The love through which they engage in its relationships, and in its marriage is the false love created by the devil. These ignorant souls love with their mind. The love that they proclaim is just meant for their selfish interest. With the Ego's mindset, you are compelled to trespass upon the freedom and the liberty of a partner for your whims and caprices.

Those who love with the mind are careless. They look at their partner with the sight of the Ego dominated mind. Prior to that, hardly they recognize the worth and the precious gold in their partner.

They are lacking the understanding of life and love.

Lacking the understanding of life and love, there is no possibility of loving yourself and accepting yourself unconditionally. You are sightless. You will be compelled to preoccupy in worthless things than investing in a partner and mankind with care and loving-kindness for happiness.

You are always on the run in accumulating wealth, as if, riches has it limitation whereby, rushing could be the only manner, or option to be rich and to be fulfilled in life.

You are a lover of wealth. Wealth cannot buy true love. Love is priceless. It is only the false love can be purchased with wealth in the street and on the highways of the webs, or through the social media.

“If you fall short in loving yourself and accepting yourself unconditionally, is there a possibility of loving creations and a partner unconditionally?”



We can share, or give only, whatever that we have, reality in possession to a lover. To be a good lover, you must firstly possess unconditional love.

The true and the authentic richness and happiness in life can only be attainable through the innocence with its unconditional love.

“And what is, Innocence?”

In human understanding; to be faultless, blameless and harmless to nature’s creation and its creatures, alike to mankind is referred as the Innocence.

To be loyal and to pay homage to the Supreme power of Love in truth and in reality, you must be prepared to live with your innocent and unconditional love.

It is to be capable of surrendering selflessly in totality to be the vessel of love. This attainment is possible only through the heart.

Love is the nature of the soul that lives within the heart. Any activity contrary to unconditional love is poisonous to the heart and the soul. It quenches the vibrating energy and the light within your inner temple where the soul resides.

There is no possibility of attaining perfect peace, everlasting prosperity with a split personality. The mind becomes a wonderer when it is under siege by the Ego. You are always absent at wherever you find yourself.

A split personality with a wonder mind is always insecure. It is always living in the degree of fear. Reasons and logics with gains for selfish interest is its concerned in whatever activities, relationships and marriage it is engaged.



This precious book; “How to be a Good Lover” is meant to enlighten mankind to liberate itself from the slaying sword of the false love, hidden in the coat of love.

It is meant to assist mankind to live a life in its totality.

It is the signification of being present at wherever you find yourself. Many people are present in their love and sex relationship, and in their marriage only, with the body and the mind for the fulfilment of their selfish interest in desires, lust and expectation.

This is the major cause of mankind’s miseries and agonies in life, love and sex relationships and in marriages. The mind seizes every window of opportunity to accumulate wealth through corrupt manners.

Thus, it is significantly to understand what is love and life before taking a courageous dive into the romantic oceans of love. Engaging in Love and sex relationships, or in a marriage is between life and death.

Beneath the romantic oceans of love, there are hidden creatures with the garment of love. Within them, they are monsters that sucks innocent people’s energy and vitality to feed themselves.

“It is either you find yourself in the arms of an angel like person to forge ahead in the matrimonial life’s pattern for the attainment of the living paradise, or find yourself in the arms of an angel of the living hell in the human form for your doom.”

The right choice could be possible for the desirable happiness only through the sight of the unconditional love with its divine guiding sensors hidden in the human body. Unconditional lovers communicate through their hearts and souls in silent.



The mind with its false love sees and communicates to each other through images, outwardly sighted beauties connoting materialism.

These are the attributes of the Ego's mindset and its bewitching false love. Personal interest is the driving force behind any love and sex relationship, or a marriage under the umbrella of the false love. Such couple are always wonderers with the mind. There is no possibility of being present in their totality in their marriage, or in their love and sex relationships. These are some factors that eventually contributes to cheating on partners.

To be present in wherever relationships, in marriage, or in associations is simply, just to live, or walk with your heart. The heart is the centre of your well-being.

Love is the sole property of the heart and the soul. In some scenarios, the partner living with his, or her innocent and unconditional love cares much more for a partner than himself, or herself.

The partner and the marriage, or the love and sex relationship is considered as his or her unique world in which such an innocent partner finds herself, or himself. Prior to faithfulness and loving-kindness, the world in which such an innocent partner lives; means so much to him or her. Such an angel-like-partner is always present in totality with his or her tenacity for the success of the marriage to add values to the life of mankind.

Such an innocent partner surrenders selflessly in totality in commitment to the marriage, or the love and sex relationships for its success.

This precious book is very significant for the human race. It is a manual, a guide to safe mankind from the false love and its hidden slaying sword.



It enlightens mankind for the acknowledgement of the difference between the false love, and the unconditional love.

“It highlights mankind, the manner through which it can transform itself to be the vessel of love, alike to be the flute of love through which the sweet melodies of the Supreme Power of Love can reach and touch the vulnerable souls that are thirsty for the bread of life.”

The innocence with its unconditional love liberates mankind. It nourishes mankind with the bread of life. Whilst, the false love and its corrupt manners nourishes mankind with the bread of sorrows.

If you want to live, learn how to live. To live with the heart with its unconditional love, you are compelled to live in your totality. Meaning, to be present in truth and in reality at wherever you find yourself.

This obviously prevents you from wondering with the mind and creating chaotic atmosphere in your love and sex relationships or in your matrimonial home.

Life, love and sex relationship, or marriage is all about self-expression through loving-kindness and caring for each other to make the world, a safer place for mankind. Whatever you do in life, do it with love. That is the only manner through which happiness is attainable in life.





## **AUTOBIOGRAPHY OF THE AUTHOR**

**KWABENA OSEI** is a Ghanaian born. He has dedicated all his life for self-discovery, alike, to understand nature, mankind and creation. He shares with various people the divine gift endowed to him.

He mainly helps those seeking truth and self-discovery not by someone's dictates and theories. It is an individual's sacred journey for self-discovery to acclaim the great light, which is not something one must give to you, but each and every individual's birth right freely given by the supreme Mother Nature.

The only truth that is authentic is, knowing yourself to reach a higher degree in divinity. Then, you will be able to discover all the mystery wind that blows continually around you, and to be present as well as to be awakened. Being awakened will let you hear and understand the message of Nature. You will not need a day-dreamer or a blind man with theories to show you who God is, alike, to dictate to you, how you must live your life.

Just understand that, each and every one is created authentic and unique. No one can create a paradise on this earth for you. Rather, the key to your success, or the paradise is in your own hands.

May he who gives glory unto all nations pour his showers of blessings unto the Souls of those who favour my righteous cause and seeking truth and freedom from the evil darkness.

And may the entire creation and every tongue bless the name of the power that is behind Creations.

Amen-Amen. Amen



## **THE BACK COVER'S INSCRIPTION**

It is meaningful to talk about love. Love is the universal language. The essence of life is the divine love.

Love beautifies life. Life without love is meaningless. The circle of life operates on the energy of love and sex.

To be ignorant about love and sex, through which you existed for the human experiences on the mother earth is suicidal.

Let us talk about love and sex in the open platform to enlighten mankind. Awareness in the divine principles of love automatically upgrades your romances through loving-kindness to boost your sexual capabilities to be a good lover.

Lack of the knowledge about the true love and the false love, alike, rushing in love for possessiveness, many people are perishing each and every day by the edge of the hidden sword of the false love.

This precious book; “how to be a good lover” is very significant for the human race. It is meant to serve as the preventive measures against the deceptions and the atrocities being caused consistently in the name of love.

Life, relationship, or marriage is all about self-expression through loving-kindness and caring for each other to make the world a safer place for mankind.

