

2026

essência



MY
FAVOURITE
MOTTO

TWNTY
TWNTY
SIX

IT'S
NOT ABOUT
HAVING TIME
——
IT'S ABOUT
MAKING IT

PERSONAL

NAME

ADDRESS

PHONE

E-MAIL

.....

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.....

Finder; please return this diary to the owner. Thank you.



SILENCE • NATURE • JOY • GROWTH • MINDSTYLE

A black and white photograph of Salix cinerea blossoms. The image shows several catkins (flower clusters) on a dark branch, set against a light, slightly textured background. The catkins are composed of many small, individual flowers, giving them a fuzzy, spherical appearance. The lighting is soft, highlighting the intricate details of the blossoms.

COVER

BLOSSOM: Salix cinerea

*"We do not see nature with our eyes, but with
our understandings and our hearts."
— William Hazlett*

A black and white photograph of Salix cinerea blossoms. The image shows several catkins (flower clusters) on a dark branch, set against a light, slightly textured background. The catkins are composed of many small, individual flowers, giving them a fuzzy, spherical appearance. The lighting is soft, highlighting the intricate details of the blossoms.

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COVER

BLOSSOM: Salix cinerea

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JANUARY

WK	M	T	W	T	F	S	S
1				1	2	3	4
2	5	6	7	8	9	10	11
3	12	13	14	15	16	17	18
4	19	20	21	22	23	24	25
5	26	27	28	29	30	31	

FEBRUARY

WK	M	T	W	T	F	S	S
5							1
6	2	3	4	5	6	7	8
7	9	10	11	12	13	14	15
8	16	17	18	19	20	21	22
9	23	24	25	26	27	28	

MARCH

WK	M	T	W	T	F	S	S
9							1
10	2	3	4	5	6	7	8
11	9	10	11	12	13	14	15
12	16	17	18	19	20	21	22
13	23	24	25	26	27	28	29
14	30	31					

APRIL

WK	M	T	W	T	F	S	S
14			1	2	3	4	5
15	6	7	8	9	10	11	12
16	13	14	15	16	17	18	19
17	20	21	22	23	24	25	26
18	27	28	29	30			

MAY

WK	M	T	W	T	F	S	S
18					1	2	3
19	4	5	6	7	8	9	10
20	11	12	13	14	15	16	17
21	18	19	20	21	22	23	24
22	25	26	27	28	29	30	31

JUNE

WK	M	T	W	T	F	S	S
23	1	2	3	4	5	6	7
24	8	9	10	11	12	13	14
25	15	16	17	18	19	20	21
26	22	23	24	25	26	27	28
27	29	30					

JULY

WK	M	T	W	T	F	S	S
27			1	2	3	4	5
28	6	7	8	9	10	11	12
29	13	14	15	16	17	18	19
30	20	21	22	23	24	25	26
31	27	28	29	30	31		

AUGUST

WK	M	T	W	T	F	S	S
31						1	2
32	3	4	5	6	7	8	9
33	10	11	12	13	14	15	16
34	17	18	19	20	21	22	23
35	24	25	26	27	28	29	30
36	31						

SEPTEMBER

WK	M	T	W	T	F	S	S
36		1	2	3	4	5	6
37	7	8	9	10	11	12	13
38	14	15	16	17	18	19	20
39	21	22	23	24	25	26	27
40	28	29	30				

OCTOBER

WK	M	T	W	T	F	S	S
40				1	2	3	4
41	5	6	7	8	9	10	11
42	12	13	14	15	16	17	18
43	19	20	21	22	23	24	25
44	26	27	28	29	30	31	

NOVEMBER

WK	M	T	W	T	F	S	S
44							1
45	2	3	4	5	6	7	8
46	9	10	11	12	13	14	15
47	16	17	18	19	20	21	22
48	23	24	25	26	27	28	29
49	30						

DECEMBER

WK	M	T	W	T	F	S	S
49		1	2	3	4	5	6
50	7	8	9	10	11	12	13
51	14	15	16	17	18	19	20
52	21	22	23	24	25	26	27
53	28	29	30	31			

JANUARY

WK	M	T	W	T	F	S	S
53					1	2	3
1	4	5	6	7	8	9	10
2	11	12	13	14	15	16	17
3	18	19	20	21	22	23	24
4	25	26	27	28	29	30	31

FEBRUARY

WK	M	T	W	T	F	S	S
5	1	2	3	4	5	6	7
6	8	9	10	11	12	13	14
7	15	16	17	18	19	20	21
8	22	23	24	25	26	27	28

MARCH

WK	M	T	W	T	F	S	S
9	1	2	3	4	5	6	7
10	8	9	10	11	12	13	14
11	15	16	17	18	19	20	21
12	22	23	24	25	26	27	28
13	29	30	31				

APRIL

WK	M	T	W	T	F	S	S
13				1	2	3	4
14	5	6	7	8	9	10	11
15	12	13	14	15	16	17	18
16	19	20	21	22	23	24	25
17	26	27	28	29	30		

MAY

WK	M	T	W	T	F	S	S
17						1	2
18	3	4	5	6	7	8	9
19	10	11	12	13	14	15	16
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JUNE

WK	M	T	W	T	F	S	S
22		1	2	3	4	5	6
23	7	8	9	10	11	12	13
24	14	15	16	17	18	19	20
25	21	22	23	24	25	26	27
26	28	29	30				

JULY

WK	M	T	W	T	F	S	S
26				1	2	3	4
27	5	6	7	8	9	10	11
28	12	13	14	15	16	17	18
29	19	20	21	22	23	24	25
30	26	27	28	29	30	31	

AUGUST

WK	M	T	W	T	F	S	S
30							1
31	2	3	4	5	6	7	8
32	9	10	11	12	13	14	15
33	16	17	18	19	20	21	22
34	23	24	25	26	27	28	29
35	30	31					

SEPTEMBER

WK	M	T	W	T	F	S	S
35			1	2	3	4	5
36	6	7	8	9	10	11	12
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38	20	21	22	23	24	25	26
39	27	28	29	30			

OCTOBER

WK	M	T	W	T	F	S	S
39					1	2	3
40	4	5	6	7	8	9	10
41	11	12	13	14	15	16	17
42	18	19	20	21	22	23	24
43	25	26	27	28	29	30	31

NOVEMBER

WK	M	T	W	T	F	S	S
44	1	2	3	4	5	6	7
45	8	9	10	11	12	13	14
46	15	16	17	18	19	20	21
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DECEMBER

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48			1	2	3	4	5
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50	13	14	15	16	17	18	19
51	20	21	22	23	24	25	26
52	27	28	29	30	31		

HOLIDAYS 2026

New Year's Eve '25	31 DECEMBER 2025
New Year's Day	1 JANUARY 2026
Valentine's Day	14 FEBRUARY
Good Friday	3 APRIL
Easter	5 (+6) APRIL
Mother's Day	10 MAY
Ascension Day	14 MAY
Pentecost	24 (+25) MAY
Father's Day	21 JUNE
Thanksgiving	27 NOVEMBER
Christmas	25 (+26) DECEMBER
New Year's Eve	31 DECEMBER 2026
New Year's Day '27	1 JANUARY 2027

SPECIAL DAYS TO REMEMBER

morning  a half day  weekend
 afternoon  a half day
 all day  all day

HOLIDAYS 2026

Holidays and days off at work calendar

MONTHLY VIEW

JANUARY
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FEBRUARY

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MARCH

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APRIL

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MONTHLY VIEW



A DREAM
IS JUST A
DREAM.

A GOAL IS
A DREAM
WITH A
PLAN AND
A DEADLINE

Harvey Mackay

MY DREAM FOR 2026

MY VISION BOARD FOR 2026

MY GOALS FOR 2026

MY GOALS FOR 2026

MONTHLY REFLECTION

JANUARY

FEBRUARY

MONTHLY REFLECTION

MARCH

APRIL



POLITENESS IS THE FLOWER OF HUMANITY

Joseph Joubert

My focus this week

MONDAY

29

TUESDAY

30

WEDNESDAY

31

THURSDAY

1

FRIDAY

2

WK 01

To do

To do

To do

To do

To do

Without great solitude
no serious work is
possible. – Pablo Picasso

Project notes

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SATURDAY

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SUNDAY

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Note to self

I am grateful for

Personal notes

My focus this week

Project notes

MONDAY

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TUESDAY

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To do

To do

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Note to self

I am grateful for

WEDNESDAY

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THURSDAY

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FRIDAY

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To do

To do

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Personal notes

WK 02

Moment of reflection:
What is your focus
for this year?

SATURDAY

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SUNDAY

11

