

2027

essência

MY  
FAVOURITE  
MOTTO



IT'S  
NOT ABOUT  
HAVING TIME  
—  
IT'S ABOUT  
MAKING IT

PERSONAL

NAME .....

ADDRESS .....

PHONE .....

E-MAIL .....



SILENCE · NATURE · JOY · GROWTH · MINDSTYLE



JANUARY

WK	M	T	W	T	F	S	S
53					1	2	3
1	4	5	6	7	8	9	10
2	11	12	13	14	15	16	17
3	18	19	20	21	22	23	24
4	25	26	27	28	29	30	31

FEBRUARY

WK	M	T	W	T	F	S	S
5	1	2	3	4	5	6	7
6	8	9	10	11	12	13	14
7	15	16	17	18	19	20	21
8	22	23	24	25	26	27	28

MARCH

WK	M	T	W	T	F	S	S
9	1	2	3	4	5	6	7
10	8	9	10	11	12	13	14
11	15	16	17	18	19	20	21
12	22	23	24	25	26	27	28
13	29	30	31				

JANUARY

WK	M	T	W	T	F	S	S
52						1	2
1	3	4	5	6	7	8	9
2	10	11	12	13	14	15	16
3	17	18	19	20	21	22	23
4	24	25	26	27	28	29	30
5	31						

FEBRUARY

WK	M	T	W	T	F	S	S
5		1	2	3	4	5	6
6	7	8	9	10	11	12	13
7	14	15	16	17	18	19	20
8	21	22	23	24	25	26	27
9	28	29					

MARCH

WK	M	T	W	T	F	S	S
9			1	2	3	4	5
10	6	7	8	9	10	11	12
11	13	14	15	16	17	18	19
12	20	21	22	23	24	25	26
13	27	28	29	30	31		

APRIL

WK	M	T	W	T	F	S	S
13				1	2	3	4
14	5	6	7	8	9	10	11
15	12	13	14	15	16	17	18
16	19	20	21	22	23	24	25
17	26	27	28	29	30		

MAY

WK	M	T	W	T	F	S	S
17						1	2
18	3	4	5	6	7	8	9
19	10	11	12	13	14	15	16
20	17	18	19	20	21	22	23
21	24	25	26	27	28	29	30
22	31						

JUNE

WK	M	T	W	T	F	S	S
22		1	2	3	4	5	6
23	7	8	9	10	11	12	13
24	14	15	16	17	18	19	20
25	21	22	23	24	25	26	27
26	28	29	30				

APRIL

WK	M	T	W	T	F	S	S
13						1	2
14	3	4	5	6	7	8	9
15	10	11	12	13	14	15	16
16	17	18	19	20	21	22	23
17	24	25	26	27	28	29	30

MAY

WK	M	T	W	T	F	S	S
18	1	2	3	4	5	6	7
19	8	9	10	11	12	13	14
20	15	16	17	18	19	20	21
21	22	23	24	25	26	27	28
22	29	30	31				

JUNE

WK	M	T	W	T	F	S	S
22				1	2	3	4
23	5	6	7	8	9	10	11
24	12	13	14	15	16	17	18
25	19	20	21	22	23	24	25
26	26	27	28	29	30		

JULY

WK	M	T	W	T	F	S	S
26				1	2	3	4
27	5	6	7	8	9	10	11
28	12	13	14	15	16	17	18
29	19	20	21	22	23	24	25
30	26	27	28	29	30	31	

AUGUST

WK	M	T	W	T	F	S	S
30							1
31	2	3	4	5	6	7	8
32	9	10	11	12	13	14	15
33	16	17	18	19	20	21	22
34	23	24	25	26	27	28	29
35	30	31					

SEPTEMBER

WK	M	T	W	T	F	S	S
35			1	2	3	4	5
36	6	7	8	9	10	11	12
37	13	14	15	16	17	18	19
38	20	21	22	23	24	25	26
39	27	28	29	30			

JULY

WK	M	T	W	T	F	S	S
26						1	2
27	3	4	5	6	7	8	9
28	10	11	12	13	14	15	16
29	17	18	19	20	21	22	23
30	24	25	26	27	28	29	30
31	31						

AUGUST

WK	M	T	W	T	F	S	S
31		1	2	3	4	5	6
32	7	8	9	10	11	12	13
33	14	15	16	17	18	19	20
34	21	22	23	24	25	26	27
35	28	29	30	31			

SEPTEMBER

WK	M	T	W	T	F	S	S
35					1	2	3
36	4	5	6	7	8	9	10
37	11	12	13	14	15	16	17
38	18	19	20	21	22	23	24
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OCTOBER

WK	M	T	W	T	F	S	S
39					1	2	3
40	4	5	6	7	8	9	10
41	11	12	13	14	15	16	17
42	18	19	20	21	22	23	24
43	25	26	27	28	29	30	31

NOVEMBER

WK	M	T	W	T	F	S	S
44	1	2	3	4	5	6	7
45	8	9	10	11	12	13	14
46	15	16	17	18	19	20	21
47	22	23	24	25	26	27	28
48	29	30					

DECEMBER

WK	M	T	W	T	F	S	S
48			1	2	3	4	5
49	6	7	8	9	10	11	12
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51	20	21	22	23	24	25	26
52	27	28	29	30	31		

OCTOBER

WK	M	T	W	T	F	S	S
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40	2	3	4	5	6	7	8
41	9	10	11	12	13	14	15
42	16	17	18	19	20	21	22
43	23	24	25	26	27	28	29
44	30	31					

NOVEMBER

WK	M	T	W	T	F	S	S
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45	6	7	8	9	10	11	12
46	13	14	15	16	17	18	19
47	20	21	22	23	24	25	26
48	27	28	29	30			

DECEMBER

WK	M	T	W	T	F	S	S
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MONTHLY VIEW

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MONTHLY VIEW

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MONTHLY VIEW

MONTHLY VIEW

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MONTHLY VIEW

DECEMBER

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LISTEN  
AT LEAST  
AS MUCH  
AS YOU  
TALK.

*Lee Iacocca*













SUCCESS  
ISN'T ABOUT  
HOW MUCH  
MONEY YOU  
MAKE; IT'S  
ABOUT THE  
DIFFERENCE  
YOU MAKE  
IN PEOPLE'S  
LIVES.

Michelle Obama

My focus this week

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Project notes

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MONDAY 21

To do

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Note to self

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TUESDAY 22

To do

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I am grateful for

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WEDNESDAY 23

To do

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Personal notes

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THURSDAY 24

To do

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FRIDAY 25

To do

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CHRISTMAS

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WK 52

The miracle of your existence calls for celebration every day.  
Oprah Winfrey

SATURDAY 26

(CHRISTMAS)

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SUNDAY 27

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My focus this week

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Project notes

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MONDAY

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To do

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Note to self

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TUESDAY

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To do

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I am grateful for

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WEDNESDAY

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To do

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Personal notes

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THURSDAY

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To do

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NEW YEAR'S EVE

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FRIDAY

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To do

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NEW YEAR'S DAY

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WK 53

Moment of reflection:  
What is your focus  
for this year?

SATURDAY 2

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SUNDAY 3

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My focus this week

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Project notes

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MONDAY

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To do

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Note to self

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TUESDAY

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To do

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I am grateful for

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WEDNESDAY

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To do

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Personal notes

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THURSDAY

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To do

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FRIDAY

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To do

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WK 01

In the end, we will remember not the words of our enemies, but the silence of our friends.  
*Martin Luther King*

SATURDAY

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SUNDAY

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