

# DEZE AGENDA IS VAN

Naam:

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Straat+huisnummer:

---

Postcode+Plaats:

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Telefoonnummer:

---

Emailadres:

---

Geboortedatum:

---

Noodcontactpersoon:

---

## WERK GEGEVENS:

Telefoonnummer:

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Emailadres:

---

Telefoonnummer:

---

Telefoonnummer werk:

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Belangrijke gegevens:

---

Noodcontactpersoon:

---

6  
2  
0  
2

JANUARI

| Z  | M  | D  | W  | D  | V  | Z  |
|----|----|----|----|----|----|----|
|    |    |    |    | 1  | 2  | 3  |
| 4  | 5  | 6  | 7  | 8  | 9  | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

FEBRUARI

| Z  | M  | D  | W  | D  | V  | Z  |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |

MAART

| Z  | M  | D  | W  | D  | V  | Z  |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 |    |    |    |    |

APRIL

| Z  | M  | D  | W  | D  | V  | Z  |
|----|----|----|----|----|----|----|
|    |    |    |    | 1  | 2  | 3  |
| 4  | 5  | 6  | 7  | 8  | 9  | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 |    |

MEI

| Z  | M  | D  | W  | D  | V  | Z  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 |    |    |    |    |    |    |

JUNI

| Z  | M  | D  | W  | D  | V  | Z  |
|----|----|----|----|----|----|----|
|    |    |    |    |    |    |    |
| 1  | 2  | 3  | 4  | 5  | 6  |    |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 |    |    |    |    |

JULI

| Z  | M  | D  | W  | D  | V  | Z  |
|----|----|----|----|----|----|----|
|    |    |    |    | 1  | 2  | 3  |
| 4  | 5  | 6  | 7  | 8  | 9  | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

AUGUSTUS

| Z  | M  | D  | W  | D  | V  | Z  |
|----|----|----|----|----|----|----|
|    |    |    |    |    |    |    |
|    |    |    |    |    | 1  |    |
| 2  | 3  | 4  | 5  | 6  | 7  | 8  |
| 9  | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 |    |    |    |    |    |

SEPTEMBER

| Z  | M  | D  | W  | D  | V  | Z  |
|----|----|----|----|----|----|----|
|    |    |    |    |    |    |    |
|    |    | 1  | 2  | 3  | 4  | 5  |
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 |    |    |    |

OKTOBER

| Z  | M  | D  | W  | D  | V  | Z  |
|----|----|----|----|----|----|----|
|    |    |    |    |    |    |    |
|    |    |    |    | 1  | 2  | 3  |
| 4  | 5  | 6  | 7  | 8  | 9  | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

NOVEMBER

| Z  | M  | D  | W  | D  | V  | Z  |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

DECEMBER

| Z  | M  | D  | W  | D  | V  | Z  |
|----|----|----|----|----|----|----|
|    |    |    |    |    |    |    |
|    |    |    | 1  | 2  | 3  | 4  |
| 5  | 6  | 7  | 8  | 9  | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 |    |

| JANUARI |    |    |    |    |    |    |
|---------|----|----|----|----|----|----|
| Z       | M  | D  | W  | D  | V  | Z  |
|         |    |    |    |    | 1  | 2  |
| 3       | 4  | 5  | 6  | 7  | 8  | 9  |
| 10      | 11 | 12 | 13 | 14 | 15 | 16 |
| 17      | 18 | 19 | 20 | 21 | 22 | 23 |
| 24      | 25 | 26 | 27 | 28 | 29 | 30 |
| 31      |    |    |    |    |    |    |

| FEBRUARI |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| Z        | M  | D  | W  | D  | V  | Z  |
|          |    | 1  | 2  | 3  | 4  | 5  |
| 6        | 7  | 8  | 9  | 10 | 11 | 12 |
| 13       | 14 | 15 | 16 | 17 | 18 | 19 |
| 20       | 21 | 22 | 23 | 24 | 25 | 27 |
| 27       | 28 |    |    |    |    |    |

| MAART |    |    |    |    |    |    |
|-------|----|----|----|----|----|----|
| Z     | M  | D  | W  | D  | V  | Z  |
|       |    | 1  | 2  | 3  | 4  | 5  |
| 6     | 7  | 8  | 9  | 10 | 11 | 12 |
| 13    | 14 | 15 | 16 | 17 | 18 | 19 |
| 20    | 21 | 22 | 23 | 24 | 25 | 26 |
| 27    | 28 | 29 | 30 | 31 |    |    |

| APRIL |    |    |    |    |    |    |
|-------|----|----|----|----|----|----|
| Z     | M  | D  | W  | D  | V  | Z  |
|       |    |    |    |    | 1  | 2  |
| 3     | 4  | 5  | 6  | 7  | 8  | 9  |
| 10    | 11 | 12 | 13 | 14 | 15 | 16 |
| 17    | 18 | 19 | 20 | 21 | 22 | 23 |
| 24    | 25 | 26 | 27 | 28 | 29 | 30 |

| MEI |    |    |    |    |    |    |
|-----|----|----|----|----|----|----|
| S   | M  | T  | W  | T  | F  | S  |
|     |    |    |    |    |    | 1  |
| 2   | 3  | 4  | 5  | 6  | 7  | 8  |
| 9   | 10 | 11 | 12 | 13 | 14 | 15 |
| 16  | 17 | 18 | 19 | 20 | 21 | 22 |
| 23  | 24 | 25 | 26 | 27 | 28 | 29 |
| 30  | 31 |    |    |    |    |    |

| JUNI |    |    |    |    |    |    |
|------|----|----|----|----|----|----|
| Z    | M  | D  | W  | D  | V  | Z  |
|      |    | 1  | 2  | 3  | 4  | 5  |
| 6    | 7  | 8  | 9  | 10 | 11 | 12 |
| 13   | 14 | 15 | 16 | 17 | 18 | 19 |
| 20   | 21 | 22 | 23 | 24 | 25 | 26 |
| 27   | 28 | 29 | 30 |    |    |    |

| JULI |    |    |    |    |    |    |
|------|----|----|----|----|----|----|
| Z    | M  | D  | W  | D  | V  | Z  |
|      |    |    |    |    | 1  | 2  |
| 3    | 4  | 5  | 6  | 7  | 8  | 9  |
| 10   | 11 | 12 | 13 | 14 | 15 | 16 |
| 17   | 18 | 19 | 20 | 21 | 22 | 23 |
| 24   | 25 | 26 | 27 | 38 | 29 | 30 |
| 31   |    |    |    |    |    |    |

| AUGUSTUS |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| Z        | M  | D  | W  | D  | V  | Z  |
|          |    | 1  | 2  | 3  | 4  | 5  |
| 6        | 7  | 8  | 9  | 10 | 11 | 12 |
| 13       | 14 | 15 | 16 | 17 | 18 | 19 |
| 20       | 21 | 22 | 23 | 24 | 25 | 26 |
| 27       | 28 | 29 | 30 | 31 |    |    |

| SEPTEMBER |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| Z         | M  | D  | W  | D  | V  | Z  |
|           |    |    |    |    | 1  | 2  |
| 3         | 4  | 5  | 6  | 7  | 8  | 9  |
| 10        | 11 | 12 | 13 | 14 | 15 | 16 |
| 17        | 18 | 19 | 20 | 21 | 22 | 23 |
| 24        | 25 | 26 | 27 | 28 | 29 | 30 |

| OKTOBER |    |    |    |    |    |    |
|---------|----|----|----|----|----|----|
| Z       | M  | D  | W  | D  | V  | Z  |
|         |    |    |    |    | 1  | 2  |
| 3       | 4  | 5  | 6  | 7  | 8  | 9  |
| 10      | 11 | 12 | 13 | 14 | 15 | 16 |
| 17      | 18 | 19 | 20 | 21 | 22 | 23 |
| 24      | 25 | 26 | 27 | 28 | 29 | 30 |
| 31      |    |    |    |    |    |    |

| NOVEMBER |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| Z        | M  | D  | W  | D  | V  | Z  |
|          |    | 1  | 2  | 3  | 4  | 5  |
| 6        | 7  | 8  | 9  | 10 | 11 | 12 |
| 13       | 14 | 15 | 16 | 17 | 18 | 19 |
| 20       | 21 | 22 | 23 | 24 | 25 | 26 |
| 27       | 28 | 29 | 30 |    |    |    |

| DECEMBER |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| Z        | M  | D  | W  | D  | V  | Z  |
|          |    |    |    |    | 1  | 2  |
| 3        | 4  | 5  | 6  | 7  | 8  | 9  |
| 10       | 11 | 12 | 13 | 14 | 15 | 16 |
| 17       | 18 | 19 | 20 | 21 | 22 | 23 |
| 24       | 25 | 26 | 27 | 28 | 29 | 30 |
| 31       |    |    |    |    |    |    |

2027

## MIJN DIENSTEN

**Januari**  
**2027**

[illegible]

# 28 DECEMBER 2026 - 3 JANUARI 2027

MIJN WEEKDOEL



| 28    | MAANDAG | 29    | DINSDAG | 30    | WOENSDAG | 31    | DONDERDAG    |
|-------|---------|-------|---------|-------|----------|-------|--------------|
| 6:00  |         | 6:00  |         | 6:00  |          | 6:00  | OUDEJAARSDAG |
| 6:30  |         | 6:30  |         | 6:30  |          | 6:30  |              |
| 7:00  |         | 7:00  |         | 7:00  |          | 7:00  |              |
| 7:30  |         | 7:30  |         | 7:30  |          | 7:30  |              |
| 8:00  |         | 8:00  |         | 8:00  |          | 8:00  |              |
| 8:30  |         | 8:30  |         | 8:30  |          | 8:30  |              |
| 9:00  |         | 9:00  |         | 9:00  |          | 9:00  |              |
| 9:30  |         | 9:30  |         | 9:30  |          | 9:30  |              |
| 10:00 |         | 10:00 |         | 10:00 |          | 10:00 |              |
| 10:30 |         | 10:30 |         | 10:30 |          | 10:30 |              |
| 11:00 |         | 11:00 |         | 11:00 |          | 11:00 |              |
| 11:30 |         | 11:30 |         | 11:30 |          | 11:30 |              |
| 12:00 |         | 12:00 |         | 12:00 |          | 12:00 |              |
| 12:30 |         | 12:30 |         | 12:30 |          | 12:30 |              |
| 1:00  |         | 1:00  |         | 1:00  |          | 1:00  |              |
| 1:30  |         | 1:30  |         | 1:30  |          | 1:30  |              |
| 2:00  |         | 2:00  |         | 2:00  |          | 2:00  |              |
| 2:30  |         | 2:30  |         | 2:30  |          | 2:30  |              |
| 3:00  |         | 3:00  |         | 3:00  |          | 3:00  |              |
| 3:30  |         | 3:30  |         | 3:30  |          | 3:30  |              |
| 4:00  |         | 4:00  |         | 4:00  |          | 4:00  |              |
| 4:30  |         | 4:30  |         | 4:30  |          | 4:30  |              |
| 5:00  |         | 5:00  |         | 5:00  |          | 5:00  |              |
| 5:30  |         | 5:30  |         | 5:30  |          | 5:30  |              |
| 6:00  |         | 6:00  |         | 6:00  |          | 6:00  |              |
| 6:30  |         | 6:30  |         | 6:30  |          | 6:30  |              |
| 7:00  |         | 7:00  |         | 7:00  |          | 7:00  |              |
| 7:30  |         | 7:30  |         | 7:30  |          | 7:30  |              |
| 8:00  |         | 8:00  |         | 8:00  |          | 8:00  |              |



MIJN WEEKMOTIVATIE

| 1     | VRIJDAG       | 2     | ZATERDAG | 3     | ZONDAG | WERK        |
|-------|---------------|-------|----------|-------|--------|-------------|
| 6:00  | NIEUWJAARSDAG | 6:00  |          | 6:00  |        |             |
| 6:30  |               | 6:30  |          | 6:30  |        |             |
| 7:00  |               | 7:00  |          | 7:00  |        |             |
| 7:30  |               | 7:30  |          | 7:30  |        |             |
| 8:00  |               | 8:00  |          | 8:00  |        |             |
| 8:30  |               | 8:30  |          | 8:30  |        |             |
| 9:00  |               | 9:00  |          | 9:00  |        |             |
| 9:30  |               | 9:30  |          | 9:30  |        |             |
| 10:00 |               | 10:00 |          | 10:00 |        |             |
| 10:30 |               | 10:30 |          | 10:30 |        |             |
| 11:00 |               | 11:00 |          | 11:00 |        | PERSOONLIJK |
| 11:30 |               | 11:30 |          | 11:30 |        |             |
| 12:00 |               | 12:00 |          | 12:00 |        |             |
| 12:30 |               | 12:30 |          | 12:30 |        |             |
| 1:00  |               | 1:00  |          | 1:00  |        |             |
| 1:30  |               | 1:30  |          | 1:30  |        |             |
| 2:00  |               | 2:00  |          | 2:00  |        |             |
| 2:30  |               | 2:30  |          | 2:30  |        |             |
| 3:00  |               | 3:00  |          | 3:00  |        |             |
| 3:30  |               | 3:30  |          | 3:30  |        |             |
| 4:00  |               | 4:00  |          | 4:00  |        |             |
| 4:30  |               | 4:30  |          | 4:30  |        | NOTITIES    |
| 5:00  |               | 5:00  |          | 5:00  |        |             |
| 5:30  |               | 5:30  |          | 5:30  |        |             |
| 6:00  |               | 6:00  |          | 6:00  |        |             |
| 6:30  |               | 6:30  |          | 6:30  |        |             |
| 7:00  |               | 7:00  |          | 7:00  |        |             |
| 7:30  |               | 7:30  |          | 7:30  |        |             |
| 8:00  |               | 8:00  |          | 8:00  |        |             |

NIET VERGETEN

UREN REGISTRATIE

TO-DO LIST

NOTITIES

# MAALTIJD PLANNER

MAANDAG

28 DECEMBER

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DINSDAG

29 DECEMBER

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WOENSDAG

30 DECEMBER

---

DONDERDAG

31 DECEMBER



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VRIJDAG

1 JANUARI

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ZATERDAG

2. JANUARI

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ZONDAG

3 JANUARI

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|--|
|  |
|  |
|  |

BOODSCHAPPENLIJST

[illegible]

## MIJN ONTWIKKELING ALS ZORGMEDEWERKER

In de zorg raak je nooit uitgeleerd. Je ontwikkelt nieuwe vaardigheden, doet waardevolle ervaring op en ontdekt steeds beter wat voor zorgmedewerker je wilt zijn. Sta even stil bij de weg die je al hebt afgelegd én bij de richting waarin je verder wilt groeien.

HIER BEGON MIJN ZORGVERHAAL/MIJN OPLEIDING:

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MIJN EERSTE FUNCTIE OF WERKPLEK IN DE ZORG WAS:

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IK KOOS VOOR DE ZORG OMDAT:

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DIT VOND IK IN HET BEGIN HET SPANNENDST:

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IETS WAT IK TOEN NOG MOEST LEREN, MAAR WAT NU VANZELF GAAT:

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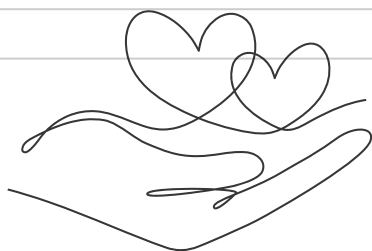
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MIJN LEUKSTE WERKPLEK TOT NU TOE:

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# HIER STA IK NU

MIJN HUIDIGE FUNCTIE:

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MIJN BELANGRIJKSTE WERKZAAMHEDEN:

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DEZE DRIE EIGENSCHAPPEN MAKEN MIJ EEN GOEDE ZORGMEDEWERKER:

1 

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2 

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3 

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HIERIN BEN IK HET MEEST GEGROEID:

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EEN SITUATIE WAARUIT BLIJKT HOEVEEL IK HEB GELEERD:

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EEN COMPLIMENT DAT MIJ ALTIJD IS BIJGEBLEVEN:

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# HET ZORGSEL

KLEUR MAAR IN EN GEEF JEZELF EEN LEUKE PRIJS BIJ EEN VOLLE KAART.

TEVEEL KOFFIE GEDRONKEN WAARDOOR IK NA DE DIENST NIET MEER KON SLAPEN



WEER MIJN PEN VERLOREN (EN DAARNA EEN NIEUWE GESTOLEN VAN MIJN COLLEGA)



EEN DIENST AANGENOMEN TERWIJL IK EIGENLIJK NEE WILDE ZEGGEN



ZO HARD GELACHEN MET EEN COLLEGA DAT IK ER DE REST VAN DE DIENST AAN MOEST DENKEN



“DIT DOE IK NOG EVEN SNEL VOORDAT IK NAAR HUIS GA”



MIJN PAUZE UITGESTELD OF TOTAAL VERGETEN

