

**Love,
scissors
&
paper**

Capturing the consequences
of loving too much.

Elwira van Pijkeren | EW

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LOVE

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Because of you, I finally learned the difference between lust and love.

Lust:

The need to get short term satisfaction. It's a need which opens up in the brain when a body produces the hormone adrenaline, noradrenaline, endorfine and finally dopamine while having sex.

Love:

The need to stay close to each other. It's a need which opens up in the brain when a body produces the hormone oxytocine and vasopressine after having sex. Dopamine is only released when staying connected.

Love and lust are just a believe system like any other. There's no right or wrong, they're just two different neurological pathways one can travel.

E.W. | 2018

Love



“We’re like a rollercoaster ride”,
you said,
while you held your arms up high.

“Maybe after the turn ahead,
we’ll fall down,
or perhaps aim for the sky.”

The fast movements of your hands
ratified your feelings
and your imagination.

I laid my hands on yours
to calm you down,
ground your foundation.

I looked up to you,
caught your eyes.
“Dear, I don’t know what this is about.

Let’s just sit this one out.”

We danced
without words.