

The Book of True Life

Teachings of the Divine Master

Volume I

Teaching 1 – 28

Buchdienst zum Leben

The 12-volume work Libro de la Vida Verdadera (Book of True Life) is a legacy to all humanity and is registered in the "Dirección General del Derecho de Autor de la Secretaría de Educación Pública" in Mexico D.F. under the numbers 26002, 20111 and 83848.

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Note to this issue:

This volume was processed true to the content of the above mentioned original German translation for the translation program DeepL, ProVersion, which translates into 12 languages.

So far the following volumes have been translated with it:

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The Third Testament

From the German original to the languages: Dutch, Polish, Russian, Portuguese, Portuguese-Brazilian,. To follow:

Japanese and Chinese

It was available in the following languages so far: German, English, Spanish, Italian, French,

The Book of True Life

From the German Original to English: The volumes IV, V, VI, VIII, IX, XI, XII - the other 5 volumes were already available in English.

Further translations will follow.

It is the will of the Lord to make these works available to all people free of charge. It is not His will to sell this work for money. All available volumes can be downloaded free of charge as PDF on the Internet.

It is also the will of the Lord to spread His word throughout the world. This is to be done in connection with the testimony of one's own spiritualist example. For this reason, all 6 volumes of my personal, spiritualist example that have been published so far are available for free PDF download on my homepage, as well as 5 volumes of poetry in German and English based on the Book of True Life.

The Lord called me into His service in 2017. I have recorded this story in the above mentioned 6 volumes, indicating the

respective date. It contains many dreams, visions, secrets the Lord revealed to me, prophecies, predictions about current events all over the world. It is a wake-up call to mankind and for me a phase of purification and cleansing and ascension and return to the bosom of the Father.

My name, Anna Maria Hosta, is a spiritual name that the Lord has revealed to me in 2017.

Hosta, the Lord told me, has the following meaning:

Hos... (last name of my husband) - Hos - t.... (host, bread of life, word of God) and

Hos...t...A (A for my name, Anna)

My civil name has no meaning, since it is the will of the Lord that the WORD moves hearts and that they should be guided by the Word, not the messenger. The messenger is only the bringer of the WORD and this is God Himself. It is the essence of all God's own experiences with the beings created by Him, and it serves their teaching, so that they may study it to purify and perfect themselves, with the goal of returning to God and entering again into the bosom of the Father.

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Foreword

Dedication

The commission to which the compilation of this anthology is entrusted dedicates these books in the name of the Lord to all men of good will in the world who are inspired by the desire to attain the exaltation of their Spirit through the study of the divine revelations and the practice of the teaching of the Divine Master. Everyone who feels within himself the desire to live the teachings of the Sixth Seal received in this era of the Spirit of Truth should savor to the last drop the spiritual meaning contained in these books. Then a plea to all mankind will burst forth from his heart and a phrase will sound the tenderest strings of the human heart: "Love one another".

Preface to the German edition

The present book is a faithful translation of the first of twelve volumes of the "Book of True Life" from the original text in Spanish and proclaims divine revelations. It is nothing less than the Return of the Lord as Holy Spirit. Through instruments specially chosen and prepared by Him (the word in the Spanish text is: "portavoz" as much as voice bearer, word mediator, mouthpiece), Christ gave us great truths to explain the meaning of our earthly life, to reveal to us the mysteries of the Spirit that are not understood or have been unknown, and to give us comfort, strength and guidelines in the midst of a growing chaos that is bringing severe afflictions to all mankind with the aim of their purification. It is the eternal, unchanging message of God to His children: in the first time through Moses and the prophets and in the second time through Jesus and His disciples. If the message appears to us as new in the present Third Age, it is because many misunderstood

words of the first and second time are explained, and because the Lord opens up to us further spiritual insights, which He could not give us at that time. ("I still have much to tell you; but you cannot carry it now. " Joh. 16,12.)

The book is divided into many chapters and each verse is numbered; this not only serves to refer to a specific passage of the text, but also to show outwardly that it is not an easy read; rather, the contents must be read, studied and fathomed with collected senses and with care. Afterwards, however, the most important thing must follow: the execution, the action.

The attentive reader will notice that many thoughts and spiritual doctrines are repeated more often, though mostly in different words or from different points of view. There are several reasons for this: First, the teachings have been given in dozens of meeting places over many years. Secondly, various word mediators were active, and depending on the spiritual maturity of the instrument, the Word of God could be made known. And finally, the teaching speeches were not given in closed circles, but publicly in front of a simple audience, so that newcomers could always join in, which is why the Lord had to repeat the basic concepts for them in His Word.

Today, we must not bump into the repetitions, but they should give us the opportunity to imprint the divine thoughts deep within us. Moreover, the repetitions confirm that the teachings come from God; for despite the multiplicity of places where they were given and the many Word mediators, the unity of the Word is manifest.

It would be disastrous for the whole of mankind if, on the basis of materially misinterpreted prophecies - just as the people of the Jews did almost 2000 years ago - they were to strike out the helping hand of God and remain deaf to the voice of your Lord, which in this unmistakably genuine and

true Word of God addresses every single human spirit and calls it to reflection, conversion and spiritualization. The same voice will one day demand an account from each one of us as to how far we have complied with her loving admonitions and instructions.

In the work "Book of True Life" the main theme is the Spirit, which is why this word is very often found in various connections. What is meant by "Spirit"? - In today's language and dictionaries, the word "Spirit" is used in the sense of the ability to think, that is: mind, intellect, idea, wisdom, etc. - In the present teachings, as in the Bible, the word Spirit has a different meaning, and Jesus made it clear when He said: "God is Spirit, and those who worship Him must worship Him in the Spirit and

Worship truth" (Joh. 4, 24). The eternal primordial power, God, is pure Spirit, without form - which, however, does not exclude that in special cases He reveals Himself to His children also in human form, as Father. The most essential quality of God is love, and, driven by this love, he created out of himself other spirit beings, so that he could give them his love. These spirits, sparks of God's Spirit and, to a limited extent, with the same qualities as God, filled the infinite space until, because of their pride and disobedience, they separated themselves from God and were thereupon embedded in a material body so that they could set out again on the way home. The essential part of man is therefore his Spirit, the spark of the divine spirit within him. Briefly summarized it follows:

Spirit = love, wisdom and power.

Human Spirit = God's spirit spark in man.

Spirits = Primordial angelic spirits as well as human spirit beings, whether they are still in the material body (incarnate) or outside of it (desincarnate).

The divine revelations took place in Mexico in the Spanish language. The translation into German was done with great care, so that the spiritual meaning was reproduced in every case. To a large extent, the word and sentence formation was also based on the original text, which is why sometimes somewhat unusual expressions and sentence constructions were used. Only in relatively few cases did one have to choose a freer translation to find a pleasing form of expression in German, but the spiritual meaning was always faithfully preserved.

Short explanations that seemed necessary for comprehension were added as footnotes, and the meaning of the text was added in brackets. Longer footnotes can be found as annotations in the appendix.

The translators

Explanations for a better understanding of the teachings

I. The Second Coming of Christ in the mirror of biblical promises.

At the beginning of the translators' preface there is the lapidary sentence: "It is nothing less than the return of the Lord as Holy Spirit. Many readers expect an explanation of this statement, which will be given below. Since the earliest beginnings of Christianity, the faithful have occupied themselves with the Second Coming of Christ, and each time has produced its own ideas about it. Even today, believers have different, predominantly blurred views on it, because they do not understand the symbolic imagery of the relevant biblical passages correctly. It is therefore necessary to obtain

clarity. For this purpose we want to examine the imprecise and often imaginative ideas and compare them with the relevant biblical words.

The following opinion is widespread: According to this, the Lord would appear before the eyes of all people in the clouds of the sky, with all eyes seeing Him at the same time; for His return is to be like lightning in the sky, illuminating everything and visible to all people. - Can this happen at all, and do these ideas correspond to the announcements of Jesus himself, as they have been handed down to us by various evangelists? As we know, the earth is spherical, and for this reason alone this popular idea of that event is a physical impossibility, since the inhabitants of a spherical world have not being able to see celestial phenomena around the globe at the same time.

We want to first examine whether a more credible picture of this event might not become apparent from the various biblical references if we translate the words of the prophecy from the symbolic visual language into our contemporary language and thereby grasp the spiritual meaning that is to be expressed.

With regard to the time of the Second Coming, the Lord says that no one knows the day and hour before the event occurs, except the Father (Math. 24, 36 + 42); but He gave various portents of His coming: false Christs and false prophets, wars, pestilences, dear times, earthquakes, increasing unkindness and tribulations, horrors and great signs in the sky, floods and severe storms, the proclamation of the Gospel in the whole world. - All these signs have been fulfilled, and yet the faithful are still waiting for the fulfillment of the promises.

In a parable, the Lord gave an even more precise indication of the time and manner of His coming again. He compared it to the secret burglary of a thief in the night and added: . . "For the Son of Man will come at an hour when you do not mean

it" (Math. 24, 44). From this parable two things are clearly recognizable: First, that His return will not take place as a supernatural heavenly spectacle, but in secret, unnoticed by the world and Christianity as a whole. And secondly, that also the time of His coming will be different than expected. The Lord affirms the significance of this parable for a correct idea of His Second Coming by referring once again in His Revelation to John: "Behold, I come as a thief. Blessed is he that watcheth, and maketh ready his garments. .. " (Rev. 16, 15).

In a second parable of the wise and the bad servant, there is even a hint given as to whether the time at which people expect His coming at the time of His return is too early or too late. For Jesus says in this parable: . . "But if that wicked servant says in his heart, My Lord is not coming for a long time yet... the Lord of the servant will come on the day he does not know, and at the hour he does not mean. .. " (Math. 24, 48 + 50). From this it is clear that the Lord will come earlier than Christians generally assume.

In what way should this return of the Lord, which takes place in silence, then take place? - In Matthew we read: "For just as the lightning goes forth from the rising (the sun, that is, east) and shines until the going down (west), so also will be the future of the Son of Man" (Math. 27, 27). - It should be understandable to everyone that this cannot be a natural lightning that is seen with our physical eyes; for in the least cases the lightning shines from east to west, but descends from heaven to earth: the meaning must therefore be different. - Since the lightning is a glaring phenomenon of light in the sky, and since the term light is often used in the Word of God as a symbol of spiritual knowledge, it is obvious to interpret this "lightning" as a revelation doctrine of Christ that proceeds from the spiritual heaven.

Why does it begin precisely in the East and end in the West? - On this point, the Lord tells us in His New Word that this image symbolizes the totality of His teaching to humanity, which had its beginning in the people of Israel, that is to say, in the Orient or East, and which was to find its comprehensive conclusion in the West, in a country of the Western hemisphere, and has now also found its conclusion in the West. (The Spiritual Revelations in Mexico) - The symbol of lightning also has the meaning that for Him the period of time between the two revelations was only a short moment that passed like lightning in the sky. - For us humans, almost 2000 years is a long time, for God only a moment of eternity. The following verses of the Gospel of Matthew, as they have been handed down to us, seem to contradict this interpretation of the Second Coming of Christ as revelation in the Word, since it says that "the sun and moon' will lose their brightness, the "stars' will fall from heaven, the "sign of the Son of Man' will appear in the sky, and then He Himself will appear "in the clouds of heaven' with great power and glory. If the terms with quotation marks were to be understood in the material sense, as is generally customary, the earth would be shrouded in darkness, in the night sky the stars would be thrown into confusion or a meteor shower would fall down on the earth, in this chaos a sign would appear in the sky, and then the Lord himself would appear between nightly clouds to judge the horrified people. But if the biblical words concerning the Second Coming of Christ are understood as a symbolic imagery for spiritual processes - as they must be - they convey a quite different insight. Let us limit ourselves to deciphering the symbolic term 'cloud'. It occurs several times in the Bible, but usually not in the natural sense. When the children of Israel passed through the desert, "the Lord went before them the day before in a pillar of cloud..." and when the Ten Commandments were

given on Mount Sinai, the "cloud" signifies the spiritual presence of God for His people. In a vision of Daniel it says: "I saw in this vision by night, and behold, there came one "in the clouds of heaven" as the Son of Man unto the old man, and was brought before him. He gave him power, glory and kingdom, that all nations, people and tongues should serve him. His power is eternal, which shall not pass away, and his kingdom has no end" (Dan. 7, 13 + 14). Here the same expression is used for the spiritual appearance of Christ as in the description of His return in the gospel of Matthew; but who would claim that these are material clouds and not a symbolic expression for the spiritual appearance of Christ? Significantly, the Gospel according to Luke does not speak of "the clouds of heaven" but of "the cloud" and the word "heaven" is completely missing: "And then they will see the Son of Man coming "in the cloud" with great power and glory" (Luk. 21, 27). This expression clearly shows that these are not earthly clouds in the sky, but that with it a spiritual form of revelation is to be expressed and the Lord will not appear materially visible.

The biblical passage also speaks of the fact that people will see "the Son of Man". Many Christians understand this literally and believe that they will see Jesus with their material eyes as He descends from heaven. - Would the physical appearance of Jesus, which could be seen with our material eyes, awaken or strengthen mankind's faith in Him? - Not at all. If Christ, visible with the physical eyes, were to descend from heaven, only a tiny fraction of humanity would be able to see it. The rest of humanity, practically the entirety, would not have experienced this phenomenon and thus the conviction of Christ's return would not have occurred at all. So it would again depend on whether one would believe the few eyewitnesses or His words, in other words,

the situation would be the same as it was almost 2000 years ago.

At that time, Christ already lived visibly among the people, and no one believed His teaching - except for a small minority. And if He were visible to our physical eyes today as a human being among us, we would pay Him even less attention than 2000 years ago, because today people are much too busy with their struggle for more prosperity or with their serious problems of daily food procurement, with their power struggles, intrigues and wars. - And yet people will see Him. Those who are blessed with the spiritual face will see Jesus as the disciples saw Him at the Transfiguration on Mount Tabor. Not as a proof of His presence - they do not need these proofs - but as a reward for their faith and spiritual armament. - The others will feel in their deepest inner being the presence of Christ in His new revelations. Their Spirit testifies to them the truth of His Word. - And still others, the majority, will tremble in their whole being when the severe afflictions that must come will befall them. Then their consciences will make it clear to them that this is the promised return of Christ in His merciless righteousness. This experience will be much more lasting than if their physical eyes had seen "the Son of Man."

In Luke the promise of Jesus about His return to earth is followed by the hint: "But when these things begin to take place, straighten up and lift up your heads, because your redemption is drawing near" (Luk. 21, 28). The expression "when it begins to happen" indicates that it is not a sudden "end of the world" event, but rather a process lasting for a longer time, for which men should keep a lookout. What this process is about is illuminated by a further hint of Jesus at His return: "When the Son of Man comes, do you think that he will also find faith on earth? (Luk. 18, 8) The nature of the interrogative sentence expresses negation and suggests that

His second coming will also be the proclamation of the truth, His doctrine of salvation, and that people will again have the possibility of acceptance or rejection on the basis of their free will, and that they - at least as far as the great mass of people and the leading representatives of church, science and state are concerned - will at first behave just as unbelieving and rejecting as in Jesus' time.

In the parable of the mustard seed (Luk. 13, 18), which symbolizes the coming into being of the Kingdom of God on earth, the Lord points especially to the smallness of the seed, i.e. to the initially small effect of His Word in the world, which is thrown "into the garden," that is, is sent down from heaven to the earth and becomes the great "tree" that gives protection and shade to all birds, i.e., to men, and thus the foundation of the Kingdom of God on earth. The following parable of leaven has the same sense of a gradual growth and penetration of His Word into the consciousness of mankind. Now we still have to examine what the apostle John, the favorite disciple of Jesus, has to say on our subject, who - as his gospel account shows - understood and passed on the teaching of His Master in the deepest and most spiritual way. In his farewell address to His disciples, the Lord says to him: "If you love me, keep my commandments! And I will ask the Father, and he shall give you another Comforter, that he may abide with you forever, the Spirit of Truth, whom the world cannot receive, for it neither sees him nor knows him. But you know him, for he abides with you and will be in you; I will not leave you orphans; I am coming to you" (John 14:15-18). Because of the significance of this promise for His followers, Jesus in His great farewell speech returns to this several times: "But the Comforter, the Holy Spirit, whom my Father will send in my name, he will teach you all things and remind you of all that I have said to you" (Jn 14:26). Here we learn that this Comforter, or Spirit of Truth, is the Holy Spirit of

God, who is sent "in the name" of Christ to the believers on earth to teach them all things, and to remind them of all the teachings of Jesus.

After Jesus has once more laid His commandment of love to the disciples' heart and prepared them for coming persecutions, He gives them as a promise after these persecutions the consoling assurance: "But when the Comforter comes, whom I will send to you from the Father, the Spirit of truth who proceeds from the Father, he will bear witness about me. And you will also bear witness, for you have been with me from the beginning" (John 15:26-27). "But I tell you the truth: it is good that I go (to the Father). For if I do not go, the Comforter will not come to you: but if I go, I will send him to you" (John 16:7). The precondition for the Comforter to come as the Spirit of truth is therefore the return of Jesus to the Father. This means that this Spirit of truth proceeds from Christ himself as the "Word" of God, and He will send him from the throne of the Father, in union with Him, His believers on earth. For He was also as man the great truth witness of God, which is why He confessed before Pilate, "I am a king. For this purpose I was born and came into the world, that I should bear witness to the truth. He who is of the truth hears my voice" (John 18:37).

"I still have much to tell you, but you cannot bear it now. But when that one, the Spirit of truth, comes, he will guide you into all truth. For he will not speak of himself, but what he will hear he will speak, and what is to come he will announce to you. The same will transfigure me; for from the one who is mine he will take it and announce it to you. Everything that the Father has, that is mine. Therefore I said: "He will take it from mine and declare it to you" (John 16:12-15).

With the foregoing words, the Lord drew the attention of His disciples to the fact that they are not yet able to bear all the truth that He has to bring from the Father as His bearer of

revelation. Therefore, He refers them once again to His coming word of revelation as Spirit of truth, which will then introduce them to all truths. As "The Word," he will, just as on earth, proclaim only that which he will receive from God the Father as divine truth and wisdom in union with God the Father, and which nevertheless is nothing foreign, only transmitted, but comes forth from his own Spirit. In doing so, He will "transfigure" His life and teaching as the Son of Man, Jesus, that is, bring light and clarity about it, since this Spirit of consolation and truth is the word of the one Divine Spirit Himself, which is why He is also the "Holy Spirit."

As we can see from the preceding quotations, the New Testament gives us a wealth of references and explanations about the "other Comforter", "the Holy Spirit" the "Spirit of Truth", whom the Father will send to His children after Jesus' return to the Father. The Bible also reports that this happened in the outpouring of the Holy Spirit on the disciples. Now there is often the opinion among the believers that the promises have been fully fulfilled and can be considered as completed. But is this view correct? - We must be aware that all the words of Jesus and especially His promises did not only refer to the then present or the future immediately following it, but that their spiritual meaning is also of current significance for later times. The outpouring of the Holy Spirit on the disciples of Jesus, on their later co-workers and fellow believers and afterwards on a few chosen ones was - despite its great significance - only a modest beginning, as it were a prefulfillment of what was to come. In the so-called Pentecost only a small circle was grasped; but the perfect fulfillment must grasp the whole people of Israel, as already the prophet Joel prophesied: "And after this I will pour out my Spirit upon all flesh, and your sons and daughters shall dream dreams, and your young men shall see visions. (Joel 3, 1) - What was then the future is now since

1866. The Spirit of truth is now among us. But how few are inwardly ready and able to work fully in the power of the Holy Spirit, even when they have absorbed this Spirit of Truth! "Such things have I spoken to you through 'proverbs' (in figurative language). But the time is coming when I will no longer speak to you through 'proverbs', but will freely proclaim to you from my Father" (John 16:25). Hereby the Lord confirms that His language is a pictorial language full of symbols and spiritual correspondences of earthly-material things and processes to such of spiritual nature. But the time will come - and this can only be the time of His return as Spirit of consolation, truth and holiness - when He will unmistakably announce to His own in their then more developed world of language and concepts from His Father, so that the riddle of the mind about the true meaning of the picture language will come to an end once and for all. Anxious Christians, who see in every revelation that passes on spirituality a misleading message, and Christians of the Name, who do not want to be disturbed in their spiritual inertia, will point to Jesus' warnings about the false Christ and thus try to deter people from accepting this new word of God. But these should be clear about the fact that just at the time of the false Christians and false prophets, of whom there have already been and still are enough, the "genuine" Christ is also promised with His new word. An unexamined or prejudiced rejection of all that is new and does not fit into one's own ideas and interests must therefore inevitably lead also to the rejection of Christ in His return! Hence the earnest admonition: Examine all things, but retain what is good. As a conclusion of this study, let us recall Christ's epistle in His spiritual revelation to the apostle John, which, according to its wording, is addressed to the Christian communities in Asia Minor, but which in its true meaning is an admonition to the Christian churches during seven successive developmental

epochs. The last epoch is symbolized by the church of Laodicea, in which we can recognize the current church organizations of Christian character, which have become rigidly established in cult. The Lord makes her say: "I know your works, that you are neither cold nor warm. Oh that you were cold or warm! But because you are lukewarm and neither cold nor warm, I will spit you out of my mouth (Rev. 3:15 + 16) - What an apt characterization of today's Christianity of names and habits! "You say, 'I am rich, and I have enough, and need nothing; and do not know that you are wretched and miserable, poor, blind, and naked. I counsel thee to buy of me gold, purified with fire, that thou mayest be rich; and white raiment, that thou mayest be clothed, and that the shame of thy nakedness may not be revealed; and anoint thine eyes with ointment of thine eyes, that thou mayest see. (Rev. 3, 17, 18) - Christians believe to have everything and need no further revelation of Christ. But in His eyes they stand spiritually wretched, pitiful, blind and naked, which is why He advises them to acquire from Him the gold and white garments of unadulterated, divine truths of salvation.

They are also to rub their eyes, blind to the truth, with an eye ointment - of what does it consist then? - "Those whom I love, I punish and chastise. So now be diligent and repent" (Rev. 3, 19). Despite the severe rebuke, the Lord does not reject His children. He loves them, especially in the great trials and afflictions that have come and will come upon men, for they are to lead us to repentance and renewal.

"Behold, I stand at the door and knock. If any man hear my voice and open the door, I will come in and take communion with him, and he with me. (Rev. 3, 20) - So he does not fall with the door into the house, nor does he exert coercion on his children. But those who listen to His voice, which can be

heard anew, and open the door of their hearts, experience the closest connection from Spirit to Spirit with their Lord. We have tried to help the critical doubters - who, however, are of good will - to understand the Second Coming of Christ. In the foregoing we have established that He will not return either in the midst of a spectacular heavenly event or in a physically visible way. We have also recognized that the great crowds of people will not notice His return because He comes like a thief in the night: unexpectedly and quietly on spiritual paths. Hence His admonition: Watch and pray so that you do not let this significant and important time go by unused. Do not be like the five foolish virgins of the parable, who let the light-giving oil in their lamps - the symbol of faith, love and hope - dry up, and therefore could not approach the bridegroom coming in the spiritual darkness of midnight in joyful recognition and finally came too late for the wedding.

II The three times and the seven seals

After their spiritual creation, a large part of the children of God had fallen away from their Creator in disobedience through abuse of their free will. As a result, they condemned themselves to eternal remoteness from God, that is, to death. But God in His immeasurable love made it possible for His children to return to their spiritual home. But the way was very long, difficult and painful. That is why He did not leave them alone, but revealed to them a mighty teaching, with whose help they could regain the lost spiritual paradise step by step and step by step. The teaching and educational plan was divided into three great epochs, which in turn are divided into seven stages of development, corresponding to the Seven Seals of the Book of Life in the Revelation of John.

The three times

First time.

At the beginning of the First Time, God could still have spiritual intercourse with His children through some chosen ones. They heard His spiritual voice guiding them. But when this connection was lost due to the increasing materialism of His children, God sought a mediator. He prepared a man through whom He could communicate with His people. Moses was the chosen instrument through which He announced the Ten Commandments, which were to give the guidelines for life, first to the people of Israel and later to the whole world. With the Ten Commandments and the detailed instructions, Moses symbolizes the First Time in which God revealed Himself to His children as the Creator, the only God, in His inexorable justice (God the Father of the Trinity).

Second time.

When the time was fulfilled, God sent His only begotten Son. God's Spirit became man in Jesus and dwelt among men. In His teachings, He revealed Divine Love, and with His life and sacrificial death, He gave mankind the perfect example; therefore, He was the Divine Master who fulfilled the Ten Commandments of the First Time through love, which found its highest expression on the cross, when He sacrificed Himself for mankind. Jesus symbolizes the Second Time (God Son of the Trinity).

Third Time.

Jesus could not reveal everything during His time on earth, because mankind was not yet mature for it. But he announced that the Father would send the Comforter, the Holy Spirit. This Third Age was initiated by Elijah, whose Spirit

illuminated an instrument appointed by God. It was a simple man named Roque Rojas; he was, like John the Baptist, the forerunner so that God's Holy Spirit, the Spirit of Truth, could be revealed among men. In 1866, the Spirit of Elijah proclaimed through his word mediator: "I am Elijah, the prophet of the first times, the one of the transfiguration on Mount Tabor; prepare yourselves...". Those listeners who had the gift of spiritual insight then saw Jesus, Moses and Elijah as the disciples experienced it at the transfiguration of Jesus on Mount Tabor. This is the confirmation of the three great epochs and of the fact that Elijah symbolizes the Third Age, in which the Spirit of Truth communicates itself, or: the return of Christ in the Spirit (God Holy Spirit of the Trinity). God hands over His revelations in perfect order: The teaching of love was given to us through Jesus (Second Time), after we already had sufficient knowledge of the righteousness of God (First Time). And so we will be able to take up the teaching of truth and wisdom in ourselves (Third Time) to the extent that we fulfill the teachings of love.

The seven seals

The "Book of Life" known from the Revelation of John with the Seven Seals contains the history of mankind as foreseen by God. It is divided into seven major chapters, each of which has a special seal. These seals were broken by Christ so that the light contained in the respective chapter of the Book of Life, the will and educational plan of God, could have an effect and be realized in the human world. The main doctrine of the respective spiritual stage of development of mankind is symbolized by a chosen one of God in a symbolic event, as a model and example for this epoch and all later times. - Since

the beginning of the Third Age, the "Book of Life" has been opened at the Sixth Seal.

The First Seal: The sacrifice

The Lord tells us about this in His new Word: "The first of these spiritual stages of development in the world is symbolized by Abel, the first servant of the Father, who offered his atoning sacrifice to God. He is the symbol of the sacrifice. Envy rose up against him. (U. 161, 54)

From Genesis 1, chapter 4, we know that Cain and Abel offered their burnt offerings to God. That of Abel looked graciously upon God, for it was given with an innocent and pure heart. But that of Cain was rejected by God because Cain was not pure in heart. This angered Cain very much, and out of envy and hatred he killed his brother Abel. The deep meaning of this biblical story, however, is that Abel - apart from his material burnt offering - had also made the spiritual sacrifice of his earthly-human passions to God. Therefore, his heart was innocent and pure. This purification of his being is thus the actual symbol of the sacrifice. In summary, we can say that the First Seal means that we should sacrifice our sinful passions, that the Spirit dominates matter and that we thereby attain the spiritual connection with our Heavenly Father.

The Second Seal: Faith

It is symbolized by Noah. People did not take to heart the teaching of the First Seal, but in abuse of their free will they let themselves be dominated by the evil passions of materialism. In Genesis 6:3 ff we read: "Then said the Lord: Men will no longer be punished by my Spirit; for they are flesh. I will give them yet a hundred and twenty years. . But when the Lord saw that the wickedness of men was great in

the earth, and all the thoughts and aspirations of their hearts were evil for ever. . he said: "I will destroy from the earth the men whom I have created. . But Noah found mercy before the Lord. . Noah was a pious man and blameless and led a divine life in his time. . . "

People despised God's warning and did not believe the deadline set for them for their recovery. Only one believed: Noah. He was chosen by the Lord as His instrument to start again with a new humanity after the Flood. - It took a strong faith to carry out all the orders of God, which were also quite extraordinary at that time and which people therefore laughed at. But Noah trusted His God and acted as He was commanded. For Noah, faith was not only literally but also spiritually the saving ark, and to this day, faith is a saving power for every believer. It is also no coincidence that Abraham, the other great hero of faith, lived precisely in the time of the Second Seal.

The Third Seal: The spiritual strength

It is symbolized by Jacob. God gave Jacob the spiritual name "Israel", which means "strong". Jacob or Israel encountered many adversities and dangers in his life - with which God tested him - but he was able to overcome them through the spiritual power that was within him. He became a symbol of the spiritual strength that we must acquire in order to endure the trials that God sends us with patience and devotion.

Thanks to the spiritual quality mentioned above, God chose him as the progenitor of the people of Israel, in that from his 12 sons the 12 tribes came forth. Through him, Jehovah was also able to manifest a great spiritual revelation.

From the Old Testament we know the story known as the "ladder to heaven" (Genesis 28:10 ff): Jacob saw in a dream a ladder that stood on the earth and reached up to heaven, and the angels of God ascended and descended on it. At the top

of the ladder stood the Lord. In symbolic imagery, God thus showed the development of the Spirit. Our Spirit has to become more mature and purer in order to ascend step by step. In doing so, we can see that in a single human life, so to speak at first sight, it is not possible for our Spirit to attain the purity necessary to ascend the ladder until we are with God. It takes many attempts, many incarnations, to climb a few levels higher each time, according to the maturity that our Spirit has reached. At the same time, the Lord admonishes us not to stand still on the ladder, i.e., not to constantly advance in our spiritual development, otherwise we will hinder those who come after us in their spiritual development. - The angels of God descending on the ladder are the advanced spirits of light, whom the Lord sends down to help those who ascend. Here, too, it is again expressed that God does not leave us alone on the way home to Him, but offers us His help. The way to achieve the quality of the Third Seal is to follow the teachings of the two previous ones: only through the sacrifice of the lower passions and through unshakable faith can God make the spirit spark that lives in us become a great strength.

The Fourth Seal The Law

It is symbolized by Moses. God chose Him to free the people of Israel from Egyptian bondage, and through Him He gave the people the Ten Commandments and many orders that made God's will known to the people. The Ten Commandments became the basis of all human laws, and if they had been faithfully obeyed, mankind would have taken the good path: that of true worship of God, justice, order and respect for one's neighbor. But the disregard of the divine law, that is, the disobedience of men to God's will, has brought mankind to the edge of the abyss.

The Fifth Seal: Love

It is represented by Jesus. In Him God became man out of love for us. His life was a perfect example and His teaching a single glorification of love, which found its highest fulfillment when He gave His life for us. That is why He could summarize His teachings in the words: "A new commandment I give to you, that you love one another as I have loved you, that you also may love one another" (Jn 13:34). And indeed, in this new commandment of love the whole law is contained. Its observance to the last consequence will bring the spiritual Kingdom of God to this earth. In the hereafter this is already the case, because love is the prerequisite and foundation of the spiritual kingdom.

The Sixth Seal: Wisdom

The Sixth Seal is symbolized - as a prelude and preparatory stage of the Third Age - by Elijah, the prophet and great warrior in the Old Testament, who after completing his mission went up to heaven in a "fiery chariot" (2 Kings 2:11). With this pictorial representation we are shown that the Spirit of Elijah is the light-filled warrior of God. This cherubic According to the testimony of Jesus, the Spirit was also incarnated in John the Baptist (Matth. 11, 7-14), who prepared the hearts so that Jesus could place His teaching in them. He also paved the way of the Lord in our time at His spiritual return and, as the powerful prince of angels, imparts to all spirits and worlds the light of the Holy Spirit, the Divine Wisdom, which flows out of the opened Sixth Seal or chapter of the Book of Life, whose teachings and revelations the Lord Himself manifested until the year 1950 through chosen instruments. But the time of the Sixth Seal did not end there. The light of the Sixth Seal continues to shine upon humanity until it has recognized and spiritualized the revelations of

Christ in His return. The visitations that will occur at the same time will support this development so that the Spirits can receive the truth and wisdom of God. In this way mankind will be prepared for the Seventh Seal.

The Seventh Seal: The Completion

With the seventh seal the work of redemption is completed, just as on the seventh day - metaphorically speaking - creation was finished. The Spirit has traveled the long and painful path and is once again in close contact with his Father from spirit to spirit. The disobedient son returns home to his father's house, he has overcome himself and the world. - The symbol of the Seventh Seal is the Heavenly Father Himself, who will be the finally reached goal of this difficult path of development and purification of the Spirits. The Seventh Seal has not yet been opened. Perhaps one or the other Spirit is already granted, thanks to his spiritual maturity, to experience a small foretaste of what the Seventh Seal will bring. But for all Israel and for mankind generations will still have to come and go, many years of trials will still have to break in, many tears will still have to purify the hearts, until the greatest time will have come for all: the time of constant fellowship with the Father.

III People of Israel

In the teachings the Lord often speaks of the "people of Israel", "My people" or simply "people". This does not at all mean the Mexican nation in whose midst the rallies took place. Is the state of Israel meant? - No. - In order to avoid errors, here is a brief explanation of the origin of the name

"Israel" and who is addressed in the revelations as "the people of Israel".

Those familiar with the Bible are familiar with the story in the Old Testament, according to which Jacob wrestled with a "man" during a difficult life situation at night until dawn broke. "The man" was unable to overcome him and finally said: "You shall no longer be called Jacob, but Israel, for you have fought with God and with men and you are obeying. And God renewed His promise to Jacob: "Your seed shall be like the dust of the earth, and you shall be spread abroad toward the evening, morning, midnight, and noon; and by you and your seed shall all the families of the earth be blessed," - Israel is a spiritual name and means "strong. It was to become a strong spiritual community that includes the whole people, a numerous, strong people of Israel. And God gave the Promised Land to the people to live in peace and to develop the spiritual to deepen the connection with Him. However, according to the pact made with God, this was subject to the condition that the true worship of the only God and the truth of His teaching be made known to all peoples of the earth, that is, that it be a priestly people.

The Old Testament reports vividly about the development of the people of Israel over the centuries. Soon a division within it became visible: on the one hand, the small group that we want to call the spiritual Israel, because it maintained spiritual contact with God and from whose midst the wise leaders of the people and the great prophets emerged. On the other hand, the majority, which we want to call the materialistic Israel, because it used the divine blessings of great wisdom, perseverance and energy exclusively to gain power and wealth. This disobedience to the covenant made with God often brought the people of Israel severe trials that they themselves were to blame for, for their wealth, power and pride virtually challenged the neighboring states to war

against them. In the tribulation and distress the people cried out to their God, but the repentance lasted only until they regained freedom and came to wealth.

During the many trials, the minority of spiritual Israel lived unnoticed, but full of faith and hope in the Messiah. That is why He could become a human being in Jesus in their midst, to once again make His people aware of His spiritual mission among the nations and prepare them for it. The spiritual Israel followed Him and was happy to hear His word. The majority, the materialistic Israel, hardly took notice of Him, and the official church firmly rejected Him. They expected a strong man, a mighty warrior, who would break the rule of the Romans to establish an earthly, glorious and invincible Israel. But the Messiah was humble and declared, "My kingdom is not of this world. There the disappointment was so great that they condemned Him as an instigator and blasphemer and had Him crucified. - Thus an event of tremendous importance had occurred: the visible separation between the spiritual and materialistic Israel.

The spiritual Israel gathered around the apostles, and in the small group soon matured the knowledge which the apostle Peter expressed in his words: "Now I learn with the truth that God does not look at the person, but in all kinds of people; he who fears Him and does right is pleasant to Him. - Thus not only the Jews belong to the spiritual Israel, but from all religions and nations those who believe the words of Christ and act accordingly; for it is a spiritual community and therefore not bound to nations.

The materialistic Israel in its fanatical endeavor to shake off Roman rule suffered a heavy warlike defeat, and after the destruction of Jerusalem in 70 A.D. it ceased to be a nation, and the Jews were scattered over the whole world. It was a terrible judgment that materialistic Israel caused itself by its disobedience to the divine laws and by its rejection of the

Messiah. Jesus' prophecy was inexorably fulfilled at the sight of the magnificent temple in Jerusalem: "Verily I say to you, there shall not remain here one stone upon another that shall not be broken. And further: "Jerusalem, Jerusalem, you who kill the prophets and stone those who are sent to you; how often have I desired to gather your children together, as a hen gathers her chicks under her wings, and you have not desired! Behold, your house shall be left to you desolate." - In the course of the centuries that followed, it was everywhere an unwelcome minority that had to suffer oppression, humiliation and hardships.

But now, almost 2000 years after those terrible events and the resulting visible separation between the spiritual and the materialistic Israel, a change of undreamt-of importance is again taking place. The spiritual Israel, which as a barely noticed minority among the peoples of the earth was a weak, little influential group, is being shaken up and gathered.

Christ in His spiritual return speaks to "Israel according to the Spirit". He now unites all the "scattered tribes of Israel" to equip his Spirit and send it into battle until it has reached the salvation and spiritualization of the human race. The teachings for this are the new revelations of Christ, which are collected in the 12 volumes "Book of True Life".

On the other side we have the materialistic Israel. Its pilgrimage has been long and painful since it expelled from its womb Him who offered it His Kingdom as a new inheritance. But the times of most severe oppression are over; it has become rich, and with the money it exerts great influence. It has become strong and proud, and the nationalist branch has re-established itself as a nation; the old religious traditions have awakened. It believes to fulfill the laws of Jehovah and Moses, but in reality it still worships the golden calf. It is far from understanding and carrying out its spiritual mission. This should not be taken as a one-sided accusation against the

Jews or the Israelite nation; all the nations of the earth - perhaps with the exception of small minorities - are materialized and "dancing around the golden calf. - If in this explanation the materialistic Israel is especially mentioned, it is because this treatise deals with the spiritual and materialistic Israel and states that the latter does not - not yet - fulfill the task assigned to it by God of being the priestly people among the peoples of the earth. Involuntarily we ask ourselves: how will it continue? - We must not forget that God has given great promises to the people of Israel, and He will never break them. But at the same time we must also be aware that the blessing promises that God gave to Jacob concerning his seed concern the Spirit, just as the later name of Jacob, namely Israel, is already a spiritual name. It is a mistake to believe that the promises refer to matter, that is, to the tribe of the people or to the present state of Israel. If this were so, then prophets and messengers of God would still arise in it. - But the time will come when the now still materialistic Israel will unite with the spiritual Israel and both will again form a unity, the one people of Israel. But when will this happen? - When the materialistic Israel renounces money, power and pride and recognizes the new revelations of the Lord - which will probably only be possible after a renewed all-hardest visitation - and cries out with tears of pain: Jesus was the Messiah, and Christ is also for us "the way, the truth and the life.

Teaching 1

1 In the beginning of the times I as a father gave man the task of doing good. But men turned away from the divine commandments and fell into idolatry and committed abominable acts against me. The strong won, the weak were defeated, and the man took the woman as his slave. So it became necessary to give Moses the Ten Commandments of the Law on Mount Sinai. This law contained the commandments that were to govern the people of Israel. With them he was to be told: He who kills shall take the same judgment upon himself. Whoever steals something shall return it to his brother. He who does evil shall pay eye with eye and tooth with tooth.

2 The Second Time was approaching and I came to dwell in Jesus among you, telling you in My Word, "If anyone is struck on the right cheek, offer him also the left. Forgive your enemies." And in the third time in which you find yourselves, I have come to tell you: what would you do if your father's murderer, persecuted by human justice, knocked at your door and pleaded for help? - Grant him protection. If you do so, you will prove that you have attained the spiritual development that will allow you to fulfill the divine law of your Heavenly Father, which commands you: Love one another; raise to new life the spirits that are dead to the life of grace, for every spirit is to be healed.

3 Today I come to speak to your Spirit and reveal to you the contents of the Seven Seals, the book of your history, prophecy, revelation and righteousness

4 It is I who have come to tell you that you are now living in the time that belongs to the Sixth Seal.

5 The year 1866 marks the beginning of this time of light. I sent Elijah to lift the veil of the mystery and inaugurate the time of My rallies as the Holy Spirit among mankind. Elijah

enlightened a man designated by Me, that he might be the harbinger. It was that chosen one named Roque Rojas who heard from Spirit to Spirit the voice of the prophet who commanded him in My name to call and gather his brothers* because a divine revelation was ready to illuminate the destinies of mankind. Roque Rojas, gentle and humble as a lamb, obeyed the spiritual voice and answered: "The will of my Lord be done on me.

See note 1 in the appendix

6 Roque Rojas gathered together a group of men and women full of faith and good will, and there, in the bosom of his first meetings, Elijah revealed himself through the mind of the messenger, saying, "I am the prophet Elijah, that of the transfiguration on Mount Tabor. He gave the first teachings to his first disciples, at the same time he announced to them the age of spiritualization and prophesied to them that soon the ray of the Divine Master would come to communicate itself to His people.

7 One day, when the modest meeting place of Roque Rojas was full of followers who believed the words of this man, Elijah came down to illuminate the mind of his mouthpiece and, inspired by Me, he anointed seven of these believers, who would represent or symbolize the Seven Seals

8 Later, when the promised moment of My rallies had come, I found that of these seven chosen ones, only one was awake awaiting the arrival of the pure Spouse, and this heart was that of Damiana Oviedo, the Virgin, whose mind was the first to receive the light of the Divine Ray as a reward for her perseverance and her preparation

9 Damiana Oviedo represented the Sixth Seal. This was one more proof that the light of the Sixth Seal is the one that illuminates this era.

10 In the Second Time I found a woman's womb, a mother's womb, and in the present time I rested in the pure and chaste

heart of Damiana Oviedo. Her virgin womb was like that of a mother for the people of Israel, and through her mediation I prepared the leaders, the "voice bearers" and the "workers. I made her come to the threshold of old age and told her: "You who have risen up as a fountain of love and have lit a torch of faith in your heart, rest now.

** Leaders of the churches*

*** Based on Jesus' parable of the "workers in the vineyard*

11 She asked Me to come in the Spirit to work, because she watched over My law with zeal and did not want it to be defiled; and I granted her this.

12 At the same time, I gave her another task by saying to her: Damiana, it is not My Will that the murky waters mix with the crystal clear waters Be at the right hand of the leaders, so that the torch of faith may grow daily greater in them. Rejoice and refresh yourself in this people from the place where you are. See the multitudes who love you and have recognized Me. They follow the trail you have left them. Behold, the torch is still burning. The Master has said: He who sows love reaps love; he who sows light reaps light. You have struggled to prepare the minds of the voice-bearers* and to purify the ways of My chosen ones; behold, this is your seed.

** As a mediating organ*

13 Verily I say to you, people: Damiana is the pure virgin who came in the Third Age as Mary's substitute to give you tenderness and caress Blessed are the virgins who follow this trail, for I will shower them with My grace. and it is My divine desire to transform all of you who are My children into My disciples as the moment of My farewell approaches and I want to leave you as Masters among mankind

14 Walk with calm step so that you may reach the goal of your way and be the strong ones of the earth through your humility and helpfulness.

15 Also the materialistic men of this time have called me. My voice has found spiritual resonance in them, and the master has given peace in abundance; alone, although I am with them, they did not want to receive me and wanted to sow different kinds of seeds.

16 In this moment I am receiving you and giving you My Essence and My Light which you have been waiting for so much do not condemn your brothers who are off the path of Truth, for you do not know whether you too may not stray tomorrow onto other paths I keep you from straying and give you milk and honey.

17 Today I come to tell you My Word once more to remind you of the teachings of the past but I do not come to remind you of Holy Communion in the form Jesus symbolised it in the Second Age with the bread and wine of the earth The time is over in which material bread was offered to you vicariously for My word. Today My Word is the bread and its divine meaning is the holy wine, which I am offering you spiritually in every moment.

18 Feed yourselves, feed yourselves, this is My will. Give the truth to him who feeds on the trough. Bring the unbeliever to Me and let discord and disunity disappear so that the bread of eternal life may reach all My children; for My love came for your salvation when you were about to fall. Like a lifeline in a storm, My Spirit filled with mercy will save you.

19 Whenever you believed abandoned in the hour of trial, I made you feel My presence to strengthen your faith.

20 Then your lips were silent, already ready to blaspheme, accusing me: "Lord, why do you allow my own brothers to hurt me when you say I am your chosen one?"

21 O you little children who still have not decided to be My disciples, although I have said blessed is the one who is afflicted and shows himself strong in the trial, forgiving his brother and blessing My Name; for from his being light will go

forth, which will convert to My teaching even him who denied it

22 Every good deed finds its reward, which is not received on earth, but in the hereafter. But how many would like to enjoy this happiness already here on earth without knowing that he who does nothing for his spiritual life will be without merit when he enters the same, and his remorse will then be great.

23 Little by little my teaching will let men understand the nature or the meaning of life; then this short walk on earth will be used for the good of the Spirit. But for this it is necessary that you forgive one another so that light and peace may germinate among men.

24 But if even you, my disciples, do not give an example for these virtues in this time, on whom can mankind still hope?

25 Be aware that this He tells you who gave His blood and His life for you, and who loved a crowd and forgave them, though they judged, condemned and killed him.

26 But the truth, which is life, which is love, is immortal, and see, here it is again among you in the rallies of My Spirit through the mind of a man My word of this time repeats for you that lesson: "Love one another as the Master loves His disciples. I also want to explain it so that every mystery may be illuminated and that book which I left to you as a testament and which men later concealed or closed, may be opened before you anew.

27 The Revelation of John, which because of its difficult to understand content was much disputed and partly rejected, is fully confirmed and explained by the Lord in its meaning.

28 Many veils will be torn. My word is a sword of light that destroys darkness.

29 Hidden knowledge will come to light, and unknown teachings will be revealed to you. Many mysteries will be dissolved; but these revelations you will not find in the books of the world, but in this My Word.

30 Everyone who truly wants to be a child of Light, reverently fathom the depth of My Word and there he will know his Master who is waiting for him to teach him

31 Verily, verily, it will not be the teachings of men that will bring peace to the world and save this mankind from the abyss

32 Behold the religions which deny one another and say they would proclaim My teaching.

33 Therefore, all those who are called in this time to be My messengers, My new disciples, will be cleansed and purified so that they may be worthy to bring this Good News to their brothers

34 In the Second Age there were twelve disciples who spread My teaching over the world. In the Third Age it will be twelve thousand of each "tribe of Israel" who will make known My teaching of truth and love to all mankind.

35 Where are these one hundred and forty-four thousand? - Elijah is about to gather them, no matter whether some are in the spiritual and others are incarnated. They will all be spiritually united in this divine work.

36 Great events you will see, many of them will astonish you; but I will give you the light with My teachings so that you will never be confused Study My Word, which will give you love for your Father and for your brothers. It is not necessary to belong to the one hundred and forty-four thousand to serve the Father or to call yourselves disciples of the Master. Those who belong to this number are those whose task it is to be pioneers and protectors of My work.

37 Today I come in Spirit. In the Second Time I was visible to the eyes of men because I became man.

38 Many asked themselves when they saw Me: "Who is he who speaks in the name of God? And others told them, "It is the son of Mary and the carpenter Joseph, it is the Galilean. Then they made fun of Jesus.

39 But the carpenter's son caused that those who were blind from birth could see the light, and in the midst of it the face of Jesus who had healed them. When they felt the miracle of the Master's caress, they bowed down at His feet and cried out at the top of their voices that they had recognized Him as the promised Savior.

40 Startled, the unbelievers then wondered: How was it possible that this simple man, whom they knew as one among many, performed such great miracles?

41 Today I come in Spirit, and men can no longer call Me the Carpenter's Son; but truly, I tell you that not even in those days was anyone justified in calling Me that. It was written that a virgin would conceive and that in her womb "The Word" would become flesh. Joseph, the head of the family, was only a guardian angel in the life of the virgin and the child, visible to the eyes of men; Mary, however, was the incarnation of the maternal love of God and the mother of Jesus, who was the human part of Christ.

42 With simple teachings I will gradually make you understand revelations which you call mysteries and which are not. I will teach you to pray so that in the hours of trials you may lift up your thoughts to your Father.

43 At all times you have been taught to pray.

44 Moses made you pray* during the last night that you spent in Egypt, and all the time of your passage through the desert. These are all those who were incarnated in the people of Israel in Moses' time.

45 In the Second Time, I taught you the Our Father so that, inspired by it, you should turn to your Father in your needs and always have present the promise of His coming Kingdom; that you should come to Him asking for forgiveness, questioning your conscience whether you yourselves have already forgiven your debtors in the same way.