

The Book of True Life

Teachings of the Divine Master

Volume VIII

Teachings 208 - 241

Buchdienst zum Leben

The 12-volume work Libro de la Vida Verdadera (Book of True Life) is a legacy to all humanity and is registered in the "Dirección General del Derecho de Autor de la Secretaría de Educación Pública" in Mexico D.F. under the numbers 26002, 20111 and 83848.

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Note to this issue:

This volume was processed true to the content of the above mentioned original German translation for the translation program DeepL, ProVersion, which translates into 12 languages.

So far the following volumes have been translated with it:

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The Third Testament

From the German original to the languages: Dutch, Polish, Russian, Portuguese, Portuguese-Brazilian,. To follow: Japanese and Chinese

It was available in the following languages so far: German, English, Spanish, Italian, French,

The Book of True Life

From the German Original to English: The volumes IV, V, VI, VIII, IX, XI, XII - the other 5 volumes were already available in English.

Further translations will follow.

It is the will of the Lord to make these works available to all people free of charge. It is not His will to sell this work for

money. All available volumes can be downloaded free of charge as PDF on the Internet.

It is also the will of the Lord to spread His word throughout the world. This is to be done in connection with the testimony of one's own spiritualist example. For this reason, all 6 volumes of my personal, spiritualist example that have been published so far are available for free PDF download on my homepage, as well as 5 volumes of poetry in German and English based on the Book of True Life.

The Lord called me into His service in 2017. I have recorded this story in the above mentioned 6 volumes, indicating the respective date. It contains many dreams, visions, secrets the Lord revealed to me, prophecies, predictions about current events all over the world. It is a wake-up call to mankind and for me a phase of purification and cleansing and ascension and return to the bosom of the Father.

My name, Anna Maria Hosta, is a spiritual name that the Lord has revealed to me in 2017.

Hosta, the Lord told me, has the following meaning:

Hos... (last name of my husband) - Hos - t.... (host, bread of life, word of God) and

Hos...t...A (A for my name, Anna)

My civil name has no meaning, since it is the will of the Lord that the WORD moves hearts and that they should be guided by the Word, not the messenger. The messenger is only the bringer of the WORD and this is God Himself. It is the essence of all God's own experiences with the beings created by Him, and it serves their teaching, so that they may study it to purify and perfect themselves, with the goal of returning to God and entering again into the bosom of the Father.

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Foreword

The first volumes of this work, Book of True Life, contain some historical background and explanations in their foreword, so no further explanations are given here.

Furthermore, at the end of this volume there are two books as an introduction to the complete work. The following excerpts may give the reader a small foretaste of the clear and uplifting expressiveness of the divine word: As soon as you understand that you came to this world to gain experience and to realize the divine law of love and mercy towards your neighbor, you have entered the harmony of this life. You already know through my revelations that whoever does not obey my law must return to this world until the soul fulfills the task that has been entrusted to it. (U 228, 54)

There is in you a material part which is from the earth and a spiritual part which is from heaven. There is a time when man feels as matter, and a time when he feels spiritual. When you leave this earth body and change over into the spiritual state, you will understand what you have not understood now. Your body will remain here because it belongs to the earth. But your soul will fly up to the high regions where you will continue to live to continue your spiritual development. (U 228, 69)

The souls are at different levels of the ladder, but I love them all equally and give them the means to reach the summit. In the same way, you shall love your fellow men without regard to the degree of spiritual ascent that they possess. (U 223, 72)

All created things pay homage to Me, from the atom to the star of greatest dimensions, from the most backward human creature to the most highly developed soul. You, who are familiar with all that exists on your world, see how every being and every body carries out a task and fulfills its destiny. In this fulfillment they pay homage to Me. It is the tribute of

their harmony with the whole. Verily, I tell you, all created things rejoice in themselves, even the rock, which because of its hardness and immobility appears to you to be insensitive or dead. For the Spirit of God, who is in everything created by Him, is life. (U 229, 53) The kingdom of the Spirit is infinite; but to attain the elevation that enables you to enjoy it and live in it, it is necessary to know the way and to have light to ascend to it. But do not think that I hold your earthly life in contempt: no, disciple. Why should I disdain it, since I have prepared it for you! Understand that life on the material world is also a part of life in the spiritual, infinite and eternal kingdom. (U 223, 26) If you could transform this earth from a valley of tears into a world of happiness, where you would love one another, where you would strive to do good and live within my law ☩ Verily, I tell you, this life would be even more meritorious and superior in my eyes than an existence full of suffering, misfortunes and tears, however much willingness you may have to bear it. When will you be ready to unite the spiritual life with the human life in such a way that you will no longer see a boundary between the one and the other? When will you make of your existence a single life, rejecting the idea of death to enter eternity? This light of knowledge will be in people only when spiritualization flourishes in the world. (U 219, 16)

The time will come when the boundaries of this world will be lifted by love and when the worlds will come closer to each other through spiritualization. (U 213, 61)

Teaching 208

1. The echo of my word has awakened you, and you have come from far-off lands, peoples and regions, on a long journey full of incidents, in the desire to meet the Master. And you have achieved what you have laboured and sacrificed yourselves for, because you have come to me. You have taken the first step on the way that will lead you to the top of the mountain, where I have gone before you to await you.
2. You have opened your heart like an empty book so that I write this teaching in it. Some have offered their mind to Me, also in them I have written my word in expectation that the heart will be receptive. For this light will penetrate as far as the spiritual soul, where it will find a home, which it will never again leave.
3. My word has never been as clear and detailed as in this Third Age, in which I have made it more humanly understandable. My word makes you understand what I have given you in the past two ages. Two commandments which I have left you already at the beginning contain all my teaching: "You shall love God with all your heart and with all your soul, and your neighbor as yourself. Later Jesus told you: "Love one another", and now I am continuing my teachings to complete my work among you and thus fulfill my promise to return.
4. I did not appear within any church during this time, for I came in desire for the temple that is in your heart. The solemnity of liturgies and the splendor of religious rites do not attract my Spirit, nor do they represent my Church.
5. In the Second Age, religious leaders and priests expected the Messiah to be born within the Church. But I was not born with them, for to me the stable of Bethlehem was purer, and with the shepherds I found more love and warmth in the cold winter. That is the reason why the theologians of that time

were wrong, and the rulers persecuted me from my birth to my death.

6. Today the theologians are again confused about my return, because the prophecies and announcements of them have not been interpreted correctly.

7. From the beginning there was doubt about my coming, although I had given you proofs that testified for me. In this way I have built up faith in the heart of my people.

8. In this day and age great multitudes of disciples have arisen; but in spite of their multitude they do not attain to the faith and power which those Twelve who followed Me in the Second Age possessed. But what will you do after my departure? You all know that I will continue to speak to you during the last three years of teaching which you will receive by means of the human mind. If you would really understand Me, you would have the assurance that I am with you eternally, that I speak to you eternally. But which of you prepare yourselves inwardly to feel my divine presence and to hear my voice? By 1950, the appointed time for my parting, who will have attained the necessary spiritualization to contact the Master without a voice bearer?

9. I will not be offended if you do not offer Me altars or flowers, or if you do not light lamps for Me. For what I have sought in the heart of man at all times is the spiritual altar.

10. Flowers are the offering of the gardens and meadows, their fragrance and fragrance comes to Me as a gift of love. Do not therefore deprive the meadows and gardens of their gifts of love. Light no other lamps than those of faith in my divinity. For the lighting of oil lamps will be of no use to you if your hearts are dark.

11. You are not able to understand the perfect teaching which I have revealed to you, and still less to put it into practice. Its name Trinitarian-Marian spiritual teaching says it all: spiritual

elevation, recognition of the Trinity of divine revelations, and the veneration of Mary, the divine tenderness.

12. Before the year 1948 began, I told you through countless voice-bearers: "Get ready, for I will reshape your spiritual rites. For I do not want the world to judge you as bad disciples who have made their Master participate in their superfluous customs. I have entrusted you with my perfect work, which you must not punish with your actions. Everyone who sets out to follow me is to bear his cross and pass on the truth through his whole being, as far as he is able and his abilities permit. You are not always prepared, but you should always be; for then, when you least expect it, a trial or a needy person can set in, and then you must be immediately on the spot.

13. The burden of the cross is heavy for the fathers of families. For after they have brought the new generations to the world, they have understood that this is not enough to consider their task finished. The Father's law for the first men was: "Grow and multiply". And in the present time, in which I observe a great development in the human soul, I tell you again: "Grow and multiply," but not only in material things, but in the soul, in virtues, in love. This is the law from the beginning to the end, which you are to fulfill so that you can enter my presence satisfied and tell me: "Lord, here is my spiritual and human fulfillment, here is my fruit.

14. Beloved people, the times do not allow you to stand still. The forces of nature, the pain, the war, the conflicts and the chaos tell you incessantly: "Awake and work! Let your heart be filled with this wine, which is the blood of the Master, so that it may overflow as life and as love on your fellow men.

15. Remember that my word comes from a Father who seeks you, who loves you and corrects you, who lifts you up when you stumble, and heals you when you are sick. Neither have I come on this day to give you instructions, but only to caress

you. I will make clear all your deeds in the light of your conscience, but I will not expose the one before the other, so that you may hear in silence the voice of the inner judge and remember that the disciples of Jesus are to praise the name of their Master with their works.

16. I often speak of my departure, as I did with my apostles of the Second Age: Jesus was surrounded by his disciples.

Almost all were older than the Master. While some were middle-aged, others were advanced in age. There was only one who was younger than Jesus, namely John. Once again the Master spoke of his impending departure, and in view of that announcement those men asked themselves, "Why does He speak of His impending departure when we are nearer the end? The reason for this was that the disciples could not comprehend that this man, who was full of life, love and power, could die in earthly terms. They could not understand that he who came from the Father could cease to live. But Jesus continued to speak of his parting and continued to say goodbye, so that those hearts became accustomed to the thought of separation and understood that they had to use the time and keep that precious seed in their hearts. Then one said to his Master, "Lord, if anyone tries to touch You, we will prevent it. To which Jesus replied, "What is written will come to pass, and the Father's will will be done. For heaven and earth will pass away rather than his word not being fulfilled."

17. The disciples listened with despair and sadness, and asked themselves in secret, "What could they do if He were no longer with them? How would they be able to fight among men alone? How could they bring light to the blind, cleanse the leper, raise the dead and convert the sinner? The Master read their thoughts, and on a suitable occasion He told them, "You will be in my place like sheep among wolves. But if you believe in Me and keep on the way, you will not perish.

18. My passion was accomplished, my word was fulfilled, and my apostles felt their courage and faith dwindle when they saw Jesus sweating blood in the olive garden, as if he was afraid of the people ☐ He who had power in His hands. Faced with the shouting mob, they expected the Master to silence them, since He Himself had silenced the possessed. And when the nefarious hands seized the rabbi to arrest him, the dismayed disciples asked, "Lord, why did you let yourself be arrested like a criminal, although there is no sin in you? Nevertheless they hid themselves and abandoned their Lord. But Christ continued teaching, both as God and as man. For He wanted to be man in order to set a perfect example, and to feel human pain. In Him were all fears, all abandonment. He received in His body all wickedness and shamefulness. And then came the last hour.

19. From the height of the wooden cross his eyes searched among the crowd his friends, the disciples ☐ those who had lived with Him and loved Him and followed Him on the paths. But those were not there in the hour of death, his physical eyes did not see them. Only John, the youngest, was present and stood by the Master's mother. He gave His last message to the disciple, and at that moment He consecrated Mary as the universal Mother before all mankind.

20. Everything was accomplished.

21. The disciples, united in lamentation and sorrow, sought comfort from Mary. But the Master, already a spirit being, made Himself visible. He visited Mary and the holy women, who bore witness to the apostles of what they doubted. But Jesus, who wanted to prove to them that He continued to dwell among them, also sought them out to show Himself to them.

22. The apostles stayed in a house on a certain occasion. Thomas was not among them. While those men were left to their memories, the Master came in to them through the

walls and said to them, "My peace be with you. The astonishment of the disciples was indescribable when they recognized the tone of that voice which was unique to them. 23. The figure of Jesus disappeared again, and the apostles told Thomas the news full of life and joy. But he mocked his brothers. And while he was denying the testimony, Jesus appeared again in the room with the door closed with the greeting: "Peace be with you. Thomas was fearful at first, then full of remorse in the face of the miracle he looked at the figure of Jesus, but doubts tormented him. Then the Master said to him, "Come here, Thomas, put your fingers into the wound at my side. The unbelieving and materially minded disciple put them inside and could see the Promised Land through that wound. Then Thomas fell down at his master's feet, and seized with pain and remorse, he confessed: "Lord, Lord, it is You. "Yes, Thomas, you now confess that I am he, because you have seen. Blessed are those who believe without seeing."

24. People: You are experiencing all this now. I announce my farewell to you again and again. Little by little I loosen your materialism, so that later you are not unbelievers, ignorant or confused.

25. On the last day of my stay among you, I do not want to see your hair pulled out, I do not want your mouths to cry out, "Why are you going, Master?"

26. At the last moment I want to see you wrapped in a mantle of spirituality, serenity and devotion, trusting that I have not really gone away, that I am closer to you.

27. I have told you that every eye, sinner and non-sinner, will see Me Some will see the figure of Jesus spiritually, others will feel my presence in their heart; some will perceive my light in their minds, and still others will experience miracles in their way. I will bear witness to Me in prayer and in trials. But it will not be necessary for you to see the human form of Jesus, but

to feel Me in your soul and heart. There shall be no mourning, no emptiness or desolation, no sorrow or sobbing.

28. I want you to unite yourselves at my parting, so that you may unite all your spiritual powers. With them you can represent what the Master gave you with his word.

29. When a real union is made among you, there will be signs in heaven and on earth, and the nations will know it.

30. This is my teaching word, this has been my word of love and teaching: a never-ending caress.

31. You must prepare yourselves better and better as the time approaches when I no longer speak to you through the human mind. You will seek to saturate yourselves more and more with the spiritual power that transmits my word.

Materialism is at its height. Until today the world has lived without feeling or hearing me. There are only a few who live spiritualized, who see my light and advance on their way; but how many are in darkness. Some are in expectation of my return, in them lives the faith that Christ will return to become man.

32. Disciples who have heard Me: The task you have to accomplish you have clearly in mind: to proclaim to men the good news of my coming in this time and to make known to them my revelations and teachings. You are the witnesses who know that I have come to you in the same way I was last seen in the Second Time: spiritually.

33. But before you would be able to communicate with your Lord from spirit to spirit, I wanted to communicate myself through the minds of men who were simple but gifted by me, so that this communication would serve you as a basis or preparation for your future upward development.

34. Human science with its achievements is a proof that the soul has developed, and although the way is different in each case, it has left the trace of its upward development in every era. The day will come when the sciences themselves will

contribute to the development of the soul, for everything is directed toward this goal. I tell you that the true scientist is the one who, out of love for his neighbor, searches the innermost secrets of creation until he finds the divine light. The one who works in this way will never imagine anything of his work; he will consider himself only as an instrument of the Creator. For this reason he will never deny the existence of God.

35. The time will also come when the monks who are locked up in cells will leave them because they are convinced of the uselessness of their escapism and mysticism. They will fight among the people to fulfill the purpose for which they were created. In a word, they will put an end to spiritual stagnation in order to follow the path of progress.

36 The seed of spirituality is the seed of the Third Age, which I sow among you. He gives mankind the secret to attain a better life.

37. See how men, for lack of spiritualization, misunderstand and divide themselves. They themselves have created different paths that separate the one from the other. You yourselves are witnesses of this lack of understanding.

38. Again I tell you that the war among men is not yet over. For the war of ideologies, of creeds and religions, of philosophies and doctrines will come, each one wanting to be the sole owner of the truth in relation to the others.

39. My sacrifice of the Second Age has not yet been understood by this humanity. Although most claim to recognize Christ, they have not recognized themselves in Me. Why seek Me on tortuous paths when I walk only on the path of meekness, mercy and justice?

40. To come to Me it is indispensable to love your fellow men.

41. today you still need clergymen, judges, and teachers. But once your spiritual and moral condition has increased, you

will no longer need these supports, nor these voices. In every man will be a judge, a leader, a teacher, and an altar.

42. I will see a people without rites, decrees, and dogmas, who know how to walk the right way, and who live my love teaching.

43. I give you this freedom in this day and age, for you are no longer subject to certain cult forms. This is no new way, but a part of the same way, which I had marked out for you, but which you did not know. Study, penetrate into my words, and you will recognize that in them is the truth.

44. I am love, and as love I give myself to you without putting any condition on you. In the times you are going through, you need this stimulus, this love that is above all human affection.

45. In order to attain that elevation that makes you communicate with My Divinity, you no longer need to stimulate your senses through the harmony of some musical notes, or to get excited in the face of rites or material objects. For your soul moves only that which is profoundly spiritual. Whenever you open your heart to lift your soul to Me, you experience this feeling of peace that comes down from infinity.

46. how is it possible that there are people who do nothing for their spiritual development? How can human beings exist who sink deeper than the subordinate or irrational beings? The unreasoning being does not sin, for it confines itself only to following its own laws. Man, on the other hand, does sin because he carries within himself a Light Soul, a Spirit and a gift of intuition.

47. Among those who are called to work for this work are also those who temporarily forget the way, who forget the spiritual sign with which the Lord has marked them, so that on their way they leave behind only traces of peace and blessing. How can you descend from the step on which I have set you? This is the reason why I come down continually to

speak to you, so that My Word, like a fine chisel, may smooth out the roughness of your heart, to make you understand that the union with God cannot come about unless you keep away from the impure. Only then, when you succeed in raising your thinking above all negativity, and when you seek me in the Infinite, will you experience a strange feeling of bliss. Through this you will recognize that, when you seek me in this way, the mercy of the Father will not hesitate to manifest itself in your soul.

48. Verily, in such moments you are no longer in the material world, though your body is still on earth. The spiritual soul has swung up, loosening every physical connection, to enter into another life and another space. It is there where the love of the Father is felt, where the peace and bliss of His kingdom can be sensed.

49. to awaken this longing in the recalcitrant, I turn myself into a faithful companion, until I make the good in their heart palpable to them — that feeling that will let them accomplish works that they will bring closer to me. Once they have taken this step, they have seen the immensity of the field that spreads before their eyes and invites them to work and fight. What happiness they feel in their hearts when they understand all that they did not see with the seeing eye and did not hear with the hearing ear, because for them everything was confused and they were not aware that they were called to fulfill a noble and delicate mission.

50. to all of you I say: if you are able to become one with the Master, you will feel the misery of others more and more like your own and will try to do to your fellow men what you saw Me do to you. If you sometimes consider yourselves unworthy or clumsy, it is enough for you to feel charity and turn to me so that I do what you are not able to do. The most important thing is to make a start even if the task seems impossible at first. Later miracles will happen, and faith will be inflamed.

Then gradually the hungry, the lepers, the ragged and the failed will come to your doors, misery in all its forms. But you must watch and pray, for temptation and seduction will press you and offer you the world in exchange for your spiritualization. Also will come those who try to beguile you with seemingly great words and ideas. The lusts will tempt your body and weaken your soul. You will have to face everything — sometimes alone, in other cases together with your brothers. Your weapons will be the preparation, the faith, the inherent purpose, the knowledge that you will gradually receive from the Master.

51. Thus you will become strong soldiers out of people who have been defeated by life. You will enter prepared into the time of battle that you are currently experiencing. Your soul will not despair, for it will feel that it needs this struggle to purify and uplift itself. Verily, I tell you, with everyone who can show me his work as accomplished, this will be accepted as his last work within matter.

52. Then, while your body becomes dust and your soul, now freed from its last human garment, has begun its spiritual work, it will see the stepladder on which, step by step, it will ascend the seven steps until it reaches the bosom of the Father, who is power, grace and light.

53. See: Although you have sunk into so much imperfection, while you have passed through the ways of the world in different bodies, learning the dirt and impurity, you were worthy of my love. But all this long journey was the experience your soul made to appreciate the value inherent in my laws and the value that the spiritual has — to understand that the development of the soul brings glories and perfect satisfactions. That is why I have always invited people on this path. For as long as they do not reach it, they will continue to suffer, and the false pleasures will continue to scourge them.

54. What I am teaching you is for the good of everyone who loves to receive my teaching, so that his deeds may transform him into a future master who will pass on my power and light, who must overcome the corruption of the world.

55. The wickedness of this time has opened up abysses of despair before men.

56. There are many works among men which seem to be great and good. Therefore I say to you: Watch that you may fight every deceit, knowing that an incomparable and true greatness dwells within you.

57. what greater glory is there than to share the good with others and to exercise it? What greater glory is there than the love that we can give to our neighbors, whose light and influence can help them too to take the path to perfection? What greater bliss is there for the soul than to be able to overcome the weakness of its body in order to rise higher from the level it is on?

58. Already in the Second Time I spoke to you of spiritual life, and your Spirit understood a part of what I spoke and of the purpose for which it is destined. Today, when I see you gathered around Me again, I reveal and explain to you everything that was incomprehensible to your mind. And I tell you once again that whoever wants to follow me should take up his cross and follow me. For my cross does not mean death, but love and selflessness, sacrifice of superfluous goods for the good of the soul.

59. Disciples, acquaint the children of today with my teaching. Everyone who has understood my word should form his children with high ideals and remove all evil from their hearts. Sow in them the seed of goodness, which is spiritual. Once these children have sufficient understanding to comprehend the effect of my teaching, they will not waver in their path, but their step will be sure and no one will be able to deceive them.

60. Like a sun that radiates life, light and warmth, I have poured out myself on all. But everyone will receive from it according to his development and preparation.
My peace be with you!

Teaching 209

1. As the appointed time approaches, as this way of giving you my teaching ends, you penetrate more and more into my Divine Message.
2. You know that while I have brought you my Word, the world has been living without feeling or hearing me
3. There are few who have known of my coming. The rest of mankind lives in the expectation that when I return ² as promised ², I will do so bodily, that is, I will become man again.
4. Only you know that you are already in the Third Time, in which I speak to you through those chosen as the voice bearer of my word.
5. Human science gives you proofs of its unfolding. Recognize that this too reveals spiritual development. In every age man has left his mark of progress, which those who come later gradually make their own.
6. Science is light of my wisdom, which reveals its secrets to men. The scientist who possesses a superior soul will not seek me by rites, for his gift of science will constantly bring him closer to the Father, who is the divine science. This man will never boast of his work because the more he discovers, the smaller he feels. Nor will he be able to deny my existence, because at every turn he will see the trace of the Creator in nature.
7. Disciples, also in you I have placed gifts which you are to develop, so that you may be those who, with simple words but full of truth, anchor this teaching in the hearts of your fellow men.
8. The seed of spiritualize, which I have always sown in the world, I will also leave once more in this time This seed contains the secret for a better life.

9. If men today fight among themselves, if they are divided into doctrines of faith, into classes and into races, if men do not love one another, nor understand one another, nor have mercy, it is because my seed of love does not germinate in their hearts. But in this time, when I descend on the fields like a dew of grace, my seed, guarded in the heart of every human creature, will germinate and bear fruit.

10. Just as I announced to you in the Second Time my coming, so today I announce to you the war of creeds, worldviews and religions, as a foretaste of the establishment of my Kingdom of spiritualize among men

11. My word, like a fiery sword, will destroy the fanaticism that has enveloped men for centuries. It will tear open the veil of their ignorance and show the bright, shining way that leads to me.

12. Once mankind, thanks to its renewal, is receptive to the spiritual, it will no longer need the severity of the laws, nor the justice of the earth, both spiritually and earthly, to behave well, because then every man will be able to be his own judge.

13. My teaching introduces neither dogmas nor rites; it inspires only what is good. My spiritual teaching does not subject anyone to certain cult forms; it is a constant invitation to the path of truth.

14. You come into the shade of the mighty tree, where ☩ as you know ☩ is he who offers you the bread of eternal life, that food which gives you strength to survive the journey of life.

15. "The Word" has come to you to open a new age.

16. All the time I have sent you spiritual messages that call you to upward development. For the body matter chains the soul to the earth like a heavy chain link.

17. In the course of your development you have finally understood that your fate does not depend on matter, but on my will.

18. Man does not always agree with my intentions, and he shows me his rejection and disobedience. Many times already he has called me unjust and has tried to interfere with my high counsel. Others doubt my power when they do not get from me what they desire, and afterwards, when they have obtained it after all, they attribute it only to their efforts. Therefore they finally consider themselves gods and kings and forget him who put a spiritual soul in man and surrounded him with a wonderful nature.

19. Could man with all his science create something of what I have created? No, people.

20. Human science has its limits, but God the Creator has not. Science is light, but in the hands of many people it becomes darkness. In the universe, however, everything bears witness to Me. All kingdoms of nature tune their song to life and love. But regardless of the fact that I say to you through all created things, "Here am I," you seek my image in imperfect works made by human hands. Then you bow down before them and worship them, whereby you hinder your soul from every elevation.

21. I give you love, for I find no man whose heart opens a little to make the suffering of strangers his own. Those to whom I entrust wealth and power to serve their neighbors refuse all compassion, and even those who claim to represent me on earth, surrounded by luxury and dressed like kings, close their ears and heart to the lamentations of him who longs for love and mercy.

22. These are not my ways. The narrow way, which I have marked out, is the way of good. Therefore I say to you once more: My word is my way, because it always speaks to you of righteousness, morality and love.

23. I make your heart sensitive to imprint my teachings in it and you really feel nourished by the bread of eternal life.

24. I love all equally. Yet not all will hear Me in this era. As in the First and Second Times, I have chosen a place on earth to gather there those who are to hear Me.

25. In every religious community, people take the lead of those who call themselves my messengers, my chosen ones, my favored ones. But I do not see a righteous one through whom mankind could be saved. There is no mouth that could speak as I spoke to you in Jesus in His day.

26. People are torn in the midst of a hurricane, and in their chaos they suffer and groan in the face of the threat of war.

27. Those nations could have been fed spiritually by my words of the Second Age while I was returning, but that bread was hidden or falsified. And so you see some people moving freely, others indifferent, most fanatical and hard-hearted.

28. When will the wealthy rich man be ready to distribute his riches among the poor?

29. When will the magnificently dressed man be ready to take off his garments to cover the naked man? Humanity is hungry for models and needs justice and mercy.

30. Men have forgotten that I have renounced my kingdom to live among you and give you all that is in Me. Where are my deputies who really take me as an example?

31. To you I say: I have called you to make you heirs again, and give you authority to heal the sick with the balm of my love, which is my own blood.

32. Recognize yourselves so that you may understand that even without merit I have made you worthy of my grace and look at those human beings who, like stray sheep, raise their lament. See how the men come home empty-handed, hear the voice of pain and despair.

33. Look at your hands, in them you will find power and comfort to ease these sufferings. Why do you doubt this grace? Let the light of faith burn in your hearts until it becomes a torch. Do not close your hearts, for then you too

will become rich misers. Know that you must bear witness to me and speak of me. But if you should not do it, the stones will bear witness to me.

34. I am power and righteousness, but do not wait until I give you these lessons by means of pain or the unleashed forces of nature. Hope that my Divine Radiance surrounds you and that my love will bless you forever.

35. My Divine Spirit comes to you to alleviate your sufferings. For you have been greatly tested in your way. The Master of humility comes down to bring you his teaching and comfort.

36. At times I call you to account for your lack of fulfilling my law. For I gave it to you long ago and with it I have marked out for you the perfect way.

37. It is no longer timely for you to hide my teaching in your heart. Learn to see and feel me, so that you do not fall into error.

38. I have made you owners of infinite glories; but you do not know how to make your fellow men partakers of them.

39. It has been necessary to repeat often the lesson I have been giving you since 1866 so that it may be impressed upon you. Through it you know that I never cause you to regress. I stand lovingly by you to bring you on the right path. I have spoken to you in your language with greatest simplicity to make Me understandable and so that you can grasp My word.

40. I see that you have stopped halfway, and that your upward development is meager. But turn around and look at the world that sheds tears, at the unbeliever who mocks my word. See also him who thirsts for love and light. But you, disciples, cannot claim to be ignorant, nor sick, nor needy or weak. For it would mean to deny everything that I have given you. Therefore, you must remember that of my words: "O you of little faith!

41. There are but a few hearts that have been able to rise up and hear my word where it is. And many are those who ☐

instead of raising their soul to me ☞ only come here to show me their earthly life with its misery and distress. This is the reason for your weakness and the lack of unity among the people. When will you forget yourselves and ask me for the world?

42. The mothers weep because their counsel is not followed by the children. The desolate city shows Me the desolation of its existence. The wife shows Me her heart that is not understood by her partner. But you all forget that this is the way that leads to the Promised Land: that of sacrifice. "In my hollow hand lies the fate of each of you."

43 Be devoted, and when you suffer greatly, I am with you.

44. Do not make your pain even greater by judging by your own standards what only I can judge.

45. Remember that I love you I am not indifferent to your sufferings and truly understand you. See, you are so close to Me, and yet you commit so many transgressions. But I forgive you.

46. Some, faced with the burden of their trials, doubt My presence, stray from the right path and turn to the one they left behind ☞ in the hope of recovering what they think they have lost But they turn their eyes again to my work when they see their hands empty and their Spirit powerless against the great worldwide sufferings, the plagues and death that knock at the doors of the nations and threaten you as well. For the foreboding of a new war worries them.

47. Do not be like those unbelievers who demand proofs from me to believe in my existence, who say to me, "Make the war end immediately, shower all tables with bread, then I will believe in you.

48. I tell you once more that you have only three years left until this rallies to you ends, and that you must use this short time to invite the world with its churches and sects into the

way of light and spiritualize, where all can come into contact with me from Spirit to Spirit.

49. This will happen when fanaticism and idolatry will be eradicated from the heart of the nations

50. You will then be like sailors in a raging sea who trust in their lifeboat.

51. I will also make a call to all those who belong to the tribes of Israel and are widely scattered, so that they too may fulfil their mission. Then mankind will hear my voice and see the radiant light of dawn that illuminates all the inhabitants of the earth.

52. Become not accustomed to my word, and when you hear it, pay no attention by what voice I convey it to you. Enter into it and grasp its meaning so that your gain of knowledge may be perfect.

53. The meaning is the expression of the divine.

54. Now what you hear and see is not the usual liturgy, nor a rite that impresses your senses. For the solemnity of this rallies is within your soul.

55. At these moments you are not within the four walls of this place of meeting. Rather, I have waited for your spiritual elevation so that you may attain communion with my divinity in the true inner worship. I have allowed you to build these meeting places so that you may find in them devotion, silence and collection of your thoughts, thus attracting my divine ray. But these four walls are not my temple. These meeting places are places for your gatherings. For the true temple, my sanctuary, is in your heart.

56. You ask Me if these meeting places will disappear after 1950 and I answer you: No, you do not know how long I grant you these places. For as long as there is not among the people the knowledge of my work, the exaltation and the perseverance in my law, you cannot renounce them. After my farewell you will gather on the day dedicated to rest ☩ not as

a tradition or for commemoration, but to remember and interpret my word and that of the spiritual world. So that you may give each other true testimonies of my miracles on your ways; so that you may remain united in love for me and offer me a pleasing reverence and your hearts may not grow cold nor become tired of me, fanatical or materialistic.

57. You do not know how long I still leave these places of assembly to you. Because after 1950 new ones will continue to be founded ☐ not so that my word sounds in them through the voice bearer, nor so that the spiritual world adjusts ☐ because these times will then be over ☐ but so that my word and my teaching will be imparted in them purely and unadulterated, as I have given it to you. In this atmosphere of peace there will be my presence, that of Mary, the presence of Elijah and the spiritual world. There the sick will be healed, the blind will open their eyes to the light, the worldly respect will be known, the sinner will repent, and all will receive what they need so that the crystal clear water, the good fruit and the good seed may spread.

58. You do not know whether in the present incarnation you will get to know the true temple of my divinity. But you have the task of preparing the way. If you do not reach the goal, at least leave the way prepared for your children, or so that their children can enter the temple of my divinity. Then you will understand that my presence is not only present in these places of gathering, that your soul should not only worship in them. You will realize that the temple of divinity is the universe, your heart is the altar, your faith is the lampstand, your faith is the candlestick and the offering. Creation is also a temple, even the dust on which your feet step. The mountains are altars that rise to Me. The valleys with their mats and their flowers offer their sacrifice to Me. The royal heavenly body, all the stars and planets are worlds that pay Me their tribute of love, and everywhere you go or look is My

Divine Spirit as Father. So recognize that you live eternally within the temple.

59. Everyone carries a temple within himself, and your home is also a sanctuary, for in it dwells the human family, which is like the spiritual family. There in the bosom of the family is my best temple.

60. But today I see that the true light is not understood by those who go far from the way. I see that the only place where they rise to Me is the material church.

61. I see the chaos in humanity, the disregard for human and divine laws. My teaching was hidden in this time and was considered something that belongs to the past. Therefore, people fail, the institutions fall apart and mock the sacred. This is how I find people: rejecting each other, destroying each other, killing each other, confusing the soul with the body, the divine with the human and the light with the darkness.

62. In this time of confusion and evil I have chosen a misunderstood and inferior nation: the Mexican nation, to make the call to them and to the chosen ones who live in other nations, to gather them around Me, to smooth them with the chisel of My Word, to give them tasks, and then to send them prepared and full of love as ambassadors of My Work throughout the world

63. This is the responsibility that rests on the crowds of people who hear my divine word.

64. I purify my people and remove their imperfections. But this purification will not only take place in your spiritual activities, it will also affect your homes. I have appeared like a whirlwind, and its power 'causes all bad fruits to fall down, so that in the foliage of the spiritual tree and the human tree only the good fruits remain. For the time of trials is approaching, in which men will question you.

65. My work will be considered a new sect. Men will interrogate you in your private life, at home, at work, in all your duties, and then, if you are not prepared to bear witness to me, if you do not confirm my word with your deeds, you will be like those hypocritical Pharisees who hid the rottenness of their hearts under their blameless mantle.

66. The judgment of your Lord will take place in the last year of my being here, especially the day of my departure will be felt by all and seen by every eye ☩ that of the sinner and that of the sinless ☩ I prepare all of you so that you may be true bearers of my Word ☩ of the Word that the Holy Spirit brought to you in this time.

67. Keep calm and peace of mind because you have entered the time of the battle which I announced to you long ago. This fight will take place among yourselves. In it you will take up the same weapons. Those who understand and love me will take up their weapons for my cause. Those who have not understood Me, they will take up arms for their own cause. But in the end the truth will triumph. Some time ago I told you: Remember a parable of the Second Time: "Let the wheat and the weeds grow together and do not mow until both are ripe, so that the wheat can be sorted out and then throw the weeds into the fire. I, the Good Farmer, have made grow in your hearts the wheat of my word together with the tares of sin. But now the time has come to mow with the sickle of my righteousness, so that in the heart of my workers and in the bosom of their homes alone the seed of truth and love may remain.

68. You do not get to the bottom of my teaching, and therefore the trials come as a surprise to you. This is the reason why you are divided and do not understand each other; for when my word was confirmed, you were not prepared. I am still preparing you so that you may be calm and at peace and allow the whirlwind to tear off all bad fruits.

For everything that does not give life, fruit, or shade, will perish. Under the violence of the storm wind many trees will fall, many workers will turn their backs on me, many church leaders will give me back the task entrusted to them. But my will will set you straight.

69. The time will come when all those who have turned their backs on Me will awaken and repentantly return and tell Me, "Master, how pure is Your work.

70. What is happening today in the bosom of this people is happening in all nations of the world. I have appeared with my sword of righteousness to all, not only in this world, but also in the spiritual world and in every place where an imperfect soul dwells, to enlighten, purify and perfect it. The same one who speaks to you at this moment spoke to you in the Second Time. Of all the multitudes who heard Me in Galilee, I chose only twelve, and through them I spread My teaching over the world in great distances. At that time the word of Jesus appeared to many as a fantasy. Even today there is no shortage of those who think the same of the Spirit of Truth. But heaven and earth will rather pass away than my word not being fulfilled.

71. Who could persecute you, or accuse you as criminals, or slander you, if you keep my teaching? But you will teach only what I have taught you: Love, inner worship, knowledge of the true temple of my divinity.

My peace be with you!

Teaching 210

1. I come to deliver you from the torment into which your materialism has plunged you, and bring you the light with which you can light your way.
2. You are the people of the Third Age ☐ those who will really recognize the reason for their lives, and I help you to gain this knowledge with the help of my revelations.
3. You are the people of the New Era, in which my kingdom seeks your heart to be built up in it; in which you will make the good your spiritual ideal and learn that the best prayer is that of your works
4. Love and truth belong to the spiritual soul; wisdom springs from it, because it was created to love and know its Father.
5. I, the Master, shake you up with the memories of your spiritual past, which your heart does not know because they belong to your spiritual soul, when it lived its true existence, when your world was another, and you did not yet dwell in the body you have now, which is the touchstone, anvil and lesson for the soul.
6. I bring you memories of the Spiritual Life hidden behind the veil of your physicality to tell you that that life awaits you again, so that you may enjoy it fully after your pilgrimage, experience and development.
7. When you are back in the eternal homeland and feel the bliss of living in it, you will not tire of blessing this world of tears to which you came to learn to appreciate the bliss, the peace, the light
8. My return ☐ now in the Spirit ☐ has the purpose of reminding you of the way of the Law which will unite you with the Absolute, which will make you enter into universal harmony When you then form a part of that divine harmony, when you then feed on the bread of my wisdom, you will truly know who you are.

9. What in the world could make you cry if you are above the miseries of human life? Neither the sufferings, nor the hardships, nor the moral trials, nor the forces of nature ☹ nothing will be able to defeat or discourage you once you have attained true spiritualization.

10. Your sufferings will be for the sake of others, your sorrows will be for the salvation of all men, and whenever you see the salvation of a human being, you will feel the light of the Father illuminating your inner being, and you will bless the day when you have taken the first step on the way.

11. My word is the spiritual way which you must walk with all your senses, all your mind and all your love, if you want to know where you have come from and where you are going.

12. No one knows each other yet. If you do not even know your body ☹ how do you want to know your soul? But you will know each other to the extent that you apply my divine teachings.

13. I teach you through the Word, for it contains everything, since it comes from Me, who am I "The Word. Learn to speak of the spiritual in such a way that every word you address to others goes from your heart into your brother's heart as if it were a pearl, a jewel of inestimable value.

14. Learn to speak to souls, teach them to hear the voice of their conscience, make their senses sensitive through my teachings

15. Behold how all my sayings lead to the way that points the way. Though you look at them superficially at the moment, tomorrow, when you can enter a higher level, you will discover only essential things in my words.

16. I do not come down to you, people. When I tell you that I have come down to you, this is meant symbolically. For my rallies are made by an inspiration that becomes thoughts in the minds of these voice-bearers. Since I know that the moment you hear these messages, you cannot understand

them, you cannot even remember them, I have ordered that you write down my words so that what you do not understand at present you may gradually understand tomorrow.

17. Apparently my rallies are not very impressive at this time, because their splendor is spiritual. But you will still feel the glory with which I have come to you, and you will see this teaching perform the miracle of saving mankind through spiritualization.

18. The spiritual temple, which is built with love by the children of the Lord, is supported by many pillars. Each of them will be one of those who stand firm in the way of my law.

19. Do you not think it possible? This is because you do not yet have faith in yourselves. I, however, have faith in all, have always had it, and that is why I have entrusted you with new and ever greater revelations over time. Verily, I tell you, the day is not far off when you will give teachings of deep wisdom to your fellow men ☐ but not through the Word that is studied, but through that which springs from the Source of the Spirit when he is in communion with the Divine Master.

20. Why should it not be possible for good feelings to sprout from unfruitful hearts? Why should it not be possible for water of grace to flow from the heart of one who has sinned, to quench the thirst of those who suffer?

21. You are not only organs of understanding that think today and not tomorrow. You are not only flesh that lives today and soon ceases to exist. For me you are above all eternal souls, children of God, and that is why I draw the way for you, which really corresponds to you.

22. I will withhold from you nothing of what I have put into nature for the preservation, health, sustenance, welfare and delight of my children. On the contrary, I say to you: Just as I offer you the Bread of the Spirit and invite you to inhale

divine essences and saturate yourselves with spiritual outpourings, so you must not misunderstand nor turn away from all that nature gives you. For in this way you will attain harmony, health, strength, and therefore the good fulfillment of the laws of life.

23. Thou knowest that I am your guide, people. But tell me: If I am your leader ☐ you already feel me in your hearts, do you already obey me, do you already obey my commandments and my laws? If I am your guide ☐ up to which point do you obey Me?

24. The voice of conscience answers from within you and tells me that your willingness to sacrifice is not absolute, that your obedience is not constant.

25. Do not forget for a moment what I say to you in my words: whoever obeys my laws experiences my peace. Therefore those who know my word do not feel lonely nor sad. For the words "misfortune", "damnation" and "death" do not haunt them like a threat or like a shadow over the peace of their soul. They strive to know the truth, to live in the light, to attain health, peace and wisdom forever.

26. Those who come to Me in the path of My teaching know that they cannot stray, for a divine light guides them. It is that light that gives them the certainty of the goal and the true meaning of their life.

27. My way is the way of good, disciples. Walk it step by step and sow it with good works, good thoughts and good words. But never recalculate your good works; on the contrary, I advise you to record your bad works, words, and thoughts in the most exact way, so that you may make fewer and fewer mistakes.

28. Leave the good seed which you have reaped to Me and take the bad seed from you. Examine it so that you may know the reason for your weakness. Take care that it is not mixed with the good grain and then spoils it.

29. Only goodness can give peace, joy, health, understanding. Therefore he who is full of love will be great in Spirit.

30. This is what I taught you when I lived with you in the world and I remind you of it today Just as I healed the sick in Jesus by touching them with my hand, so I am touching them in this time to restore their health and to let them once again share in the miracle of life.

31. Today I have no material hands to touch your sick body because I come in Spirit But the Spirit can likewise touch you with his love and make his presence palpable to you.

32. The blind people of that time $\square$ soul-blind $\square$ shed the blood of the Master and pierced the hands that healed by touch, that stroked and blessed; but they could neither destroy, nor take captive, nor nail down my Spirit. He rose above the wretchedness of men and promised to return. For at that time he was not recognized, nor was his word understood as the highest truth.

33. Here I am in fulfillment of my promise and expect mankind to recognize me.

34. But if I would ask you What became of that blessed body in which Christ dwelt? Could you answer me? I will have to tell you myself that that body, which was an instrument of Divine Love, after it had finished its work, after its lips and also its eyes had closed forever, was handed over to the earth to finish its task as a human body. But when the earth had received him in its bosom, the components of that body, whose cells were permeated only by love, were distributed in infinity, to descend afterwards as life-giving rain upon just those men who had spurned the life that the Redeemer brought them. When you think that God Himself became man to live with you, you will falsely imagine that you are so much loved by the Father, and then you also think that you are the masterpiece of the Lord. But verily, I tell you, there is no work of the Father that is not masterly, and besides, you must

know that there are souls whose perfection, beauty, and sublimity you cannot even imagine.

35. Beyond you there are works greater than those which you know here, and also works of your brethren which are greater than the works of men.

36. Why believe that man is the greatest thing that exists today among the works of the Lord? You are only small creatures who have come a long way in your desire for true greatness.

37. Great and perfect are you inasmuch as you are my work. But as far as your works are concerned, you are still very small and imperfect. Therefore I reveal Myself as Master among you to give you new revelations that will bring you to the summit of goodness, knowledge, love and unite you harmoniously with all that is perfect.

38. How shall there be perfection in your world when there is pain, when there are the needy, the vicious, the injured, the oppressed, when there are the haughty, the selfish, and even murderers?

39. Bliss is the prerogative of the high homes; but in your world I do not yet see bliss.

40. Today I leave you with this word my new message, that you may rise to a new life

41. Make your peace, make your world of bliss, using the power of my teachings for this.

42. Though you have struggled a lot to get comforts, enjoyment and progress But your goals often include selfishness, bad excessive striving for power. Instead of gaining happiness or peace, you then reap pain, war, and destruction. That is what you reap in this day and age.

43. How should your works on earth be perfect when I see you hostile to the elements of nature, which are the very ones on which you live?

44. My teaching will not prevent you from using the elements and powers of nature, but it is called and teaches you to use them for good purposes.

45. The forces of nature can change in your hands from friends and brothers into judges who punish you severely.

46. It was long since time for men to reap the fruit of experience, that they might no longer challenge the forces of nature. For with all their science they will not be able to stop them.

47. O mankind – always far from me! Despite your forgetting, my memory does not detach from you, world soaked with my blood: I bring you my love anew.

48. Do you remember my exemplary deeds in the Second Age? – Listen:

49. I was outside a village when the emissary of a mighty man came to Me, saying to Me, "Lord, how long did I have to walk to reach You! I told him, "Blessed is he who seeks Me, for he will always find Me.

50. "Before whom do you stand?" – I asked him. "Before Him who heals all sufferings by His power. Are you the Son of God?" Then I answered him: "I am the beginning and the end, I am the resurrection and the life, I am He who came down from heaven to earth to save you. Do you see these people who follow Me through lands, provinces and villages? Likewise, you will follow Me tomorrow, taking off your splendid mantle and mingle with the common people and the poor. Verily, I tell you, you have come to call Me in the name of your Lord, who desires that I heal him from his leprosy. Is it not so?" That person was affected and felt fear. But I told him, "Do not be afraid, I have only spoken the truth, for this is what I came into the world for.

51. Then that servant said to me, "Lord, since you already know, come to the house of my Lord who calls you.

52. "O man," I told him, "tell your master that it is enough for Me that he has believed in Me. For when you come home, he will already be pure."

53. That man departed, and soon his eyes, which shone with joy, became witnesses of the word of Jesus. Then Matthew came to me and told me, "Master, a woman is asking for you. "I already know," I answered him, "it is Mary, the Magdalene, who seeks Me to free her from the influences of the Spirits who have made her possessed. The disciple was surprised that I knew everything.

54. I was on my way to a village when I saw Mary coming to Me. "O beloved Son, I know that your mouth has announced your imminent departure, and although my heart already knew it, I must at least tell you that I suffer infinitely for the sake of mankind." "Yes, so it is written," I answered her, "and so it must come true. My sacrificial death is necessary, the seed must die within the earth, so that it may bear fruit and multiply. The blood of your Son, which, when shed, will cause your heart very great pain, will be like a river of life for those whom I leave behind as your children. My death will be life, and not for a moment will you and I be separated.

55. "I go now to the house of Lazarus, for he will soon sink into the grave. But I will bring him back from there, that the name of my father may be glorified."

56. "You too, go there, that your presence may comfort those women. For their pain will soon be great, and in your love they will find very sweet comfort."

57. I returned to unite myself with my disciples. These were already the last days of my remaining among them. I made them understand this so that they would not be surprised. Peter wept and silently received my instructions. John squeezed my hands between his own when it was announced to him that he would stay with my mother, so that both would comfort each other in the hours of trial.

58. Thaddaeus was already suffering in the thought of separation from the Master, but I was still among them. The moment was tender and painful, more than lips spoke the souls. But I was "The Word," and my word had to relieve the immeasurable pain that had accumulated in those hearts.

59. I said to children as a father, to brothers as a brother, to pupils as a teacher: "O disciples, you have drunk with Me the water of thirsty pilgrims, you have endured the hardships of the long distances in the desire for my words and my works. Verily I say to you, although I will vanish from your sight, I will not leave you. If you want to carry Me in your hearts, put up with My death so that I may live in you and speak through your mouth.

60. "Disciples, listen to Me until the last of my words." Then a magnificently dressed woman came to Me. It was Magdalene, who had been looking for me for a long time to find in my eyes the light that could save her. In dreams she had seen the Nazarene freeing her from her impure burden. She came to Me, driven by her soul hungry for light and salvation.

61. She fell down before Me to the astonishment of all present, and when they expected that I would turn away from her or at least address a word of reproach to her, I said to her, "Why are you weeping? ¶ You are crying with pain and with joy. But I forgive you much, for you have sinned much."

62. At that moment all the chains which bound that creature to the world fell off from her, and after she was free, she followed my trail like the most faithful of my disciples.

63. That woman, who had been the disgrace and blemish of her home and the ruin in the lives of men, was transformed by a word of forgiveness into the Master's most humble servant and later became the loving support of Mary when the hour of pain came for both of them.

64. I, who hear the voice of souls, heard that that woman asked Me: "Lord, is it possible that I, with all my sin, am

worthy to be with You in this last hour You announce? Is it possible that I really serve You? ¶ "O Woman", I answered her, "Rise up, for you are pure now. Cover yourself with the mantle of humility and return to your own. Seek Mary and follow her."

65. After that, when I saw the surprise written on all the faces, I said, "I am the light of the world, who came to illuminate the way of him who is lost in darkness. I am the Deliverer who breaks the chains of the captives. You have seen that which you had not yet seen, and now you have seen it. But the moment is not far away when you will all feel my life vibrating in your being."

66. I left that estate, followed by my disciples. But I stopped in the shade of a tree and told them, "The moment is drawing near, but you can still enjoy the fruit of my word. Certainly you will be left like sheep among wolves, but you will not succumb because my mantle will cover you. See how great the multitudes are; you will feed them as I did in the wilderness, and you will multiply bread as I showed you.

67. So I spoke to you through Jesus, caressing each one of my disciples while their eyes shed tears and they expressed to Me in their hearts feelings of tenderness and made countless promises to follow Me

68. Today I do not want to remind you of the last three days I spent in the world this will happen on another occasion, blessed people, where I will speak to you about the Last Supper, about my last stay in the Garden of Gethsemane, where I retired to pray, and finally I will speak to you about my sacrificial death
My peace be with you!

