

# **The Book of True Life**

Teachings of the Divine Master

Volume IX

Teachings 242 – 276

# Buchdienst zum Leben

The 12-volume work Libro de la Vida Verdadera (Book of True Life) is a legacy to all humanity and is registered in the "Dirección General del Derecho de Autor de la Secretaría de Educación Pública" in Mexico D.F. under the numbers 26002, 20111 and 83848.

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## **Note to this issue:**

This volume was processed true to the content of the above mentioned original German translation for the translation program DeepL, ProVersion, which translates into 12 languages.

So far the following volumes have been translated with it:

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## **The Third Testament**

From the German original to the languages: Dutch, Polish, Russian, Portuguese, Portuguese-Brazilian,. To follow: Japanese and Chinese

It was available in the following languages so far: German, English, Spanish, Italian, French,

## **The Book of True Life**

From the German Original to English: The volumes IV, V, VI, VIII, IX, XI, XII - the other 5 volumes were already available in English.

Further translations will follow.

It is the will of the Lord to make these works available to all people free of charge. It is not His will to sell this work for money. All available volumes can be downloaded free of charge as PDF on the Internet.

It is also the will of the Lord to spread His word throughout the world. This is to be done in connection with the testimony of one's own spiritualist example. For this reason, all 6 volumes of my personal, spiritualist example that have been published so far are available for free PDF download on my homepage, as well as 5 volumes of poetry in German and English based on the Book of True Life.

The Lord called me into His service in 2017. I have recorded this story in the above mentioned 6 volumes, indicating the respective date. It contains many dreams, visions, secrets the Lord revealed to me, prophecies, predictions about current events all over the world. It is a wake-up call to mankind and for me a phase of purification and cleansing and ascension and return to the bosom of the Father.

My name, Anna Maria Hosta, is a spiritual name that the Lord has revealed to me in 2017.

Hosta, the Lord told me, has the following meaning:

Hos... (last name of my husband) - Hos - t.... (host, bread of life, word of God) and

Hos...t...A (A for my name, Anna)

My civil name has no meaning, since it is the will of the Lord that the WORD moves hearts and that they should be guided by the Word, not the messenger. The messenger is only the bringer of the WORD and this is God Himself. It is the essence of all God's own experiences with the beings created by Him, and it serves their teaching, so that they may study it to purify and perfect themselves, with the goal of returning to God and entering again into the bosom of the Father.

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## Foreword

At all times God has revealed himself to mankind — in the past as well as today.

The purest and highest form of communication between God and man is that of Spirit to Spirit. But since the majority of people were not and are not inwardly prepared for this, God has taken transmitters who revealed his Holy Word to the people in the form of laws, rallies and teachings: In the first time through Moses, the patriarchs and prophets. In the Second Time through Jesus and his disciples and apostles. In the Third Time — of today's — by a multitude of voice-bearers during the years 1884 to 1950 in Mexico, where people of the common people met in simple meeting places on Sundays to listen to the Word of God.

In the last ten to twenty years before 1950, these divine rallies were stenographed, and during the 1950s they were collected from the various meeting places. Of these, 366 teachings were selected and published in 1962 in a 12-volume work under the title *Libro de la Vida Verdadera*, in German Book of True Life.

Each of these teachings represents a harmonious unity of the divine teachings, at that time addressed to the listeners in Mexico, but they are — as it was repeatedly emphasized — a legacy for all of humanity today and for future generations. It is not the letter of the divine word, but its deep, inner meaning that elevates man and is food and balm for his starving soul. At the same time it serves as a guideline for his behavior in daily life.

Hearing the divine word is the first step on the path to perfection. It awakens in us the heart's desire to internalize what we have heard and to apply it in our daily lives so that we can fulfill the divine commandment that was given to us by Jesus 2000 years ago: "Love God above all things and your



neighbor as yourself. This is the true worship service, which leads to inner peace and thus to peace in the world. Since a single earthly life is generally not enough to "become perfect like our heavenly Father", we have received through the law of reincarnation — a law of divine love, mercy and justice — the possibility of the gradual unfolding of our soul and of making amends.

In many teachings, the Divine Spirit admonishes us how important true spiritual prayer is for us to come ever closer to God, to finally communicate with Him from Spirit to Spirit, and also to place everything in our daily lives in His hands. In the Second Time, the Divine Spirit taught us the Lord's Prayer through the mouth of Jesus. In today's Third Age, God recommends to us an even shorter prayer that contains everything that we do not even have to say aloud, but that we may address deeply felt in our hearts as an inner longing to our Heavenly Father: "Lord, Your will be done on me. May the reading and studying of Volume IX strengthen our trust in God's love, wisdom and omnipotence, give us strength and inspiration to be a beacon for our fellow men in stormy times.

## Introduction

No one else will be able to express the deep feeling and the experience of his inner and also outer personal transformation better and more convincingly than a direct contemporary witness, who for many years himself was a voice bearer at the divine rallies in Mexico: "I had just completed my 21st year of life. For years I had been tied to my home as a victim of a very annoying skin disease that did not allow me to enjoy the benefits of the sun or fresh air even for a few moments.

In those years of loneliness, which seemed like an eternity to me, all the more so when I found myself in the dawn of youth, where the most vain dreams are cherished, I did not suffer a slight crisis of impatience and despair. I must confess that only the benevolent support of my parents and brothers and sisters gave me moral support in this ordeal, in addition to the faint hope of one day regaining my health.

Many doctors took up my case and I was subjected to countless treatments - all without success. I only remember that after each failure my hopelessness grew.

As my isolation, silence and loneliness became more unbearable every day, I took refuge in prayer, realizing that my Spirit found an unspeakable peace in it, and that in my heart there was a sense of foreboding that I would soon see myself freed from my imprisonment.

My prayers grew longer and longer, and my spiritual concentration became deeper and deeper. I tried to meditate as often as possible, because as long as the prayer lasted, I remained free of all suffering. When the bliss was over and I returned to the reality of my lonely, quiet and uniform life, I always felt as if I came from another world where my Spirit had been strengthened and inspired. Here I have to switch on that I formed my prayers out of unthinking momentary ideas.

I will never forget how I lost the concept of time during such raptures, and there were moments when everything that surrounded me disappeared. However, I do remember that in my childhood - from about 12 years on - without being able to explain it to myself, I found myself almost daily in a kind of detachment of the soul, which lasted for several minutes, during which I, perhaps guided by the subconscious, had to act like an automaton. There were never the slightest difficulties as long as this strange state lasted. Strangely enough, at first it caused fear in me, but gradually I became familiar with it as the phenomenon increased over time. My illness reached its peak. Sometimes I felt as if my skin was burning under the effect of an inner fire that could not be quenched by anything. At the same time, my appearance became more and more deplorable.

One day my father appeared with the news that he had heard the word of the divine master from the mouth of a simple man, who was certainly a chosen one of God. And this in a poor meeting place in a remote part of Mexico. A good friend, who had long admired those rallies, took him there. For a moment I had the certainty that it was HE, the Master, who was speaking there with the help of human perception, to approach the people, in search of those who hungered for light and thirsted for justice.

The miracle that I expected day after day was before me. HE, with whom I had talked so often in my hours of pain, was now very close to me, waiting for me to give me the healing of body and soul.

I followed the call of the Lord! It was on Sunday, February 14, 1934, that I first entered that humble meeting room, one of the many where the divine message was heard. I was greatly impressed by the introspection and deep concentration with which those present prepared themselves to await the coming of the "divine ray" that would inspire the inner

hearing of the "Word bearer" who would then transmit the heavenly Word.

The "word bearer" or "instrument" on that occasion was a woman. A simple woman of, one might say, ordinary appearance, and blind from birth. Her appearance, I must confess, did not make a particularly pleasant impression on me. I was all the more astonished, therefore, when her lips opened and let a sermon be heard of such depth, so wonderful and of such wisdom as one can hardly imagine, presented with a sweet voice full of surprising intonation, which gave the message a deeply impressive and moving accent.

As the rallies progressed, those present forgot the presence of the Word bearer altogether in order to rise up into the regions of the Spirit and enjoy the divine teaching to the full. But if, during the rallies, someone happened to open his eyes and observe the bearer of the word, he could notice how that being, poor and ordinary in itself, had transfigured itself in the elevation of its sense, yes, how at such moments it radiated great beauty and awe-inspiring majesty.

The divine word flowed from her lips like an endless tidal wave, one hour, two hours, three and more. All this came without faltering, without interruption, flawlessly, and without the slightest sign of fatigue or the voice becoming hoarse or brittle. On the contrary, the longer the rallies lasted, the more inspiration seemed to increase in perfection. The presence of the divine Master was so strongly felt in those moments of the manifestation that one could feel his closeness and friendship quite palpably. He spoke to every heart! He read the most hidden thoughts of those present and touched the most secret fibers of his listeners without hurting or accusing anyone. Each one felt in his heart what words were addressed to him by the Master with the searching look of love and wisdom.

The divine message took on different shades and colors on the lips of the word bearer. When the Lord spoke as a father, the voice communicated tenderness, forgiveness and caress; when he declared himself as Master, it became profound and wise, and when he brought forth the Judge, the voice of the Wordbearer received the tone of infinite authority and power, with justice and divine zeal being heard in such an impressive manner that it truly devastated the listeners, bringing tears of repentance to their eyes and making them make firm resolutions of repentance and reparation. I felt very small before such greatness and as the very last among the assembled. In my ignorance, I thought that the Lord had surely not noticed my insignificant presence. Quickly, however, I had to convince myself of my error and learn that the gaze of the Master discovered them all. After several months of frequent visits, the purpose of which was nothing other than to enjoy that spiritual feast, I was called by the Lord on an unforgettable afternoon. It was August 9, 1934, when, without coming out of my astonishment, I was marked and anointed to serve the divine Word as a Word bearer. Deepest movement, the noblest and most abysmal feelings seized my heart at that highest moment. What could I deny at that sublime moment to the one who has unlimited rights over his creatures? My destiny was predestined. From that day on, I lived nothing but to dedicate my life to such a difficult and delicate office.

A few months of preparation, which at the same time brought my complete physical recovery, served to train me as a word bearer of the Divine Master, to whom I gave myself body and soul from that hour until December 31, 1950, when the light of the Godhead ceased to manifest itself in this form.

If we, who were the bearers of the word, were to undertake to recount the experiences, impressions, and lessons learned during those years of unforgettable struggle before the flocks

of the various assemblies scattered throughout our country, we would have to fill entire volumes, for our career was a continuous succession of the most wonderful events, and it would be impossible to recount them within the limited space available to me here at the is available.

But it is of utmost importance to emphasize that we had no other book for our preparation than the word that flowed from our own lips. For no influence whatsoever was to enter our minds so that we could receive the divine message with the greatest possible faithfulness. When we remained humble, the Lord distinguished us in love and favour before His people. But if we let ourselves be dominated by vanity or egoism, He touched us with His justice, withdrawing His inspiration for some time to show us that without Him we are not able to do anything, because without Him we are not able to do anything. To him we are nothing.

Since the last communication of the Master at the end of 1950, I have never again felt any of those peculiar sensations as I carried them in my being year after year during the exercise of the Mission as a word bearer. From that day on, a large group of brothers dedicated themselves to the task of collecting the greatest possible number of rallies and revelations which the Lord had given us, and which, fortunately, had been written down. From them a book was compiled which was to be made available to the general public, and which up to now is the source from which mankind can drink of the water of truth which the Master left to the people of this and future times as a gift of love, light, justice and peace.

I have been asked to give a testimony, which I was undeservedly a spokesman for the Master during his rallies in this form, and have tried to do so with these lines. I did it with all sincerity of which I am capable, with the fervent wish that this testimony may serve and achieve the purpose of inspiring

confidence and faith in those who take into their hands this book containing messages which the divine Master revealed in His goodness to humanity of this time through mediators as simple as they were unworthy. At the same time I send from the depths of my soul a fraternal greeting in the name of the Lord to my brothers and sisters in Germany, whose wonderful spiritual awakening the Master indicated to us through his human mediators".

## Teaching 242

1. In this time when the pain of mankind is severe and its way is painful, it has been my will to approach you to help you discover your heritage.
2. Turn back your face and contemplate the way you have left behind, which some are afraid of. It is these very paths that I will make you go back. But not so that you may defile yourselves there, but so that you may save those who have gone astray.
3. Use my presence among you, disciples, so that you may carry my peace in your soul and make it perceptible to your fellow men.
4. My teaching in this third time will pull you out of your spiritual stagnation and make you take great and firm steps in the spiritual path.
5. I granted you the grace that my rallies be through your own minds, that you may feel yourselves worthy of my divinity, that in the knowledge that you were able to transmit my word, and that great multitudes were gathered around the same, tomorrow, when this voice is no longer heard, your heart will not despair in the face of the battle, knowing that my word remains imprinted in your being.
6. Keep the seed that I am entrusting to you at this time. Recognize that I never disinherit a child, but that this child disinherits itself little by little through its bad works.
7. When men knock at your door in the desire for explanations and testimonies, do not hide yourselves or ask, "What shall I do? What shall I answer?"
8. You shall speak of me with a calm mind and a firm voice, and defend my name with the weapons I have given you, which are mercy, love, truthfulness.
9. This is why I stayed with you and made myself known for a long time, so that my manifold teachings may enlighten you



and my miracles may ignite your faith The meaning of my Word has made you forget your former religious fanaticism, and when you are explored by men, they will find with you only the simplicity of true spiritual worship.

10. My word pours forth in torrents in the various places of assembly where it is heard, so that you may not feel without teaching in the times of greatest struggle and most severe trials. But already the time is drawing near when my word can no longer be heard among you.

11. Fear not to be without this grace. Remember that I have been preparing you for Spirit to Spirit dialogue since the first time.

12. Every epoch has been a new lesson for your Spirit and a further step on the path of development.

13. I give my message of peace to the world by letting my voice be heard through many voices. And as at all times, my teaching must perfect your souls.

14. If man had no soul and was a completely material being, his task and destiny would end with the last breath of life. But there is something in him that is imperishable, which is why he will fight, "awake" and turn his gaze to the eternal.

15. My word prepares you to live in the world of tomorrow, in that time when my message will gradually be understood. Then you will find that I anticipated the events that I had announced to you long before.

16. My teaching will fight and cause true battles in the hearts of men. While these insist on leading a selfish existence, it will make them understand that where there is no mercy and love, there can be no peace.

17. My spiritual teachings are not only for those who live oppressed in poverty and humiliation. They also have the task of bringing the souls and minds of those who lead and rule mankind in the various fields. My word makes a call to noble

sentiments that embraces all men, for in this way you will understand the higher destiny that exists in each of you.

18. Instead of hatred, selfishness, and pessimism in the heart, men will have the desire to do good and will nourish the hope for the victory of justice. Spiritualization would spread more and more, and you would love each other as brothers and sisters, forming a powerful force in the face of which all situations that lead you to war would dissolve into nothing.

19. I do not punish you, but I am justice, and as such I make it perceptible in everyone who violates my commandments. For the Eternal One has let you know his law, which no one can change.

20. see how man, in a severe trial - when he falls into an immeasurably deep abyss, when he sees his wife weeping at the loss of relatives, the children without food, and the home sunk in misery and grief - laments, is dismayed in the face of his misfortune, despairing and, instead of praying and repenting of his guilt, rebelling against me, saying, "How is it possible that God punishes me in such a way? ", while the Divine Spirit cries likewise for the pain of his children, and his tears are blood of love, forgiveness and life.

21. Verily I tell you, because of the development that mankind has reached, the improvement of its situation does not depend only on my mercy. It is a victim of itself, not of my punishment. For my law and my light shine in every Spirit. My justice comes down to pull up every weed by its root, and even the forces of nature reveal themselves as executors of this justice. Then it seems as if everything conspires to uproot man, although it is done only for his purification. But some get confused and say, "If we have to suffer so much pain - why do we come into this world at all?", without considering that the pain and sin do not come from me. Man is responsible for remaining in ignorance of what justice is and what atonement is. Hence, first his rebellion and then his

blasphemy. Only he who has studied my teaching and obeys my law is no longer able to throw blame on his Father.

22. The spiritual soul is a spark that sprang from the Divine Spirit and is put to the test by means of various earth bodies. Because of the development you have already achieved, it is possible that my spiritual message will reach it directly and be understood at this time. Since everything is perfecting itself, it is only natural that you also develop. How is it possible that you continue to imagine your God in such a limited way as your ancestors understood Him? You will no longer be able to live and think like those who functioned according to the rites and regulations they were obliged to follow. You can no longer consider yourselves too immature to deal with what is spiritual like them.

23. Though men once sought to find their salvation through the establishment of material churches and to achieve the purification of their souls through the practice of outward forms of worship, you shall no longer remain in that standstill of fanaticism and ignorance. For then the faculties you possess to comprehend and see the greatness of your God would slacken in your being.

24. I have told you: Concentrate on the innermost part of your heart so that you may see the infinite and unfathomable - not with the eyes of the body, but with those of the Spirit. Then, in view of the so great grace you have received from my mercy, you will no longer feel the need to show your gratitude through material offerings.

25. Your feelings and works of love will be your best and most precious offering.

26. If ye desire to attain the kingdom of heaven, make a book described with your good works. Then you will be the only ones responsible for yourselves, and you will no longer transfer your responsibility to others.

27. After I have shown you the way, which is the same as the one I showed you in past times, and which is a firm foundation for your future, you must be careful not to make new laws or commandments which might appear as new teachings, for they would remove men from the meaning of my word.

28. I do not fight any religious community, each of them is responsible for itself. I show only that which is perfect. He who wants to perfect himself shall follow me.

29. I shed my blood to teach you to gain salvation. The hour is drawing near, in which you too, in the hour of trial, will recognize how right the words of Jesus were.

30. My light is revealed in the Spirit of the multitudes gathered in the shadow of these simple and insignificant places of gathering, which are like a tree to the weary wayfarer and an oasis to the one crossing the desert. It illuminates and comforts them.

31. In the love with which I forgive you and correct you, I make myself known. When you lived according to your will, constantly hurting the Father, I did not cut the thread of that sinful existence, I did not deny you air or bread; I did not leave you in pain, nor did I ignore your lament. And nature continued to surround you with her fertility, her light and her blessings. So I give myself to men to recognize and reveal myself to them. Nobody can love you on earth with this love, and nobody can forgive you as I do.

32. Your soul is a seed, which I nurture and perfect from eternity until it bears the most beautiful blossoms and the most perfect fruits. How could I let you die or leave you to the violence of the storms?

33. How could I abandon you on your way, when I am the only one who knows the destiny of all creatures?

34. I reveal many things to you, so that you may learn on your way to hear the lamentation that does not come from your

lips, to discover the sadness that is hidden behind a smile,  
and to cure the diseases that do not find relief through  
science

35. Today, as those in need cross your path, put into them  
some of what you have received. But do not waste time, lest  
the chime of eternity, which calls you into the "spiritual  
valley," surprise you. For you would bitterly regret the missed  
opportunity.

36. Work out peace for your soul already now.

37. Disciples, my word has often been judging among you. But  
in its core you have discovered the sweet taste of the fruit  
that has lifted you up to renewal in this time.

38. I have severely called you to account when you have  
stubbornly persisted in sin. But soon you have discovered  
your father's purpose, which is to save you. And so the  
stubbornness of the "flesh" has gradually given way to  
spiritualization.

39. Of the love with which I have given you life, men give few  
proofs or signs. Of all human feelings, that which most  
resembles Divine Love is maternal love, for in it there is  
selflessness, self-denial, and the desire to make the child  
happy, even if it means sacrifice.

40. But love will again flow from the hearts, which will  
transform the world. This love inspires my HolySpirit, who will  
send down his rays upon humanity to awaken it from its deep  
sleep, so that it may enjoy with alert senses this new day  
awakening.

41. Anyone who wants to follow Me at this time will have to  
give up something to follow my trail. Some will leave  
possessions, others will forget false love relationships. Some  
will descend from their high residences and thrones, while  
others will leave their altars.

42. Passions will remain, vanities, fleeting and senseless  
pleasures.

43. I come in desire for your soul, to which I give my love to save it. I have not opened the gates of the Promised Land so that your body may enter into it. That shining white city is the home, which like a new garment with the most beautiful festive garments awaits the arrival of the one announced, who has won it by his merits and his victories in the great battles of life, and this is your Spirit.

44. I teach you how to acquire the necessary merits to reach the eternal homeland. I have taught you to pray for the world with that deep and simple prayer that rises to Me like the scent of flowers. I have given you abilities and spiritual gifts so that you may exercise mercy in many ways. I have equipped you with spiritual and moral strength to live with joyful courage and to pass the tests. I have strengthened you in your resolutions for renewal and improvement so that you may feel the happiness of calling yourselves my disciples and the satisfaction of spreading my teaching by your example.

45. Your soul has prepared itself to receive my presence. I see that the more time passes, the less you are occupied with earthly life and the more you are interested in your spiritual future.

46. You now see the sufferings and misfortunes you encounter on your way as small stumbling blocks that hurt your feet only slightly, and not as decisive obstacles that stop you from going on. Today you are saving the sobs and tears for the great crises of life.

47. My mercy guides you, and you are becoming more and more understanding. You are no longer those who were content to refresh yourselves while you heard my word, without retaining anything of it, and who were attentive only when they asked the Lord for material goods.

48. Now you come as real disciples in desire for the Master, and as such you find Me. If I told you earlier, "I am the Way," I can tell you today, "I am the ladder of heaven on which you

will ascend to Me. For now, in my light, you have found the way to ascend, to approach me, and to speak spiritually to the Master by means of prayer.

49. You now find me in yourselves, in the place where I have always dwelt since you exist. You have looked inside yourselves and have discovered a sanctuary containing an altar of love, an offering of humility and a lampstand whose flame does not extinguish the most violent storms: faith.

50. Your soul has been a messenger and a bearer of spiritual missions. From the beginning of time it was destined to save and bless its neighbor.

51. For her the time is over in which she created the image of her God, to feel him attainable and near, to touch him, to look at him and speak to him.

52. For a long time you have turned your backs on those images, figures and symbols because you have understood that you carry within yourselves the real image of the Creator, since you possess something of each of the abilities and qualities of divinity, such as Life, Love, Spirit, Will, Reason, Power, Spiritual Eternity.

53. In this time I will be understood and loved by your soul; I will also be taken as an example. My light now reveals everything that was unclear and incomprehensible to men.

54. I have spoken to you through your minds, whereby the light of my divine radiation was transmitted in human words. But know that when the voice bearer and the crowd of listeners have prepared themselves to receive me, I have revealed myself in divine essence. But when my children did not know how to rise, nor prepared the sanctuary for me, the divine ray remained hovering over the souls without penetrating them completely.

55. I will still reveal and teach you many things in these last times My legacy will be great. There is still much of what is destined for everyone in my secret treasury. Not all of you

will attain the same degree of understanding, even if you belong to the number of the marked, because some are on a higher level than others. Since you understand this, try not to push anyone. Be kind and accommodating and help everyone in their mission.

56. You are currently preparing yourselves for the trials that will come in unforeseen forms. You have had a hint of what these will be in a symbolic way through prophetic dreams and spiritual visions. Watch and pray, for I will forewarn you.

57. You feel unworthy and immature in the face of my work and your own destiny. But truly, I tell you, all the roughness of your imperfections will be smoothed out by the chisel of those trials I announce to you.

58. Everything will speak of Me, and I will speak to you through all the phenomena of nature. The calls which were not heard before will be heard and understood. All creation will be in turmoil, will tremble and be shaken to bear witness that Divine Justice is present in the universe. But after they have been judged, men will return to their accustomed ways, but they will have to take a step toward perfection. It will be the awakening and rebirth of this humanity.

59. The light of virtue will be able to shine in this world without anyone putting it out. Reason will prevail, and love will no longer be just a word, but will become action. Lords and servants will gradually disappear. All over the earth I will have my disciples, and they will be light, peace and revelation to the nations.

60. This world, which has become a bone of contention through human striving for power and human egoism, will eventually be shared by all without being its owners. For if the owner of all created things recalls you, you will willingly leave all your goods behind.

61. Mankind is now preparing for these times of light to come. If you find yourselves in a difficult trial, do not despair



and certainly do not blaspheme. Pray, "watch" and persevere. Blasphemy, curses and curses will come out of the mouth of the ignorant, whom you shall forgive and whom you shall teach to rise. When then, in the midst of men's despair, silence comes in, you will speak and be heard. Then you will experience how those who have distanced themselves so far from me and reviled me will find forgiveness as a result of their repentance, like the Prodigal Son of the parable. But then you should not be surprised when you see that instead of punishment, forgiveness and caress were given to them. Rather, you will weep with joy when you see the festival of peace and love in the world.

62. When the Temple of the HolySpirit rises up from the heart of mankind to infinity, new revelations will appear in their midst, and the more souls will be developed upward, the greater will be their revelations.

63. Now I am trying to unite all who hear Me in the various places of assembly. You are not united because you have not understood Me. As soon as this happens, you will love one another, and when you love one another, you will beat as one heart.

64. The lack of understanding comes from the fact that your comprehension is superficial and weak, and you are always busy with the goods of the earth. You are content with the first thing you acquire, that is, a little rest in your heart, a solid roof, a little physical health, the warmth of your loved ones, and a handful of money.

65. I do not tell you to spurn the goods of the earth, but neither do I tell you to prefer them to the gifts of the HolySpirit.

66. Seek in my way the upward development of your soul, but avoid earthly flatteries and honors. Know that among you not names but the works of the people as a whole are to be emphasized. The memory of him who sowed a good seed

should be respected, blessed, and his example should serve as an example. This shall be his only memorial on earth.  
My peace be with you!

## Teaching 243

1. My fire of love comes down to you to give warmth to your heart and light a burning flame in your soul. Because the light, which inwardly illuminates you, was about to go out with the one, while it has already gone out with the others, and they only show me ignorant uncertainty. But my light shines in this moment in all.
2. why retreat or stay on the path that has begun? Forward, disciples!
3. Mankind already awaits my messengers, the bringer of the Good News. These messengers are you, the witnesses of my presence and my word in the Third Age. Will people be able to reach Me through different religions? I only tell you that there is only one way for the upward development of mankind, and this is the one that I showed you in the First Era in my law - a way that was sealed with my blood in the Second Era, and which is illuminated in this time by my HolySpirit.
4. My whole law is summarized in two commandments: love of God and love of neighbor. This is the way.
5. Religions are small byways that lead souls to the true path, on which they can ascend step by step until they come to me. As long as people on earth profess different religions, they are divided. But once they are on the way of love and truth, they will be united, they will become one with that one light; for there is only one truth.
6. But the wayfarers, the pilgrims on earth, have stopped and are asleep. Love and truth have departed from the hearts; that is why I have spoken to you and prepared messengers who with love and mercy awaken and raise up those who are lost or tired before the forces of nature are unleashed and devote themselves with their imperious calls to the task of stirring up souls, feelings and intelligences.

7. Their enemies will rise against the spiritual teaching, who will seize their best weapons, use all their power, seek testimonies against this revelation. But verily, I tell you, there will be no human power that can extinguish the light that has risen in this time, just as men could not silence the voice of Christ then, not even by the execution on Golgotha, because the blood shed there by them continued to speak for eternity.

8. Fear not to be called deceivers or sorcerers. All these abuses were also hurled at your Master, and were also the names that the unbelievers and depraved people gave to my prophets and my apostles. But when the truth of the Lord and His own triumphed, those who blasphemed most were the most repentant and fervent afterwards, like Paul.

9. In my apostolic group of the Third Age there is also that woman who accompanied the Master on the way of suffering up to the feet of the wooden cross, ignored insults and endured mockery. Now in the Third Age she has been a faithful "worker", a strong soul and a soldier in battle. That is why I have given her a place at my table during this time. For the apostle rank is grounded in the soul, without distinction of sex.

10. Work together and walk in the way of truth until you come to the Promised Land.

11. Now is the time in which Israel shall work with humility, without making known its works of love. The left hand shall not know what the right hand does. There shall be no boasting of being a disciple of the Lord, neither shall flattery be sought. If this is done, the spiritual armies will unite into real armies, to form a single will, a single front, whose struggle will be to combat ignorance, sin, and religious fanaticism.

12. This people, this army of men and spirit beings, will be the guardian of this work in the times to come, so that teaching

and the law may not be distorted, so that man may cease to fight the truth.

13. Under the shadow of my teaching shall no thrones be established, from which glorified men can dominate the souls of their fellow men. No one will be crowned nor covered with a purple robe in an effort to take the place of the Lord, nor will confessors appear who judge, forgive, condemn, or pass judgment on the deeds of men. I alone am able to judge a soul from a just and perfect judgment seat.

14. I can send men to rectify, teach, and guide, but I will send no one to judge and punish. I have sent men who have been shepherds of men, but not masters or fathers. The only father according to the Spirit is I.

15. Spiritualization will penetrate into your soul and will be passed on to the generations to come, who will find in their bodies an instrument willing to the commandments of conscience and a great clarity to receive the divine inspirations. From those generations will spring great teachers of spiritual teaching and also great scientists with bright minds and high intelligence. There will be patriarchs who are exemplary in morality and virtue, there will be prophets and apostles of truth.

16. When I tell you to prepare yourselves, this is also so that you may leave your children as a testimony of your example of obedience, of spiritualization and brotherhood, of your works of love towards your fellow men.

17. Then your name will be blessed and remembered by the generations to come, who will love you because of the trace of your struggle, your good deeds and your examples to be imitated. How could you not be recognized by your children when you are the ones who cleanse the way of thistles and thorns so that they do not hurt themselves? Do not therefore walk indifferently over the obstacles of the path without removing the mantraps. For those who come after you would

reproach you every time they encounter the obstacle or the thorns, and some would curse you.

18. You will have to perfect your actions in my teaching, so that those who come after you may see that you were able to fulfill and carry out what would seem impossible to many.

You will have to prove that spiritualism is not a fantasy, nor is it an overly advanced teaching, but that it was revealed among mankind at the right time, when souls, by virtue of their development, were able to comprehend and practice it.

19. Now is the time when the Spirit of Elijah will shine throughout the universe, illuminating all worlds, all paths and all souls, waking up those who sleep, raising the dead, and discovering among the vast crowds of people those who belong to the 144,000 marked or "sealed" who have had a mission from the Lord for mankind since the beginning of time.

20. So now I have formed the new families of this people from souls who in another time belonged to the twelve tribes of Israel, at whose tables those who belonged to the tribe of Reuben sit, together with those of Levi or Zebulun, to wipe out boundaries, divisions and divisions. Therein lies divine justice.

21. Make no effort to increase the reputation of a place of assembly, even yours. Work that my name and teaching may be recognized and honored by your fellow men. When I will speak to you for the last time in 1950, this shall not be to receive the people divided into groups or places of assembly. I will receive the totality of my "workers" without regard to which assembly place better carried out my teachings and which was the one that did not know how to bow to my will.

22. I will not count the increased or small number of "workers" that each place of assembly comprises. I will receive from every heart its tribute, and out of all I will make one heart, in which I will set up my sanctuary.

23. Elijah has been on your way, and his power has made you victorious in the fight against the unbelievers, the fanatics, and the materialists.

24. He united the people in the first time when they were divided by division. And in the present time he has united you again spiritually with his light of love.

25. Remember that in those days the people were divided into two kingdoms, with ten tribes belonging to one part and two to another. The greater part had fallen into idolatry and had become worshipers of Baal. Then Elijah appeared among them to reveal my glory, my existence and my power before the Gentiles, and he said to them as follows: "I, Elijah, come in the name of Jehovah your God, whom you rejected and fought against, and in whose sight you set up false gods and idols. I come to tell you that you are to test the power of them, and that I, in turn, will invoke the presence of Jehovah my Lord, and that he who is heard possesses the true God.

26. The worshipers of Baal consented, erecting an altar of burnt offerings, and calling upon their God, they asked him to send fire down to them to prove his existence and power. For days and nights the priests and crowds of people invoked their false god with dances and celebrations, while the age of burnt offering remained unchanged.

Then Elijah erected his wooden pile on an altar made of twelve stones representing the twelve tribes of God's people, called to Jehovah and told Him, "Lord, I, your servant, ask You to reveal yourself before these who rejected You, so that they may worship and glorify You anew. Then the Father revealed himself in the midst of a storm from which a flash of lightning flashed, which came down on the Prophet's burnt offering and set it alight.

Then the idolaters, the blinded and faithless understood that Elijah was the emissary of the true God, the prophet of fire in

which all evil is destroyed, with whose light darkness is illuminated.

27. He it is who prepared the way so that I would come to you - he who at that time united souls who belonged to the twelve tribes, who are today like rocks, to bring down on the new burnt offering the Universal Ray of My Divinity, because you were divided and divided again But this light returned to unite you for eternity.

28. Today I say to you, be welcome all, the "first" as well as the "last," the disciple as the child disciple, the fervent as the unbeliever.

029 I prepare you all, for the world will demand of you proofs of my new revelation.

30. There are many religious communities on this earth, but none of them will unite people or cause them to love one another It will be my spiritual teaching that does this work. In vain will the world oppose the advance of this light. When the persecution of my disciples is most severe, the forces of nature will be unleashed; but they will be appeased by the prayer of these my workers, so that the world will experience a proof of the authority I have given them.

31. Do not sleep, lest you be dismayed by the pain and chaos of the world after I have exalted you above all this

32. Do not waste this time trusting that another, better one will come For the moment that is fixed will come to return to the "spiritual valley. Even if you then ask for the extension of your life to complete your mission, you will meet the Father's justice, which will tell you that this opportunity is over.

3. Realize that your mission is to receive the weary wayfarer and the sinner weakened by vice into your midst, for by your example, counsel, and teaching they will find their renewal.

34. I do not come to you as a judge, for I see you coming to Me in your desire for consolation to ease earthly sufferings. But I teach you so that you do to your fellow men what I have



done to you. Remember: When I entrusted this spiritual inheritance to you, I told you: Give to your neighbor, to the needy. For if for their sake you should neglect your loved ones, I will provide for them.

35. This teaching shall not be defended with murderous weapons. The only weapons I have entrusted to you to fight for them are the words full of light and the works of love. Whoever uses them correctly will see how the bad intentions and the suffered attacks before them will be destroyed.

36. If you seek to exhort a sinner to do good, do not do it by threatening him with my judgment, with the forces of nature, or with pain if he does not renew himself, for you would make him averse to my teaching. Show the true God, who is all love, mercy and forgiveness.

37. But you are not the only ones over whom the light of the Holy Spirit has flooded in this third time. This light is within and over every human creature, in every soul. Just as this time has proved to be a precious opportunity for you to develop yourselves upward, so has it proved to be an opportunity for the clergy, priests, and pastors of all religious communities to correct mistakes and fulfill the will of the Father.

38. Strive to be pleasing to Me. For this you must please your fellow men. They will hear the Good News attentively when you bear witness to my truth with true works of love.

39. After 1950 you will no longer hear my word in this form. But I have already taught you how you can obtain the dialogue from Spirit to Spirit. Make yourselves worthy of it by the exaltation and good exercise of my teachings. You will not remain without my inspirations and my new revelations.

40. The places where you come together shall not be adorned with ornaments, because you seek to please my Divine Spirit with these decorations. My presence will be better felt in simplicity and simplicity.

41. I will prepare strong men who will understand and interpret my teaching in a pure way, so that they may be an incentive for the multitudes and the children may see in them a good example. For this people shall be a seed of brotherhood, unity and concord.

42. It was my will that at the end of this time in which I make myself known, you should form a family in which people love one another - that the pain of one may be felt by the others, as it is with real brothers and sisters. Understand that you have come from one and the same Father. Once you reach this ideal, your strength will be insurmountable.

43. Do not judge the value of your own gifts, nor compare them with those of your brothers and sisters. Do not say that some have been given more than others. For since everyone has been given his gifts and his task, every creature reaps little by little the fruits of his love and steadfastness, as well as those of his transgressions and aberrations. In the various tasks you carry out within my work there is justice, reparation and also reward. But no one knows whether he has done it by merit or by a debt to his Lord.

44. My teaching will be unforgettable for your soul, both on earth and in the "spiritual valley. Now it will never again be rebellious on its path of development, and since it is in connection with its Father, it will always be able to hear his voice. For I am the light of the world; whoever comes to me will not perish.

45. I brought about the union of the human flesh with the soul. Thus I created the first man, to whom I revealed my law from the beginning through various revelations, to let him recognize the love he is to have for his Lord and his neighbor.

46. My teachings have brought about that mankind recognizes itself as the daughter of the Father. This is the reason why I tell you that the wars among men have no right to feel and understand. But not all think with the Spirit, and

still less do they appreciate. For the Creator has enabled all to think, their own souls, because they are carried away by their earthly passions. Man should always be aware that he is part of myself, that he is created "in my image and likeness.

47. Soon he will know that he has come to this planet more than once, but not to go astray or perish on it. Then he will understand that this body, which he possesses and loves so much, is only an instrument of the soul, with which it is united as long as it lives in this world.

48. You have been witnesses of this my coming, have received my revelations and teachings, and have witnessed my rallies.

49. For many today these teachings are incomprehensible, and yet, when the time comes, they will understand them through your word and your works. My word will enlighten human thinking, its light will reach all souls to lead them on the way of truth, to dissuade them from fanaticism, to awaken them and make them hear the voice of their Spirit.

50. In the course of time I have used various forms to come to you, until I finally made myself human in Jesus. The way in which I am with you today is the highest and at the same time the most profound, because you feel, touch and hear Me through your spiritual upliftment and inspiration.

51. To make myself known through the human mind, I limit myself according to the receptivity of him through whom I speak and of those who listen to me. Some who hear Me cannot understand Me, while others understand Me without hearing Me. You who have heard Me today are the ones called in this Third Time to take a step towards spiritualization.

Also in the earlier times the people rose up at the call of the prophets to give up their idolatry. Until today you have been the people who preserve the traditions. But in the core of your being you have awaited my return to give up useless

traditions and pointless rites for the sake of spiritualization, which is the inner cult of humility, mercy and love.

52. I give you this message which you must pass on across the seas. My word shall cross the Old Continent and reach even the people of Israel who have thrown themselves into a fratricidal struggle for a piece of land without realizing the misery of their souls. You cannot imagine the trial that the world will go through. Everyone expects peace, but this will only come into effect after the forces of nature have borne witness to me.

53. Men no longer feel fear of my righteousness. The war has been cruel, but mankind is not renewed. It is not that I punish human sins with war. If my righteousness allows it, it is because man must be purified.

54. Many are those who call themselves "children of God," but very few of those who recognize Him in truth, for you must seek my divinity with the Spirit. But already there is among you the time of awakening, of revival, of resurrection. After the sowing will come the harvest, but this will not only be the product of human development, but also the work of my heavenly power. You must prepare yourselves and contribute so that the new generations can blossom and bear good fruit. Be careful that your faith does not diminish, because after 1950 you will have to witness the truth of my teaching and proclaim it as prophets.

55. My disciple John saw the events that were to come. By divine command, he saw what was to come and announced it for the salvation of mankind. He saw that those who were marked were saved. You belong to the marked and will not perish, nor will those who flee to you as last refuge.

56. Let your lips be heralds, which make my word known to mankind.

57. People of Israel, I have prepared thee to caress the sick, and to "anoint" them, and to multiply the bread of them that are in want, and to bring peace unto thy fellows.

58. I come in this day to test your seed of what you have reaped, and to ask you how you have brought up your children, and whether you have prepared the way for the generations to come.

59. Every moment you seek my trace and tell me, "How should I act in this or that critical moment? I tell you then: My word teaches all this. Study it, and you will find in it the solution you seek.

60. The way you are going is stony. But every step, every work you do within my law brings you closer to the goal that every spiritualist has.

61. Your duty of reparation is great, and consequently so is your pain. But once you have paid your debts, and you have obtained your salvation, you will understand that the pain was not in vain, and that your fate is just.

62. Why have ye not served one another, as the servant does to his master? Understand that he who serves is not inferior; for his humility exalts him and gives him dignity. All the commissions I have given you you can fulfill. Your ability and strength is sufficient for this. I have told you that you should love one another and that you should do good without any selfishness, that you should not expect payment from your fellow men, since a coin is not the price of your love or your sacrifice for others.

63. Forgive one another, and you will find relief for yourselves and for him who has wronged you. Bear not the burden of hatred or resentment in your soul; be pure in heart, and you have discovered the mystery of peace and will live as apostles of my truth.

64. On this day you remember the people who belonged to you on earth: your parents, children, or brothers and sisters.

But some accuse me in their deep distraction because I have called them back to the "spiritual valley. But I tell them: The bonds of love that unite you are not torn apart. You all live within this universe and will go from one level to another until you reach the final goal, and there you will all find yourselves again. Those beings for whom you ask Me are not dead, they are alive, and there is a greater clarity in their soul than in you. They are enlightened, and far from having lost them, they are for you staff and comfort in the sufferings, intercessors and protectors. Unite yourselves with them, for they are united with Me through Love and Spirit. They do not suffer and are content because they develop and perfect themselves to come to Me.

65. Mary, your Advocate, sends down to the world her motherly love, her strength of soul and her peace.

My peace be with you!

## Teaching 244

1. My love and my mercy are among you, O beloved people of Israel
2. Men and women, who bow their necks before the presence of the Father: I bless you, souls of God's chosen people in the Three Times that you open your eyes again today to see my presence and my light. Be blessed!
3. Enter into the core of my word: Christ reveals Himself precisely through the human mind to give you the teaching. But I tell you: Whenever He has given you His Word, Jehovah the Father and the HolySpirit have been involved. In my Divine Spirit, seek not three persons, but a single Creator-Spirit, a single Father, who has come to you in three different times and stages of revelation.
4. Verily I say to you How much theologians have confused mankind! But I give you my light to save you, to redeem you and to lift you up, telling you truthfully that it is not your mind that reveals these realizations to the Spirit, but that the Spirit reveals spiritual and divine knowledge to the human mind. Therefore, your Lord tells you: It will not be the theologians but the spiritualists, the true disciples of the HolySpirit - the souls who learn to be in contact with the Divine Spirit to hear my voice and to feel the caress, the encouragement and the call of your Lord.
5. Therefore, I have limited Myself in this moment in a single ray of light to make Myself known to you through a single mind. I speak to you as Father through my own "Word" which became man in the Second Time together with my HolySpirit, which has always been in Me. For I myself am it, from which you all have come forth. Recognize the true Divine Trinity by seeking one Spirit, one essence and one Father love.
6. You have entered the time of development, rallies and revelation of the HolySpirit, and every one of my revelations

will awaken the people and make them reflect. There will be moments of confusion in which you will say: "Father, reason is always in you, the truth is you, and I am always a little child in your presence.

7. I receive you on this day of remembrance; but the tradition that still exists with you will be extinguished in future times, and the coming of divinity and the spiritual world will no longer be commemorated in a single day. I want you to always be in contact with Me and with your brothers and sisters.

8. In the first time you brought me a cult of fear and not of love for me, which arose only from your earthly part of being. For you had not yet discovered in the heart of the Father his infinite and perfect love for his creatures and saw in me only an unrelenting, strict and just father. You possessed my laws and obeyed them out of fear of my justice, and I waited for the time when you would recognize me as a loved and not feared father.

But though I gave you great proofs of my love, warm-heartedness, and tenderness, you still fear the righteousness of Jehovah. You still fear the voice of your conscience through which the Father spoke to you incessantly.

In that time of preparation and awakening for the soul, when you began to take the first firm steps on the way that would lead your Spirit to Mine, I made you understand that it was not my will that you should enter into communion with the souls of the dead because you were not yet prepared and would not make good use of that grace. Neither the spiritual world nor you were sufficiently prepared to have contact with one another. But the inkling of this was already there, as was the possibility and the grace. Therefore, from then on those people appeared in the world who sought connection with the spiritual beings.



9. The prohibition was not to be valid forever. How should the father, who loves his children so much, forbid communication between them himself? How should my Divine Spirit erect barriers and insurmountable distances between the brothers and sisters who seek each other with fervor and love? It just wasn't the right time for this yet, and that's why I spared you. But in my infinite love for man, for your own incarnated soul, I became man, whereby I prophetically announced this to you beforehand and informed you of it so that my coming would not be a surprise, and I could meet you awake and praying in expectation of my presence.

10. I fulfilled my promise and incarnated my Spirit. I was born as a man and lived among you to live, grow and die, and in this time, in which I, your Father, was man, I gave you manifestations, lessons and teachings full of spirituality. Many revelations I gave to your Spirit, which filled some with light and by some got into confusion.

11. I prepared you with my coming in the Second Time so that you would lift up your eyes and look closer at my kingdom - so that your soul would feel in that time that the Kingdom of Heaven was drawing ever closer.

At that time I met among men great legions of invisible and for you untouchable souls, which were still an inaccessible secret for your own souls - that life which moved and woven among you. I revealed it to you, revealed the mystery of those manifestations and showed the theologian and the scientist that my revelation was his

12. I healed the sick abandoned by science because their illnesses were supernatural, because they were of a spiritual nature. I delivered the possessed from the great legions of confused souls, and those who believed in me rose up and praised my name and acknowledged my power. Those who did not believe in Me condemned Me and attributed those proofs of power to evil and treated Me as a black magician.

I opened a door to the light to mankind so that you might realize that there are no distances for the soul, and at the moment of my death as a man, my Spirit awakened the souls that dwelt in their graves. I made them come out of their graves like Lazarus and sent them among you to witness their presence and existence.

13. Your eyes saw them and your hearts felt them very close because in that moment of trial I raised them to new life so that they would testify the glorious life of the soul, the eternal life in the Hereafter, which awaits you all. It was also my will that, after my body had lain in the innermost part of the earth, it would return to you in the form of Jesus, to reveal me again and again before your eyes, to leave open forever the door that connects the "spiritual valley" with the one you are currently inhabiting, and thus to give souls access to my blessed and promised kingdom, so that they would see that this door of the Father's love, the Holy Spirit, is always open to all - that this door, which was closed only for a time because your souls were unable to cross their thresholds, had been opened by the mercy of the Lord. From that moment on, the soul of man awakened to spiritual communication.

14. But it was not yet the time of complete understanding of spiritual revelations. But the longing for these divine teachings began to embrace mankind, and men of the various generations of the Second Age began to seek the hereafter with zeal, making use of the abilities and gifts that were latently present in their midst, and so they gradually found the path that led them to the "spiritual valley."

15. Many obstacles and disappointments were experienced by the people, many profanations were committed in my work and in my spiritual world. But the Father forgave everything, because He saw the longing of the souls that populated this earth to attain the exchange of thoughts with their spiritual brothers and sisters. But while one part of

mankind longed for the discovery of these revelations and the communication with the hereafter, another part regarded the spiritual communication with suspicion and aversion.

16. But the Third Age has dawned among you - the time in which I, your God Himself, the same Father who came as law in the First Age, the same Who became man to spread His Word among you, came as HolySpirit - not, to make me materially audible as in the first time, nor to become man as in the second time, but to prepare you through the mind of man by announcing myself for short periods of time to be able to do it later with you from spirit to spirit. For even now, while I speak as HolySpirit, I had to materialize myself to a degree determined by my will, when I spoke through man himself.

17. Shortly a new era will open before you, the time of grace of the HolySpirit, in which you will find me - not by rites, nor by church ceremonies, nor by the mind, but in your own soul.

18. Much time has passed and with it the trials, the struggle, the development for your soul, and now in the time of the HolySpirit you are rising up as men who are able to understand Me

19. Now is no longer the time of prohibition of communication with the hereafter. It is no longer the time in which I only prepare you and make promises. It is the time of fulfilling my promises - the time to tell you that you have not only enslaved your body on this earth, but you have also chained your soul to material needs, although your true home is infinity, is the universe, is the spiritual space without end, which I am giving you. For it does not matter that your soul is just incarnated. Already from here you can conquer the spaces; you can be at home in the spiritual world and embrace each other as brothers and sisters.

20. Before my light has lifted the boundaries, it has prepared you so that you can connect with my Divine Spirit as well as

with your brothers and sisters in the "Spiritual Valley". For I do not want you to be children of ignorance, but that you, as disciples of my Trinitarian-Marian Spiritual Work, with complete purity and exaltation, can establish this connection. Only he who does not know how to prepare himself will not be able to remain within it. Nor will he who is defiled reach the blissful communication of which I am speaking to you just now. For I have already told you that nothing impure will reach me.

21. When only curiosity should cause you to strive for the communication with the hereafter, you will not find the truth. If the desire for greatness or vanity should cause you to do so, you will not receive the true rallies. If temptation should beguile your heart with false intentions or selfish interests, you will not receive the communion with the light of my HolySpirit either. Only your reverence, your pure prayer, your love, your mercy, your soul elevation will bring about the miracle that your soul will spread its wings, cross the rooms and reach the spiritual homes - as far as it is my will.

22. This is the grace and consolation which the HolySpirit bestowed upon you that you might look upon one and the same home and be convinced that there is no death and alienation, that not one of my creatures dies in regard to eternal life. For in this "Third Time" you will also be able to embrace in spiritual embrace those beings who have parted from this earthly life and whom you have known, whom you have loved and whom you have lost in this world, but not in eternity.

23. Many of you have come into contact with those beings with the help of my "workers. But verily, I tell you, this is not the perfect way of making contact, and the time is drawing near in which the souls incarnated and the disembodied souls can communicate with each other from Spirit to Spirit without using any material or human means, namely, through