

# **ADULT COLORING BOOK**

Create Your Own Art



**Book title: Adult Coloring Book**

**Subtitle: Create Your Own Art**

**Age: Adults**

**Pages: 110 pages.**

**Category: Coloring, Hobby, Self Education, Creativity**

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ADULT COLORING BOOK.

CREATE YOUR OWN HOME ART WITH THIS AMAZING COLORING BOOK!  
COLORING THESE ABSTRACT DESIGN PATTERN PAGES WORKS RELAXING, FIGHTS STRESS AND STIMULATES  
YOUR CREATIVITY AND INNER SPIRITUALITY.

Are you struggling to get through the day? Are you looking for a new hobby that you can do every day? Would you like to watch your stress level, fear, anxiety, loneliness or depression fade away while you create your own artistic and miraculous masterpiece?

Now you can with this great coloring book!

You cannot underestimate the pleasure of an coloring book like this.

Learn how to use this coloring book to block negative feelings, as you create works of art that you will be proud to hang on your wall. As a confirmed colorist, you will impress your loved ones with this collection of abstract art coloring designs.

Get known for your ability to color like a master, work on your projects and tasks everything you like and enjoy it every day again.

Stop stressing, boost your creativity and start looking forward to your coloring day.

Build the art of coloring and look forward to your mental freedom and watch your life improve. What beautiful and brilliant features will you find inside because of this coloring? Don't wait any longer and just start today!

## TIP!

**It is best to color this coloring book with colored pencils or colored brush pens!**

### \*ATTENTION NOTE:

*This coloring book does not guarantee the reduction of stress, depression or other mental conditions! The effect of this coloring book works differently on each person and for some people this book has a positive effect and actually reduces stress, depression or other mental conditions. Only by trying, practicing and carrying out coloring can each person determine whether this coloring book and coloring have a positive effect on their own personal condition and life. This book, its creator/author or publisher are and cannot be held responsible in any way or for any personal dissatisfaction or any mental or spiritual disorders that may arise with or from this coloring book. The use and practicing of this coloring book is entirely at your own risk.*

***Have a lot of fun with this great coloring book!***













