## The Daily Frisian Challenge



Learn 10 Frisian Words a Day for 7 Weeks

# Introduction

Welcome to "Learn 10 Frisian Words a Day for 7 Weeks"!

This book is designed to provide an engaging and effective learning experience for children and beginners eager to discover the beauty of the Frisian language. With its carefully curated selection of words and interactive approach, this book aims to make language learning a delightful and enjoyable journey.

Learning a new language can be both exciting and challenging, but fear not! We've crafted this book with your learning needs at the forefront. Each day, you'll encounter a set of ten Frisian words chosen for their practicality in everyday situations. These words span various themes, helping you broaden your vocabulary and bolster your confidence in language mastery.

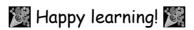
To aid your learning journey, we've paired the Frisian words with their English counterparts. This helps in forging meaningful connections between the two languages. By actively practicing writing each Frisian word multiple times, you'll strengthen your recall and lay a robust foundation in the language. Embrace the joy of discovery as you uncover new words daily, progressing step by step.

This book is your seven-week companion, offering a structured, enriching learning experience. Each week introduces new vocabulary while revisiting previously learned words, enabling a thorough review and consolidation of your knowledge. Dedicate a few minutes daily to the exercises and activities. Remember: consistency is key , and your commitment will bring fruitful outcomes.

Whether you're a young linguist or a keen beginner, this book addresses your needs. Vivid illustrations and captivating exercises aim to fuel your imagination and maintain your interest. Learning a language should be a joy, and we hope this book kindles your love for Frisian.

As you set off on this language adventure, we encourage you to embrace challenges, celebrate milestones, and relish the process. Attaining a grasp of 10 Frisian words daily is achievable. With perseverance, you'll open up a vibrant world of communication and cultural appreciation.

A Special Note: We've genuinely tried our best to offer a close pronunciation of the words. However, note that actual pronunciations might differ slightly.

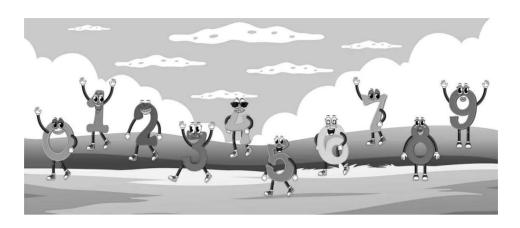


## Table of Contents

	Week 1:	
6.	Day 1:	Numbers
8.	Day 2:	Colors
10.	Day 3:	Family
12.	Day 4:	Food
14.	Day 5:	Animals
16.	Day 6:	Body
18.	Day 7:	Weather
	Week 2:	
20.	Day 8:	Months
22.	Day 9:	School
24.	Day 10:	Transportation
26.	Day 11:	Clothing
28.	Day 12:	Emotions
30.	Day 13:	Hobbies
32.	Day 14:	Sports
	Week 3:	
34.	Day 15:	Nature
36.	Day 16:	Days of the Week
38.	Day 17:	Music
40.	Day 18:	Jobs
42.	Day 19:	Fruits
44.	Day 20:	Vegetables
46.	Day 21:	Tools
48.	Day 22:	Kitchen
50.	Day 23:	Instruments

52.	Day 24:	Buildings
54.	Day 25:	Directions
56.	Day 26:	Bedroom
58.	Day 27:	Countries
60.	Day 28:	Travel
	Week 5:	
62.	Day 29:	Health
64.	Day 30:	Languages
66.	Day 31:	Church
68.	Day 32:	Birds
70.	Day 33:	Science
72.	Day 34:	Film
74.	Day 35:	History
	Week 6:	
76.	Day 36:	Drinks
78.	Day 37:	Business
80.	Day 38:	Beach
82.	Day 39:	Hospital
84.	Day 40:	Internal Body
86.	Day 41:	Internet
88.	Day 42:	Shapes
	Week 7:	
90.	Day 43:	House Parts
92.	Day 44:	Around the House
94.	Day 45:	Face
96.	Day 46:	Bathroom
98.	Day 47:	Living Room
100.	Day 48:	Finance
102.	Day 49:	Books
Week 8:		
104.	Day 50:	Law

### Week 1



#### Day 1: Numbers

One Ien [een]

Two Twa [twah]

Three Trije [tree-yuh]

**Four** Fjouwer [fyoo-wer]

Five Fiif [feef]

Six Seis [says]

Seven Sân [sawn]

Eight Acht [ahkt]

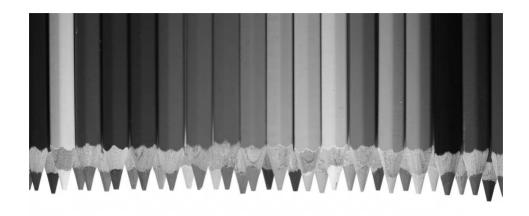
Nine Njoggen [nyoh-ghen]

Ten Tsien [tseen]

Write the right words down twice on the next page

Six	 
Two	 
Eight	 
Four	 
Five	 
Eight	 
Seven	 
Three	 
Nine	 
Ten	 
One	 
Two	 
Ten	 
Four	 
Five	 
Six	 
Seven	 
Three	 
Nine	 
One	 

## Week 1



#### Day 2: Colors

Red Read [rahd]

Blue Blau [blaw]

Yellow Giel [geel]

Green Grien [green]

Orange Oranje [o-rahn-yuh]

Purple Pears [pehrs]

Pink Rôze [roa-zuh]

Black Swart [swart]

White Wyt [weet]

Gray Griis [greece]

Write the right words down twice on the next page

Red	 
Purple	 
White	 
Gray	 
Orange	 
Purple	 
Blue	 
Black	 
White	 
Gray	 
Pink	 
Blue	 
Yellow	 
Green	 
Orange	 
Pink	 
Red	 
Black	 
Yellow	 
Green	 

### Week 1



#### Day 3: Family

Mother Mem [mem]

Father Heit [hyte]

**Brother** Broer [broor]

Sister Suster [soo-ster]

Son Soan [sawn]

**Daughter** Dochter [dock-ter]

Grandfather Pake [pa-kuh]

Grandmother Beppe [bep-puh]

Uncle Omke [om-kuh]

Aunt Muoike [mwoi-kuh]

Write the right words down twice on the next page

Aunt	 
Father	 
Mother	 
Uncle	 
Brother	 
Sister	 
Son	 
Daughter	 
Grandfather	 
Sister	 
Aunt	 
Grandmother	 
Uncle	 
Son	 
Grandmother	 
Father	 
Brother	 
Daughter	 
Grandfather	 
Mother	 