# **The Twin Souls**

# **Devastating love**

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#### 1 Foreword

In the past three years, after my divorce I have come across several people who had met their twin soul. I myself also met my soul mate, now three years ago. An intense and emotional period in my life. In my first book "Love Lessons", I also described this period through the main character John. Jane is my soul mate and she made me break down my emotional wall I had built around me. Because of her, I am the child of old again. We didn't get a love affair, but something even more beautiful. She has become my heart friend. With her, everything is safe. She is my Angel, my beacon. She watches over me and I over her. This experience also made me read a lot about it. My inspiration for this book therefore comes from my own experiences and those of others who have also met their twin soul or soul mate. But also that few get into a relationship or that the relationship lasts. Even when twin souls find each other, as in this story narcissism can lead to a lot of grief. I hope it inspires others this story and can help them deal with a twin soul/soul mate. Happy reading.

### 2.Introduction

It is evening. Emma sits in a chair staring ahead of her at dusk. Stunned and empty inside. Looking back on her life, she sees a lot of sadness. Thinking about that, tears run down her cheeks. "I am 38 now and feel so lonely," she says. Of course, there were also bright spots in her life. A beautiful childhood with sweet caring parents. As an only child, her parents adored her. Anything she wanted, her parents provided. Her father even took a second job to allow her to study. As a child, she went to Switzerland with her parents. Her mother's sister lived there. From there, they took trips. Her aunt showed them beautiful places. Places tourists didn't know. When Emma was 16, she went on holiday with friends for the first time. To Greece, the island of Kos. There she met her first childhood sweetheart. Andreas. A sweet and affectionate boy. Her first sexual experience was with him. Making love with him was ecstasy. After two weeks back home. Still wrote to each other for some time but after a while the contact diluted. Her college days were fun. Studying but also going out a lot. In the final year of her studies, she met Paul. He was also studying at university. A relationship ensued.

Paul was a thoughtful man, a sweet caring husband and a good lover. After their studies, they went to live together. They both found work. Emma as an ICT consultant and he as a human resources manager. The first two years went well, but Paul ended the relationship because he had fallen in love with someone else. Emma was very sad about this, as she loved Paul. Until one evening she saw a picture of a man on Facebook. A shock went through her body when she looked at this picture. She sent a friend request and when it was accepted and they got in touch, a fierce time started for Emma. With much sadness.

#### 3 Fmma and Hans

A young woman, thirty-eight years young. A woman with blonde long hair, green eyes, five-foot-five tall. A slender woman. Fashionably dressed. Mostly a dress, mid-length. She has a university degree in business administration. Emma is a gentle woman. She is a caring person. Can be sweet but can also stand her ground when necessary. In her work, Emma is progressive and good at her job. Her colleagues respect her and regularly ask her for advice. A promotion to director is on the horizon. This is something her supervisor recently indicated in a performance review. Emma works long hours and does not go home until work is done. Apart from her work, Emma likes to go out with some girlfriends. Every Friday night, they have girlfriend night and watch music programmes together. They don't follow much of it because talking about all sorts of things that happened that week naturally takes priority.

One of the girlfriends she has a lot of support from is Helga. A brunette of 39, divorced and also busy with her own business. Helga lives behind Emma, so wine is regularly drunk together. They have known each other since college days and know everything about each other.

Their love life, but even when Paul left her, Helga was there for her as Emma was there for Helga when they divorced. A close bond. Even when Hans came into her life, she had a lot of support from Helga. As a partner, Emma is loyal and she trusts her partner completely. Is not jealous by nature. She likes to take care of a partner. Making a delicious dinner. Creating a romantic atmosphere. Emma is a passionate woman who likes to spoil a partner and enjoys experimenting with a partner. Sex for her is making love. Emma is a thinker. She thinks a lot about issues such as climate change or politics. She loves a discussion and can throw herself into it completely. Emma is a sensitive woman, sensitive. One evening, Emma is scrolling on her phone, looking on facebook for people she could add. At one point, a picture of a man catches her eye. A rush of electricity goes through her and sweat breaks out. Her heart beats like crazy. She turns off her phone. What is wrong with me she thinks and slowly calms down. That night she sleeps restlessly and the image of that photo keeps popping up in her dreams. The next morning, Emma wakes up tearfully. A restless feeling is in her and a

constant urge to go to facebook and look at the picture. She struggles through the day and when she sits on the sofa after dinner she looks at the picture again. Upon viewing, her body warms up and all sorts of images shoot through her. Emma decides to send a friend request. I have never experienced this before she thinks and tries to read a book. She cannot keep her mind on it and decides to go to bed.

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Hans has just returned home from an exercise and Anja, his wife greets him. The children fly into his arms. They have missed Daddy for a fortnight and want to frolic with him. Hans lies on the floor and the children sit on Daddy and squeal with joy. His children are his everything. "Are you coming to eat, otherwise the food will get cold?" calls Anja to them. They go to the table and while eating, the children want to know all about the exercise where Daddy has been. Hans asks about their friends and how it was at school and whether they looked after mummy well. "They helped me very well" indicates Anja. When the children have gone to bed, Anja and Hans chat some more and Anja decides to go to bed early. In the sofa, Hans is still watching television. As he prepares to go to bed, he sees a friend request on Facebook. He looks at the picture and a strange feeling creeps up on him. As if he has known her for years. "But that's impossible, never met her before. I know that for

sure" he thinks. He decides to accept the friendship request. Curious about the woman behind the photo. That night, Hans dreams about a woman he has a passionate relationship with. She seduces him and they make love where sparks fly. When he wakes up that morning, he remembers the dream exactly. Hans does not normally dream and if he does, he soon forgets the dream

All day, the dream remains in his mind. "What is wrong with me anyway?" thinks Hans somewhat confused. Hans is forty years old. Married to Anja. They have been married for 15 years and have two children. A ten-yearold boy and an eight-year-old girl. Hans had an unhappy childhood. Father was an alcoholic and this led to many quarrels in the family. As a little boy, Hans heard his parents arguing during which things flew through the air. Hans would then lie crying under his blankets. Afraid his father would do something to his mother. As a boy, he was a quiet child. Had few friends and was teased because of his head size. They called him melon and he was regularly chased when he went home after school. This changed when he was in grade eight. A boy who used to tease him harassed him and then Hans went black before his eyes and kept hitting the boy, sitting on him. A teacher had to pull him off the boy.

The teasing and harassment was then over. When he went to secondary school, his parents divorced. Hans had a hard time with that and had to repeat a year. Eventually he passed the Mavo and joined the army where he became a professional soldier. He always maintained a good relationship with his mother. He is no longer in touch with his father. With his wife Anja, he has a brother and sister relationship. Intimacy is not necessary for Anja. Hans misses that very much but cannot express himself either. He visits porn sites and satisfies himself. Hans thinks his family is important and wants to keep them together at all costs because he knows the impact this had on him when his parents split up. So just a life without intimacy, he thinks. Because Hans doesn't think about cheating, he has too much respect for Anja for that. Hans has built a wall around himself so he doesn't have to show his emotions. He lives for his work and his family. He has few friends, apart from a few conscripts. He doesn't really have anyone to talk to. And so his life ripples on.

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The next morning, Emma looks at her phone and sees that the friendship request has been accepted. A feeling of happiness overwhelms her. Why am I so happy, it's just a friendship request she thinks.

Emma has to hurry as today is busy at work with many meetings. When she gets home later in the evening, she