

SO CLOSE TO THEM

Hélène Isabey

So Close to Them

Testimony

Foreword by Dr Jean-Jacques Charbonier

Anesthesiologist-Intensivist

Translation by Christophe Dzou

The French Intellectual Property Code prohibits copies or reproductions intended for collective use. Any representation or reproduction in whole or in part by any whatsoever process without the consent of the author or his successors in title, is unlawful and constitutes an infringement under articles L. 335-2 et seq. Of the French Intellectual Property Code.

*To my sons,
To my loved ones,
To the man I love, and
To the loved one gone too soon
To the people who will
be touched by my work.*

Contents

Contents	9
Forward	11
I_My Near-Death_Experience	15
II_My discovery of the invisible world	25
III_Interactions with the unseen	67
Explanations & conclusion	121
1 - What we are made of & how we function	125
2 - NDE and Astral Projection	133
3 - Automated writing	135
4 - Aura and Magnetism	137
5 - Animal spirituality	139

Forward

We should never hide our feelings from those around us could be the conclusion of this book, which takes us into the subtle dimensions of the love relationship, with its passionate impulses and various frustrations. But here, the author of this autobiography's unconfessed love for Angelo cannot be carnally exchanged, for a reason that cannot be transgressed: the man of her heart is a man who has been flayed by life, and who has crossed over to the other side of the veil in a way that is as tragic as it is unexpected. Who could have guessed this tragedy? No one could have. No one except Héléna herself, the main person involved, who, following a near-death experience (NDE) at the age of five, finds herself gifted with intuition, premonition and mediumnity. A mediumnity that will help her understand that the link with the beyond is never severed, and that our loved ones who have passed away on this earthly plane continue to live and love us in a completely different way.

My research into altered states of consciousness and NDEs over the past twenty years has led me to conclude that we are characterized by two forms of consciousness: an analytic consciousness, which, connected to our five senses, situates us in time and space, while measuring us against others (ego), and an intuitive consciousness which, relayed to all our extra-sensory perceptions, gives us premonitory, intuitive, mediumistic and telepathic information.

Apart from children (who often play with invisible friends) or animals (who predict natural disasters long before humans do), the inhabitants of this planet are largely dominated by their analytical consciousness, so that the deafening noise of the information it produces makes it impossible to listen to the various whispers emitted by the intuitive consciousness. The incessant chatter that analyzes and measures everything is interrupted, however, in five circumstances: at the moment of clinical death or an NDE, during sleep, at the end of a hypnosis session, during coma or during periods of meditation.

Unfortunately, as soon as the so-called ‘awakening’ period (which has nothing to do with Buddhist awakening) begins, the analytical consciousness takes over again, erasing all

intuitive information from these privileged periods. As a result, dreams are usually forgotten, and those who have experienced clinical death or a deep coma emerge from these critical states with no memory of them whatsoever.

I know quite a few people who have been able to bring out their intuitive awareness and therefore their mediumnity following a transcendental experience or an NDE, after a cardiac arrest or a deep, prolonged coma, but I'd never before met a medium who had such an early experience of the extraordinary, which never ceases to fascinate me.

I know from experience that the book I have the pleasure of prefacing will encounter the classic criticisms and objections of readers who refuse to accept phenomena unexplained by the dominant dogmas of Western materialist thought, which equate—without any proof—death with nothingness. Yet, the evidence for the survival of the soul is there... With advances in medicine, and more and more patients returning from clinical death able to describe their resuscitation procedures at a time when their brains had no detectable electrical activity, denying this evidence out of simple conviction becomes absurd and dishonest. It's like standing up to Everest and claiming there's no mountain in front of you!

Some may also consider it aberrant and illogical to write one's autobiography at the age of thirty. I would reply that this is an exceptional life story, and that it therefore deserves to be shared with as many people as possible, for the spiritual teachings it offers.

Thank you, Hélène Isabey, for your audacity, which is the sign of a strong generosity; a gift of Love, in a way, inspired by Angelo's soul.

Thank you for making this new link that brings us so close to them.

Dr Jean-Jacques Charbonier

I

**My Near-Death
Experience**