

Who do I think I am?

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100 days - 100 questions

Joost Walraven

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Author: Joost Walraven
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Foreword

In our busy lives, we can easily get lost in the expectations of others, the hustle of daily routines, and even look into the mirror without truly seeing who is standing there.

This book challenges you to dig deeper, to peel back the layers of your identity, and to uncover the treasures of your true self.

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Identity and self-image

“Who do I think I am?”

1. How would I describe myself in one sentence? How do I think others would describe me in one sentence?

*2. What has had the greatest influence on
how I see myself?*

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