

Unapologetically me

Verses, vibes and a dash of existential dread

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For Victor Stuart

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Introduction

In a world that moves faster by the day, where the hours slip through our fingers like sand, it takes a rare voice to remind us to pause. To breathe in the morning light. To laugh without holding back. To stand still and feel the soft magic of simply being. This book is that voice. Within these pages, you will find a celebration, not of perfection or grand achievements, but of the quiet, everyday moments that make life extraordinary when we choose to see them. Each poem invites you to lean into joy, to savour the present, to drink deeply from the cup of now. It is easy to forget how precious life is, how each sunrise is a gift, how each heartbeat is a promise. These poems call us back, they remind us to cherish the fleeting, to dance while the music plays, to love fiercely, to laugh loudly, to live fully. As you turn these pages, I hope you let the words wash over you like sunlight. Let them remind you of what truly matters. Let them be a gentle nudge: to never take a single breath for granted. This is not just a book of poetry. It is an invitation, to embrace life, moment by beautiful moment.

With gratitude and hope,
G. T. Nicolaas.