

Most Wanted

ZUCCHINI RECIPES



Your Favorite Dishes At Your Fingertips

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Alvin's Zucchini Nut Muffins

Ingredients:

3 pcs of eggs (large)
1 c of oil (corn oil)
1 Tbsps of vanilla extract
2 c of zucchini (unpeeled); shredded
2 c of sugar (refined)
2 c of flour (unsifted)
1 Tbsp of cinnamon (ground)
1-1/2 tsp of baking soda (Arm & Hammer)
1-1/2 tsp of salt
1/4 tsp of baking powder (Calumet)
1 c of chopped nuts

Instructions:

Preheat the oven (400 degrees F). Grease some muffin cups; set on the side.

Combine the eggs, vanilla, zucchini, and oil inside a bowl; mix thoroughly. Add sugar, flour, cinnamon, soda, salt, baking powder, and nuts; stir thoroughly till moistened.

Fill onto prepared muffin cups, about two-thirds full. Place inside preheated oven and bake them for eighteen mins.

Avocado-Zucchini Pizza

Ingredients:

Cornmeal (as needed)

3 c of zucchini (or crookneck squash); grated

2 pcs of chiles (Serrano); chopped finely

Salt (to taste)

Pepper (black, freshly ground, to taste)

5 pcs of garlic cloves; chopped finely

1 Tbsp of juice (freshly squeezed lime)

Salt (Kosher, to taste)

Pepper (black, in a mill)

1 pc of pizza crust (12-inch)

1/4 c of oil (extra virgin olive oil)

2 c of cheese (Monterey Jack, Fontina, Mozzarella, or St George); shredded or grated

2 Tbsps of parsley (Italian, or cilantro); chopped finely

1 pc of avocado (ripe); halved, pitted, and peeled

Crushed pepper (red, to taste)

1 pc of lime (fresh); cut to wedges

Most Wanted Zucchini Recipes

Instructions:

Preheat oven (475 degrees F). Sprinkle some cornmeal on a (pizza) pan.

Combine zucchini, garlic, (lime) juice, and chiles inside a bowl; toss them well then season salt & pepper.

Place pizza crust on a surface, dusted with some cornmeal; drizzle oil onto crust and spread mixture of zucchini evenly. Spread shredded cheese above and scatter minced parsley.

Transfer pizza on the pan. Bake for 15-20 mins till cheese is bubbly and crust becomes slightly golden. Cut avocado lengthwise thinly to slices. Take out pizza then let stand for five mins.

Cut pizza into eight slices then top avocado slice on each. Sprinkle crushed pepper, freshly milled pepper, and kosher salt. Serve at once with wedges of lime.

Best Zucchini Bars

Ingredients:

- 2 c of sugar (refined)
- 3 pcs of eggs (large)
- 1 c of oil
- 1 tsp of cinnamon (ground)
- 2 c of flour
- 2 tsps of baking soda (Arm & Hammer)
- 1 tsp of vanilla extract
- 2 c of zucchini; shredded
- 1 pc of carrot (small); shredded
- 1 tsp of salt
- 3/4 c of oats (rolled)
- 1 c of walnuts; chopped

For the Frosting:

- 1/2 of butter; softened
- 1/4 tsp of almond extract
- 2 tsps of vanilla extract
- 2-1/2 c of powdered sugar
- 1 pkg of softened cream cheese

Most Wanted Zucchini Recipes

Instructions:

Combine sugar, eggs, and oil inside a bowl; beat thoroughly. Add flour, salt, soda, vanilla, and cinnamon, while beating continuously. Continue beating for 1 to 2 mins till mixed well. Fold the zucchini, oats, nuts, and carrots onto the mixture.

Pour onto 15x10 jellyroll pan. Bake 350 degrees F for 15 to 20 mins. Let it cool and spread over the frosting. Cut to bars.

To make the frosting, combine butter, almond extract, vanilla, powdered sugar, and cream cheese; beat thoroughly till smooth.

