

Twelve Moons And A Heartbeat

Poetic insights from someone who forgot how to date

Twelve Moons And A Heartbeat

Poetic insights from someone who forgot how to date

G. T. Nicolaas

Author: G.T.Nicolaas
Coverdesign: Ember and Quill
ISBN: 9789403815091
© G.T.Nicolaas 2025
Published by Ember and Quill

For the romantics still swiping, the sceptics still flirting, and the
brave souls who keep showing up, not because they're certain, but
because they still believe in the maybe.

This book is for you.

Other books in this poetic saga

Book 1 – Between first light and ashes

Book 2 - Twelve Moons and a heartbeat

Book 3 - The year I met myself

Book 4 – Unapologetically Me.

Foreword

A year ago, I found myself on the quiet side of heartbreak, the kind of quiet that follows the closing of a door you once thought would stay open forever. Since then, I've learned how to sit with silence, how to laugh alone, and most importantly, how to reassemble my heart not as it was, but as it could be. These poems are the record of that reassembling. So, One year single. That's 365 days, 8760 hours, and roughly 947 conversations with myself about whether my duvet counts as a romantic partner. Spoiler, it's loyal, warm, and doesn't ghost me, so yes.

What you'll find inside, flirtations, flops, a few fabulous surprises, and enough material to power a stand up routine or a therapy session, sometimes both. These poems are not advice. They are not cautionary tales (although they could be, with minor edits). They are simply real. The funny, frustrating, awkward, and oddly sweet collisions between hope and reality when one re-enters the dating pool with mismatched socks and optimistic delusion.

Thanks for joining me. May your own journey, romantic, poetic, or somewhere in between, be rich in stories, even if half of them involve someone saying, "I'm just not looking for anything serious right now." What follows isn't a retrospective. It's a diary in motion, a year of dating, misdating, wild hoping, tender bruising, awkward coffees, unspoken sparks, and beautifully ordinary moments that made me feel something again. It's not polished or perfect, but that's the point. This is the poetry of someone stepping back into the world with fingers crossed and heart mostly healed. Each verse is a snapshot of what it means to search, to flirt with possibility, and to be utterly alive in the messy miracle of connection.

Whether you're here to laugh, cry, cringe, or quietly relate, May this collection remind you that starting over is never just about beginnings, it's also about honouring how far we've come.

Yours hopefully
G. T. Nicolaas

Contents

17. Game over.
18. Twelve Moons and a heartbeat.
19. Second chances.
20. One day, maybe.
21. One year later.
23. Is there anyone out there for me?
24. Pixelated hope.
27. Nine o'clock wisdom.
28. Blind dates.
29. Swipe right to oblivion.
30. "Coffee for One, Dreams for Two"
31. Prelude to butterflies.
32. Table for one.
33. Casual mingler seeks one soul.
34. Almost in the quiet.
37. The waiting.
39. Best bro, wrong beat.
40. The vanishing act.
41. Matched with my Ex.
42. Speed dating.
43. Swipe right fantasies.
44. The great swipe right Debate.
47. One night stand.
48. Muscle memory.
49. Finding you again.
50. Flirtation.
51. Morning light.
52. The morning after.
53. Awkward encounter.
54. Ghosted.
57. Don't press send.
58. The cost of candlelight.
59. Are there any left.
60. Quest for a shimmering soul.

61. Is love worth the queue.
62. The great revelation.
63. The mystery of measurements.
64. Mirror, mirror, on the wall.
65. His scented solution.
66. Low maintenance.
69. The mystery of the unwanted gallery.
70. The genius of modern romance.
71. The other side.
72. Digital whispers.
73. Believing Mr. right has got lost.
74. Friends with benefits.
77. Getting chatted up on the bus.
78. No picture, no swipe.
79. The mystery of group photos.
80. Mirror's edge.
81. Perfect match checklist.
82. Red Flags: A First Date Poem.
85. The wedding ring.
86. The 3-3-3 Rule in Dating
87. Once a cheat, always a cheat.
88. The overnight bag.
89. The backyard barbecue disaster.
90. The funeral date.
93. Wild swimming surprise.
94. Searching for something real.
95. Reluctant date.
96. The dating game.
97. Ghosts in your smile.
98. The celibate shuffle
101. Are men really worth dating?
102. Whisper of skin.
103. Finding myself first.
104. Different star signs.
105. The ex chronicles.
106. It's not you, Its me.
109. Digital wounds.

- 111. Lost in the dating world
- 112. Wanting an honest man
- 115. The unexpected date.
- 116. The age revelation.
- 117. Red flag symphony.
- 118. No strings attached.
- 119. Find my friends.
- 120. Broken glasses. Perfect date.
- 123. Lost and found