

The witch's neighbour

From powerlessness against a
mentally ill woman to inner
strength and love

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Introduction

For a couple of years I lived next to a woman who – as I realized after quite some time – concentrated on me in a malicious manner. I had the strangest experiences: bad smells were being amplified, I often suffered from at times acute physical pain and excessive tension and emotions, I heard voices, and it became increasingly difficult to keep my house and little gardens clean.

It became harder and harder to use my body the way I wanted to. Even as soon as I planned to undertake something – play the piano or the violin, make visual art work, compose music or do some computer work – it felt as if I was being sabotaged from within.

The realization that this had something to do with my neighbour, and probably also with another person who had been wishing me harm since my childhood and had had a lot of influence on my life, came gradually, through observation and the development of my intuition.

Although in the past I did not believe in so-called supernatural abilities or particularly developed senses, it is now my opinion that a highly developed intuition or telepathy are not supernatural at all, and that