

Cialis (Tadalafil) Pills

Fast Acting Guide to Tackling Erectile
Dysfunction, Promoting Better Sexual Health,
and Improving Bedroom Confidence with
Cialis

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Table of Contents

CHAPTER 1.....	5
WHAT IS ERECTILE DYSFUNCTION?	5
CHAPTER 2.....	10
WHAT IS CIALIS (TADALAFIL)	10
CHAPTER 3.....	16
HOW TADALAFIL WORKS	16
CHAPTER 4.....	22
HOW TO USE TADALAFIL.....	22
CHAPTER 5.....	28
IMPORTANT SAFETY PRECAUTIONS	28
CHAPTER 6.....	36
SIDE EFFECTS AND RED FLAGS	36
CHAPTER 8.....	43
CONCLUSION	43

CHAPTER 1

WHAT IS ERECTILE DYSFUNCTION?

Erectile dysfunction, often known as ED, is when a man has trouble getting or keeping an erection hard enough to have satisfying sex on a regular basis. Occasional problems with erections may be caused by fatigue, stress, alcohol, worry or temporary illness. However, if you have erectile dysfunction on a frequent basis or for a long time, it can be useful to talk to a skilled healthcare professional.

An erection requires a synchronized interaction of the brain, nerves, hormones, blood vessels and muscles. During sexual arousal, chemical signals relax the blood arteries in the penis so more blood can flow into the erectile tissue. Interrupting this process can make it difficult to get or sustain an erection.

SYMPTOMS OF ERECTILE DYSFUNCTION COMMON