5 places to FEED YOUR SOUL

51 CAFE GRATITUDE

639 N Larchmont Boulevard Larchmont Village ⑦ +1 323 580 6383 cafegratitude.com There are several locations of this plantbased restaurant in LA, a vegetarian cafe you can comfortably take carnivores to (there's even a play on In-N-Out's Double Double burger on the menu). It's the kind of hippy-dippy health-food joint LA is known for and while the sentiments are real, they are also done with a wink.

52 INN OF THE SEVENTH RAY

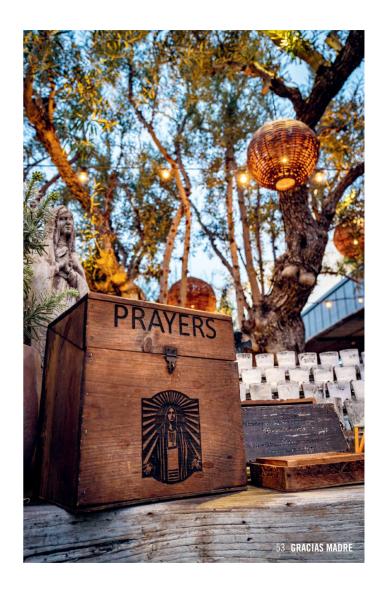
128 Old Topanga Canyon Road Topanga +1 310 455 1311 innoftheseventhray.com

enchanted forest, this is not only one of LA's most beautiful restaurants, it's one of the most vibey. Food is prepared 'charged with the vibration of the violet flame of the Seventh Ray' and might transport you to a higher plane. From my magical times there, I'd say yes.

Situated in what feels like a deep,

53 GRACIAS MADRE

8905 Melrose Avenue West Hollywood © +1 323 978 2170 graciasmadreweho.com This Mexican vegan restaurant (cofounded by the folks from Cafe Gratitude) eschews any 'crunchy' aesthetic – the space is airy and chic. Especially interesting is the beverage program with its creative cocktails, including boozed-up snow cones.



5 traditional TIKI BARS

81 DAMON'S

317 N Brand Blvd Glendale ⁽³⁾ +1 818 507 1510 damonsglendale.com This Polynesian-themed steakhouse has been family-owned for nearly 76 years, half of which have been in its current location. So the vibe here isn't retro—it's real. This is a classic neighborhood steakhouse, albeit with a serious tiki theme and the requisite tropical drinks and cuisine. Happy hour is a deal.

82 LUAU LARRY'S

509 Crescent Avenue Catalina Island +1 310 510 1919 luaularrys.com A great day trip is to take the ferry to nearby Catalina Island; ports in San Pedro, Long Beach, Newport Beach, and Dana Point will get you there. This tiki-themed oyster bar (and institution) in Avalon will make you feel as if you've traveled far – though you'll spy the city's lights in the distance.

83 TONGA HUT

12808 Victory Blvd North Hollywood (3) +1 818 769 0708 tongahut.com Once again, there's no faux retro vibe here: this is an original tiki bar, opened in 1958, when the tiki craze was at its height. Today, they are still dolling out neon-hued tropical drinks that pack a serious punch and the décor retains its mid-century glory.

84 THE PACIFIC SEAS

AT: CLIFTON'S REPUBLIC 648 S Broadway Downtown ① +1 213 627 1673 cliftonsla.com/ pacific-seas One of many bars in the wonderland that is Clifton's, this homage to tiki is also a tribute to the cafeteria chain's history, featuring artifacts from an original Pacific Seas and other legendary departed tiki bars. The fantastic visual feast pairs perfectly with the Singapore Slings and Mai Tais.

85 **TIKI-TI**

4427 Sunset Blvd Los Feliz ⑦ +1 323 699 9381 tiki-ti.com One of the most beloved bars in town also happens to be the smallest – there are only twelve stools and a handful of tables. But at this bar, family-owned and-operated since 1961, the recipes for several of the most famous drinks – Zombie, Navy Grog – descended directly from the original Don the Beachcomber.





65 PLACES TO SHOP

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5 golden-era MOVIE PALACES

181 EGYPTIAN THEATRE

6712 Hollywood Blvd Hollywood ⑦ american cinematheque.com This gem of a movie theater – now owned by Netflix but still in operation with the American Cinematheque – is often overlooked by the hordes of tourists visiting the famous Chinese Theatre up the street. Like the Chinese, it was managed by impresario Sid Grauman, who staged elaborate performances for film premieres in the beautiful courtyard.



182 WARNER GRAND THEATRE

478 W 6th Street San Pedro ⁽³⁾ +1 310 548 2493 grandvision.org Now a thriving performing arts venue, this gorgeous, 1500-seat Art Deco movie theater still hosts film screenings as well. The same team that designed the Hollywood Pantages Theatre and Los Angeles City Hall built this historic landmark.

183 MILLION DOLLAR THEATRE

307 S Broadway Downtown (1) +1 213 617 3600 Opened in 1918, this was Sid Grauman's first LA venue and one of the earliest (and largest) movie palaces in the USA. It anchors the impressive Broadway Theatre District and and is used for special events such as the LA Conservancy's Last Remaining Seats film screenings.

184 FOX VILLAGE THEATRE (REGENCY VILLAGE)

961 Broxton Avenue Westwood ⑤ +1 310 208 5576 regencymovies.com This Spanish Mission-style theater was opened in 1931; its tower is a Westwood landmark. Since then the 1400-seat theater has been a prestigious site for movie premieres. Across the street is the Bruin Theater, opened in 1937, so studios could run simultaneous screenings in both theaters for premieres.

185 VISTA THEATRE

4473 Sunset Drive Los Feliz ⑦ +1 323 660 6639 vintagecinemas.com/ vista Opened in 1923, the Vista's decor was inspired by the discovery of King Tut's tomb in 1922. Now owned by film director Quentin Tarantino (who also owns the New Beverly Cinema), this beloved neighborhood movie theater has a mini version of Grauman's 'Forecourt of the Stars', in front featuring handprints from local film stars.

The 5 best URBAN HIKES

231 ARROYO SECO

AT: ARROYO SECO
FOUNDATION
570 W Ave 26 #450
Pasadena (3)
+1 323 405 7326
arroyoseco.org

This beautiful watershed snakes down from the San Gabriel Mountains through Pasadena, South Pasadena, and Northeast Los Angeles to the confluence with the Los Angeles River near Elysian Park. There are many different hikes on all kinds of terrain, from urban gritty walks by whizzing freeways to trails in pristine canyons.

232 BALDWIN HILLS SCENIC OVERLOOK

6300 Hetzler Road Culver City ④ +1 310 558 5547 www.parks.ca.gov This 500-foot peak offers a panoramic view of the entire Los Angeles Basin; it's also a stop on the 13-mile Park to Playa Trail, which connects a series of parks to the Pacific Ocean. To get to the view, you can hike a trail or climb the stairs from the parking lot, or just drive to the visitor center at the top of the hill.

233 GRIFFITH PARK

4730 Crystal Springs Drive Griffith Park (2) +1 323 913 4688 laparks.org/ griffithpark One of the most stunning features of LA is this mostly undeveloped parkland in the middle of the city, where in minutes you can be among rugged hills and wild animals. There's a network of 53 miles of hiking trails here; maps are available online and at the ranger station.

234 LOS ANGELES STATE HISTORIC PARK

1245 N Spring St Chinatown ① +1 323 441 8819 lashp.com Once the site of the city's first rail depot, this 32-acre park in Chinatown has an incredible view of downtown and a pedestrian walkway. Wander the paths, checking out public artworks such as *Endless Orchard*, fruit trees that the public can harvest, and *Psychic Body Grotto*, a bronze sculpture perfect to picnic beneath.

235 VISTA HERMOSA PARK

100 N Toluca Street
Downtown ①
+1 213 250 1100
lamoutains.com

Few folks even know this hidden gem of a park exists, which allows visitors to enjoy the 10 acres of walking trails, play space, and spectacular skyline views of nearby downtown. Formerly developed land, this space in the city's urban core has been given back to nature.



5 INTERDISCIPLINARY

art centers

346 LA PLAZA DE CULTURA Y ARTES

501 N Main Street Downtown ① +1 213 542 6200 lapca.org

347 **2220 ARTS + ARCHIVES**

2220 Beverly Blvd Historic Filipinotown (1) +1 213 277 1987 2220arts.org Almost half of all Angelenos are Latino/a/x and this museum and cultural center, dedicated to the Mexican, Mexican American, and Latino history of Los Angeles, honors the enduring influence of these cultures and how they continue to shape the city. Along with the museum, the complex includes a large outdoor garden with a performance stage and is part of the El Pueblo de Los Angeles Historic Monument.

This community arts center serves as the home for several important nonprofit art organizations, music and film series, and archives. Among them is Filmforum, Southern Calfornia's longest-running screening series for experimental and progressive media, and the Poetic Research Bureau, which hosts readings and 'sundry intellectual exhanges'. Many events are free to the public.



The 5 most **ECO-FRIENDLY**

hotels

421 LOS FELIZ LODGE

1509 N Hoover Street Los Feliz ⑦ +1 323 660 4150 losfelizlodge.com A welcome alternative to the traditional hotel, here you will feel like a *La La Land* starlet in one of the cozy bungalows or villas. Each charming, bright room features a kitchen, bath, and plenty of space for family and friends. Only available for monthly rentals, so plan to stay a while.

422 SHORE HOTEL

1515 Ocean Avenue Santa Monica ② +1 310 458 1515 shorehotel.com This boutique hotel is enclosed by beautiful wood and glass – with clear ocean views even from the shower. The Shore Hotel is LEED Gold Certified, and a leader in offering luxury without waste – from the solar-heated pool, to the sustainable wood furniture to their partnership with Clean the World Foundation.

423 TERRANEA RESORT

100 Terranea Way Rancho Palos Verdes (18) +1 866 547 3066 terranea.com This Mediterranean-inspired escape

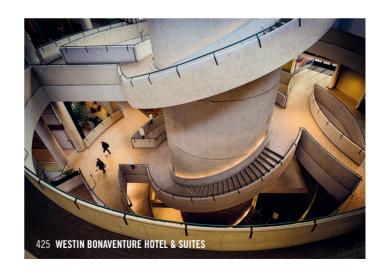
- the only luxury eco-resort in the LA
area – is situated on a 102-acre peninsula
surrounded by the Pacific. The wellappointed bungalows, casitas, and villas
are nestled between four pools, eight
restaurants, spa facilities, and a golf course.

424 1 HOTEL WEST HOLLYWOOD

8490 Sunset Blvd West Hollywood © +1 310 424 1600 1hotels.com Made with 75 tons of wood from fallen trees and operating with LEED Silver certification, this hotel chain has a commitment to sustainability down to the details (the hangers are made of recycled materials). It's also a great location with a lot of green (plants!) as well as sweeping views and a rooftop restaurant.

425 WESTIN BONAVENTURE HOTEL & SUITES

404 S Figueroa St Downtown (1) +1 213 624 1000 This massive, luxury landmark has more than 1300 rooms – it's a true city within the city. As LA's first hotel to reach the environmental standards set by Green Seal, it's also lux with a conscious. Plus, you can take the *True Lies* elevator to the revolving bar on the top floor for a 360-degree view.



The 5 top

466 GOLETA

gogoleta.com

A two-and-a-half-hour train ride up the Pacific coast will land you at this laidback beach town just north of Santa Barbara. If gardens are your thing, there are plenty of them. There's also the Goleta Butterfly Grove. Plus, the beautiful Goleta Beach.

467 RIVERSIDE

riversidecyb.com

From Union Station, the Metrolink commuter train travels to this vibrant city in the Inland Empire. Visit the incredible Spanish Mission-style Mission Inn Hotel and Spa, a national historic landmark from the early 1900s. Wealthy travelers came from around the world to stay here, and Hollywood loved to use the stunning hotel as a setting for films.

468 **SAN CLEMENTE**

sanclementeguide.com

Halfway between LA and San Diego, the ride to San Clemente on Amtrak's Pacific Surfliner is pretty much the perfect rail trip – it's less than two hours and offers incredible views of the Pacific. No car needed, as the train station is within walking distance of downtown San Clemente. **469 SAN DIEGO**

sandiego.org

It's only a two-hour car drive from LA to San Diego – provided there's no traffic. There's *always* traffic, so take the train instead, and in roughly the same amount of time you will arrive at the seaside city with its wealth of attractions refreshed and relaxed instead of full of freeway rage.

470 SAN LUIS OBISPO

visitslo.com

For a real rail adventure, this six-hour ride up the coast on Amtrak's Pacific Surfliner route will give you unspoiled views of the California coast. At the end of the line is this popular resort town, and many of the nicer hotels offer complimentary bicycles that you can use to get around (or rent one).

