5 tasty spots for **VEGETARIANS**

81 BI NEVI DELI

Etiler Mh.
Dilhayat Sk. 10/1
Beşiktaş ④
+90 212 358 60 32
binevideli.com

82 ETHIQUE PLANT-BASED PATISSERIE

Göztepe Mh.
Volkan Sk.
Pırlanta Sitesi D:B
Blok 1/1D
Kadıköy ⑦
+90 535 445 95 66
ethiqueplantbased.com

83 VI COFFEE & HEALTHY LIVING

Teşvikiye Mh. Ahmet Fetgari Sk. 18-B Şişli ③ +90 212 247 18 37 This deli and bakery is all about the creation of delicious and nourishing dishes from whole, seasonal, plant-based and minimally processed ingredients. Vegetarian and vegan-friendly, there's everything from quinoa muffins to seitan burgers, squash spaghetti and more.

After several years of dedicated research, this unique patisserie opened its doors to present French pastries that respect the planet and aim to create a more sustainable food system. From croissants to tarts, chocolates to sourdough bread, celebration cakes to macarons, everything at Ethique is composed entirely of plant-based ingredients.

This cosy neighbourhood cafe is also the ideal lunch spot for vegetarian and vegan fare that focusses specifically on a healthy lifestyle. Vegan pumpkin soup, vegetarian sandwiches and bowls, gluten-free pancakes and brownies, and sugar-free smoothies are all part of the menu.

84 SISTERS & HARVEST

Caferağa Mh. Şair Latifi Sk. 30-B Kadıköy ⑦ +90 536 596 01 15 This fully vegan patisserie, cafe and flower shop is run by three sisters with the pastry chef Ebru Özlem Azman at the helm. Follow their Instagram (@sistersandharvest) to see their latest creations, including everything from made-to-order vegan birthday cakes to vegan lemon curd cupcakes, chocolate-filled donuts, cinnamon rolls and so much more.

85 GALATA KITCHEN

Müeyyetzade Mh. Tatar Beyi Sk. 9-B Beyoğlu ① +90 212 252 20 22 Every dish at Galata Kitchen is prepared by the loving hands of two mothers who only use seasonal produce brought in from local purveyors. Vegetarians will rejoice at the vegetable-based dishes such as stuffed peppers, eggplant with basil, lentil meatballs and chickpeas with mustard sauce.





158 WORLD HOUSE CAFÉ

Şahkulu Mh. Galip Dede Cd. 85 Beyoğlu ① +90 212 293 55 20 latifekahve.com Part of the lovely World House Boutique Hotel, this coffee roastery on the descending street toward Galata Tower makes an excellent cup of Turkish coffee, especially with *damla sakızı* (mastic). Snag one of the seats outside in the summer and enjoy an ice-cold Frappe watching the crowds walk past.

159 **BEBEK KAHVE**

Bebek Mh. Cevdet Paşa Cd. 18 Beşiktaş ④ +90 212 257 54 02 bebekkahve.com.tr A true local hang-out, Bebek Kahve is a cafe right by the Bosphorus with simple wooden tables and chairs and a whole lot of charm. Locals love to meet their friends here for breakfast on the weekend or just to have a cup of Turkish coffee with a beautiful view of the famous strait.

160 ISTANBUL KAHVEHANESI

AT: BAZAAR OF ISTANBUL ARTS Cankurtaran Mh. Kabasakal Cd. 7 Fatih ② +90 212 458 15 15 istanbulsanat laricarsisi.com.tr Inside a former theological school and inspired by the Ottoman era's old *kahvehane* (coffee shop) culture, this cafe is as nostalgic as can be. Turkish coffee is prepared traditionally over a coal fire and served in beautifully hand-painted cups. Make sure to sit in the courtyard out back on a warm day or inside the lovely little library when it's colder.

5 shops for amazing TURKISH JEWELLERY

231 DER-LIEBLING

Şahkulu Mh. Serdar-ı Ekrem Cd. 44-A Beyoğlu ① +90 535 035 46 45 der-liebling.com After working as an apprentice for master jewellery artisan Eren Özler in the Grand Bazaar for two years, Banu Kent went on to establish her own jewellery brand, Der-Liebling. Her unique ethnic-style collections are a manifestation of her fine-tuned talent as well as inspirations gathered from her many travels to countries like India. Visits by appointment only.



232 **SEVAN BIÇAKÇI**

Mollafenari Mh. Gazi Sinan Paşa Sk. 12 Fatih ② +90 212 520 45 16 sevanbicakci.com Sevan Bıçakçı began apprenticing in the Grand Bazaar at the age of twelve, becoming a master artisan and designer who creates stunning works of wearable art. Most notable is his Domes of Istanbul ring, a rock crystal with a reversely engraved intaglio of domed architecture sitting atop of gold, silver and diamonds.

233 **BEGÜM KHAN**

Harbiye Mh.
Mim Kemal Öke
Cd. 14/3
Şişli ③
+90 538 441 84 16
begumkhan.com

Begüm Kiroğlu grew up playing in the Grand Bazaar and later travelled to Shanghai to study Chinese culture and art. All of this led her to start her own jewellery brand, which can best be described as endearingly ostentatious

flora and fauna bedecked in crystals and

stones that are meant to be worn.

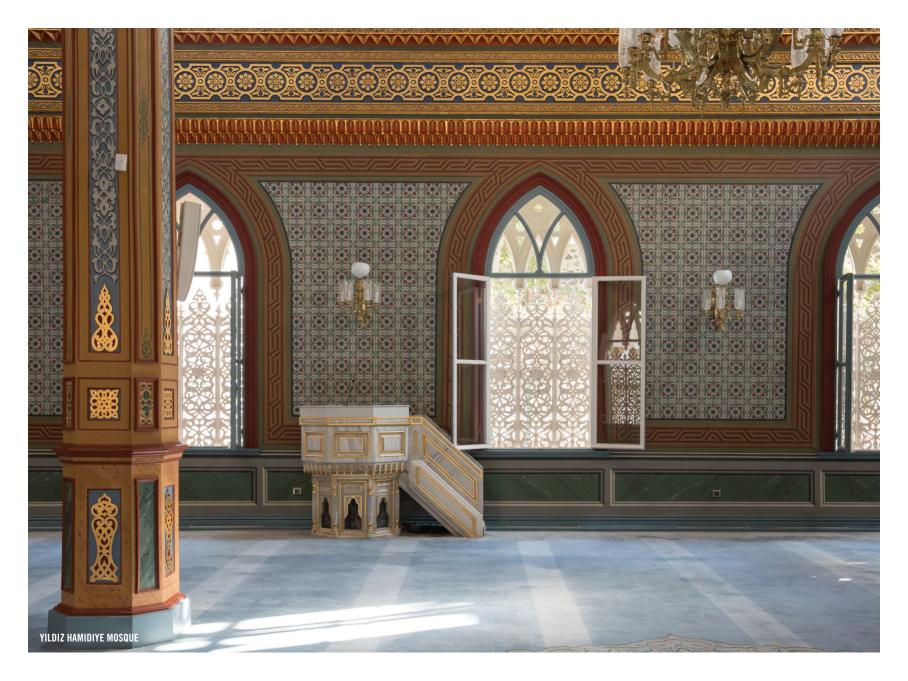
234 **YUKA**

Vişnezade Mh. Maçka Meydanı Sk. 18-A Beşiktaş ③ +90 212 259 10 99 yukabyguliz.com

Güliz Mustafaoğlu's small jewellery boutique and atelier is hidden away on a quiet residential street in Beşiktaş. Inside you'll find lovingly handmade and beautifully modern geometric necklaces and rings with colourful stones or large gold earrings in the shape of fine leaves.

235 AIDA BERGSEN

Teşvikiye Mh. Bostan Sk. 11/2 Şişli ③ aidabergsen.com The wearable sculptures of jewellery designer Aida Bergsen, inspired by mythology as well as organic forms, are crafted in wax before they are transformed into utterly unique jewels. Think of bejewelled snake-shaped rings, thick necklaces bedecked in blooming flowers or headpieces with ornate wings.



The 5 most impressive works of MODERNIST ARCHITECTURE

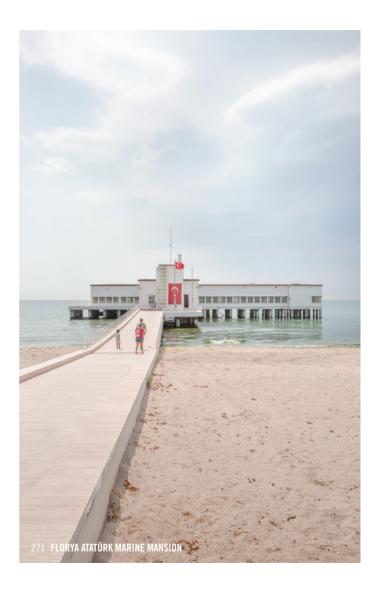
271 FLORYA ATATÜRK Marine Mansion

Basınköy Mh. Çekmece İstanbul Cd. 23 Bakırköy ⑨ +90 212 426 51 51 Far away from urban pandemonium, Atatürk's former summer home is a Bauhaus dream that seems to hover above the sea. Built in 1935 by the Turkish architect Seyfi Erkan (who studied in Berlin and worked alongside Hans Poelzig), the museum looks out over the water from every room decked out in original Bauhaus furniture.

272 HILTON ISTANBUL Bosphorus

Harbiye Mh.
Cumhuriyet Cd. 50
Şişli ③
+90 212 315 60 00
hilton.com

The Istanbul Hilton Hotel was built by the prominent American firm Skidmore, Owings & Merrill with Sedad Hakkı Eldem (a pioneer in Turkish nationalised modern architecture) acting as advisor. A confluence of modern architecture and Ottoman/Turkish touches, the hotel's grand opening in 1955 was attended by a slew of American celebrities.



5 spots to TAKE IN THE VIEW

346 HRISTOS TEPESI

CHRIST HILL Burgazada Mh. Follow dirt path past Büyük Çamlık Sk. Adalar ® A sense of penetrating serenity is inevitable when you reach the top of Burgazada overlooking the expanse of the sea and horizon. The Hristos Tepesi (Christ Hill) was once home to a Byzantine monastery, but nowadays only ruins and a small 19th-century church remain, as well as the fascinating Greek cemetery amid the pines.



347 YAVUZ SULTAN SELIM MOSQUE

Balat Mh. Sultan Selim Cd. 18 Fatih ②

+90 212 599 34 77

Built between 1522 and 1529, this mosque is dedicated to the infamous Selim I who killed more than a few of his family members in order to guarantee his and his son Süleyman the Magnificent's ascension to the throne. Located on Istanbul's fifth hill, the mosque's terrace looks out over a gorgeous Golden Horn view.

348 HIDIV PAVILION

Çubuklu Mh.
Piri Reis Cd. 32
Beykoz ⑥
+90 216 331 23 42
hidivkasri.com

Commissioned by Abbas Hilmi Paşa, the last Khedive (Viceroy) of Egypt, to the Italian architect Delfo Seminati, the Hidiv (Khedive / Viceroy) Palace was completed in 1907. An art nouveau beauty with a prominent tower, the palace is now run as a restaurant and cafe.

349 KALPAZANKAYA

Burgazada Mh. Kalpazankaya Yolu Sk. 42 Adalar ® +90 216 381 11 11 kalpazankaya.com.tr Another hidden beauty on the lovely island of Burgazada, Kalpazankaya's simple wooden tables and chairs look out over a beautiful view of the sea underneath the shade of pine trees. A great place to grab a simple lunch while exploring the island or for watching the sunset.

350 RUMELI FENERI CASTLE

Rumelifeneri Mh. Sarıyer ⑥ Located on Istanbul's northernmost point, the quiet fishing village of Rumeli Feneri, with its casual seafood eateries, is a wonder completely removed from city life. The nearby 17th-century Rumeli Feneri Castle, built by Sultan Murad IV for surveillance purposes, looks out over the wild open sea.

5 great JOGGING ROUTES

456 FROM KURUÇEŞME To bebek

Beşiktaş 4

The waterfront boardwalk on the Europeside coast of the Bosphorus extends about 5 km from Kuruçeşme all the way to Rumeli Hisarı (with a few interruptions on the way). If you'd rather go for a shorter run, the route from Kuruçeşme to Bebek is around 3 km and can be rewarded with a delicious breakfast at Bebek Kahve.

457 **BY THE GOLDEN HORN**

Fatih ②

the Atatürk Bridge (make sure to enjoy a glorious view of the Golden Horn on both sides) and continues up the coast, toward Balat, on the boardwalk until reaching the small Fener ferry port and then back (about 6 km in total, there and back).

This is a shorter run that takes you across

458 THROUGH Maçka Park

Şişli ③

Maçka Park is not very big, stretching about 1 km from one end to the other, but can be a tad more arduous because of its hilly landscape. If you're looking for a longer route, you can run up and down the smaller paths that lead around the park's wooded areas.

459 **BY THE MODA SEAFRONT**

Kadıköv (7)

Almost the entirety of the coast that surrounds the Moda area is a boardwalk where people love to run, stroll and ride their bikes. This particular run can go on for about 3 km in one direction and is accompanied by beautiful Bosphorus views the entire time.

460 BELGRAD FOREST

Bahçeköy Merkez Mh. Sarıyer ⑥ +90 212 226 13 14 Once a village that housed the thousands of Serbs who were brought to Istanbul after the Ottoman Siege of Belgrade in 1521, the Belgrad Forest is now a verdant paradise of deciduous trees with hidden historic ruins. It also has a more than 6 km running and walking path through nature.



5 very enlightening **BOOKS**

about Istanbul

491 MIDNIGHT AT THE PERA PALACE

By Charles King

a multitude of fascinating interwoven stories to detail the birth of modern Istanbul, author and professor Charles King deftly explores the interwar era. Tales of a tumultuous city without borders bustling with spies, artists, jazz musicians, exiles and poets allow for some understanding of Istanbul's enchanting essence.

A truly enlightening read that recounts

492 A MIND AT PEACE

By Ahmet Hamdi Tanpınar Often described as a 'Turkish Ulysses', Ahmet Hamdi Tanpınar's novel was originally published in 1949 and articulates the often conflicting facets that compose the Turkish identity. *A Mind at Peace* is a love story set against WWI and the cultural revolutions after the end of the Ottoman Empire and the beginning of the Turkish Republic.

493 ISTANBUL: THE IMPERIAL CITY

By John Freely

Written by the late and highly regarded American physicist, teacher and author John Freely, *Istanbul: The Imperial City* is a comprehensive study of Istanbul through all its various ages, from the earliest settlement to the present day, including an index of major monuments and museums.

494 ARA GÜLER'S ISTANBUL

By Ara Güler and Orhan Pamuk Turkey's most eminent photographer, the late Ara Güler immortalised moments of daily life in an Istanbul that has changed so rapidly. This collection presents Güler's remarkable duotone photographs between 1940 and 1980 accompanied by the words of renowned Turkish author Orhan Pamuk.

495 ISTANBUL: MEMORIES AND THE CITY

By Orhan Pamuk

A deeply melancholic memoir by Orhan Pamuk filled with old black and white photographs, *Istanbul: Memories and the City* is a beautifully written account of a former empire trying to become a modern city, stuck between east and west and deeply intertwined with a young Pamuk's budding sense of self.