

Fighting Fire with Fire

HOMEOPATHIC DETOX THERAPY

Real treatment solutions for 21st Century diseases

Ton Jansen

Fighting Fire with Fire, Volume 1

Homeopathic Detox Therapy

Real Treatment Solutions for 21st Century Diseases

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What colleagues are saying about HDT

Sapere aude – dare to know!

“When Hahnemann laid the foundations of homeopathy, life was simpler. There were no vaccinations, synthetic hormones, antibiotics, wireless networks and so on. To deal with these new exposures we need new tools. I believe HDT is one such tool that will be welcomed by practitioners who dare to think outside the box.

Ton is a real pioneer of homeopathy; his method makes sense and he puts it into practice in a very elegant and logical way. If applied correctly, homeopaths can easily see for themselves that HDT works in their practice, even when other methods fail.

Ton’s knowledge of *Materia Medica* is profound; he is able to understand substances (especially plants) like very few other homeopaths, so when he uses so-called ‘small’ remedies, always take note! Together with the *Hahnemann Apotheek* in The Netherlands he has developed many new remedies that are able to erase pathological influences and unblock the suppressed vital force; he is a leader in studying and applying human body substances in homeopathy.

With this beautiful combination of knowledge taken from botany, anthroposophy, homeopathy, and many other sources, Ton has given us HDT; a long-awaited revolution in homeopathy!”

Dr. Peter Naydenov, Paediatrician & Homeopath, Bulgaria

“I first met Ton at his HDT Seminar in 2013. His vast knowledge, inspirational teaching and of course his HDT method made a big impression on me. During my homeopathic education I was taught to use all available knowledge and to avoid a narrow vision, and this is exactly what the HDT method stands for. It may seem that by using HDT you are limiting

yourself to one method, but in fact I find the opposite to be true. All homeopathic methods are part of HDT; it is just a question of choosing the parts that suit the individual patient's needs.

I have had the chance to work with Ton in his practice, giving me the opportunity to deepen my knowledge and to witness his enthusiasm and love for his work and his patients. His continuous drive for development and his never-ending search for perfect results are inspirational. His mission is to further develop homeopathy, to really cure his patients and to pass on his knowledge. All this has been woven into a beautiful book, which I can highly recommend!"

Elke Kroon, Homeopath, The Netherlands

"I have combined classical homeopathy with HDT in my homeopathic practice in Korea for the last two years with the help of Ton. After that my clinical results got better and better; in some cases we had amazing outcomes. I feel Ton's HDT keeps evolving. I think HDT will greatly contribute to the progress of homeopathy, moving it towards a more complete system of medicine."

Dr. Young-Goo Kim, Doctor and Homeopath, Korea

I am one of the lucky ones!

"During my homeopathy studies I had the good fortune to complete my internship with Ton Jansen and learn about HDT.

I started working with this method in Ton's practice and saw amazing results. Now I am using the method in my own practice and I believe that in many cases the results would not be as quick or as complete without the HDT approach."

Marije Rappoldt, Homeopath, The Netherlands

Homeopathic Detox Therapy: an answer to the devastating chemical destruction of mankind

“Although his family name in Dutch means "Doe", like John Doe, Ton Jansen is by no means Mr Average! In the four years that I followed his courses I was impressed on so many levels; his in-depth knowledge of the Materia Medica, his ability to pull apart complex cases, and his unique blend of spirituality and down-to-earth clinical analysis.

Ton goes quickly to the causation in each case, giving single prescriptions that take into account miasms, organ systems, the mental picture, causations, relationships between complaints, nutritional deficiencies and constitutional remedies. It is truly a ‘totality’ method.

HDT is, at present, the best answer homeopathy has to really dealing with today’s ‘obstacles to cure’. Enrich your practice and cure your patients more deeply by delving into HDT.”

***Frans van Rooijen, Classical homeopath,
Chief Editor of Dutch Homeopathy Publication "Dynamis"***

„I first met Ton during one of his seminars about the healing powers of plants and trees. His enormous passion and knowledge was very inspiring. Later on I was privileged to work closely with Ton and witness the many cures in his practice.

I took part in seminars on HDT and I am happy that his new book is ready so other practitioners can read about his wonderful work and can contribute to a higher level of healing. To understand his way of working it’s advisable to take part in one of Ton’s seminars with live patients, but this book will certainly give you an insight into healing with HDT.“

Jacqueline Kindt, Homeopath, The Netherlands

A Note from the Editor

When Ton first asked me to edit this book on HDT I felt deeply honoured. Having taken part in several seminars and witnessed a fantastic shift in my own clinical results through the application of his methods, I was determined to learn as much as I could from this inspiring man. What better way to do this than through the deeply intense and enlightening process of bringing this book to the English-speaking world!

I have tried to ensure that the true essence of Ton's theory and practice is clearly conveyed. With 30 years of knowledge and experience to cram into its covers, this was indeed a weighty responsibility. I believe that together we have been able to produce a book that can pass on Ton's methods to other practitioners in a usable way, whilst sharing many of his fascinating insights and case examples. I sincerely hope I have managed to capture the core of Ton's colourful and unique homeopathic vision; it is at the same time complex and yet elegantly simple.

Ton Jansen is one of a kind. His vast knowledge is humbling and grows by the day. He is a man with a very clear vision that comes from deep within and it has been my great privilege to work with him in this way. It struck me during the first seminar I attended that Ton is driven by one clear goal; he wants his patients to get better, and stay better. This motivates him to continue to solve the elusive mysteries of health and disease. In a time where true health and vitality seem ever harder to achieve, I am so grateful that there are still human beings like Ton who are fighting for a healthier world. May his knowledge keep evolving so we can keep learning from him!

Anna Rayner, Homeopath, London, UK

INTRODUCTION



Since childhood homeopathy has played a very important role in my life. When my mother was pregnant with me she was prescribed a highly toxic medication for a serious infection. I was not expected to live, yet apparently I was keen to take part in this world! However, during my early years I was filled up with various medications for migraines, kidney and bladder infections, chronic diarrhoea, joint pain and epilepsy. By the time I was 16 my body and mind were a mess and I had the feeling that I wanted to die. My mother realised that I was in a very bad state and took me to see a homeopath. He prescribed *Aurum* and it did a beautiful job of lifting me out of my despair.

Many years later homeopathy came to my rescue once again when my baby daughter had an extreme reaction to the MMR at 15 months old.

Directly after the vaccination she got an infection in both ears with extremely high fevers. She was given antibiotics, which did not help. Her spine began arching backwards and she was diagnosed with meningitis. At the hospital she received an IV of antibiotics at which point she fell into a coma. After three days the doctors said that the pressure in her brain was so high they advised us to let her go. We took her immediately to the homeopath who had treated me earlier in my life. He gave *Dioscorea Villosa* which instantly relaxed the arching of the back and after three hours she awoke from the coma. The response was nothing short of miraculous. Within 48 hours she was sitting up in bed and is now a happy and healthy adult.

After this experience I had complete clarity that I must become a homeopath. I studied homeopathy and anthroposophy and still continue to study on a daily basis. I do so to further understand exactly what happens in the body when someone gets sick. My goal is simple; I want to provide a complete treatment for a permanent cure.

I am an autodidact. First I think, then I try, then I learn. The motivation for writing this book is simply to share all the lessons I have learned in 30 years of practice. I hope it will help other homeopaths to greatly improve their clinical results without having to experiment on their patients. I will explain in full what I have come to call '*Homeopathic Detox Therapy*' (HDT). I believe HDT is not a separate school of thought, but is instead a missing link that can remove blockages and address the real root cause of disease. It is extraordinary to see how often after one or more detox courses the constitutional remedy comes into view, allowing us to progress with treatment.

Let us join forces to make homeopathy the powerful therapy it has the potential to be, so it may once again become a part of mainstream medicine. I am grateful that by sharing the HDT method, I can contribute to a better and healthier world.

Chapter 1: HARMONISING HOMEOPATHY

One of my main motivations for writing this book is an attempt to bring harmony to the different schools of Homeopathy. Hahnemann evolved out of Hippocrates' legacy, who himself was already working with dilutions. He revived these early homeopathic principles, writing six editions of his *Organon of Medicine*. After each edition he was convinced that this latest version was the method to use. Of course after each publication his knowledge evolved, so there was never a 'finished article'. But we should remember that the journey of discovery didn't end with Hahnemann's death. It is our duty and our honour to continue the evolution of homeopathy. Whilst I quote Hahnemann from time to time, it is not because he is my guru; it is because a lot of his teachings are true in clinical practice. I go my own way, but can recognise that he had incredible insight regarding disease processes and how to regain health.

Many current models of homeopathy claim to be the only correct method. This attitude causes conflict between groups, each one striving to be 'the one true way'. This is similar to the conflicts we witness between different religions, each one believing that they have found the one true God. However, dogma stands in the way of progress, for it does not encourage us to think for ourselves and bring our own gifts to the table. Be your own guru, rather than following the 'one true way' of another. Many medical doctors are also very narrow in their thinking. They may know a lot about the symptoms of disease, but sadly are taught very little about lasting health and how to achieve and maintain it.

How powerful it would be if we could bring together the most elegant parts of each model. If we are honest, we can probably admit that each school of thought is at best a partial truth. I believe these strands can be joined together to create an 'ocean of knowledge'. I therefore call on all my colleagues to stay away from dogma. Instead you can evolve, adapt

1

and share your methods as you learn from the patients in front of you. In this way each of us will develop into a great practitioner.

In my own practice I watched my results improve dramatically by individualising my method for each patient. I work with isopathy, the periodic table (Jan Scholten), the sensation-method (Sankaran), disease classification (Hahnemann), Kentian homeopathy, phenomenology (Steiner), and many others*. The same applies to potencies. I employ the use of D-, C-, K- and LM potencies from low to high, depending on the individual energy of the case in front of me. My one goal is always to find the right treatment for that particular patient on that particular day.

There are so many myths and controversies around how homeopathy works, but as Hahnemann said, homeopathy should only be judged by its clinical results. He knew that homeopathic medicine was not explainable using the scientific theories of the day, but he knew it worked nonetheless. The same is still true today.

Before getting into the details of how to apply HDT in practice, it is important for me to share with you my thoughts and inspirations around how I personally believe homeopathy works, and also some of my philosophies of homeopathic practice. I feel this is an important foundation to the book as it will help you to understand how I get to the true core of my clinical cases.

How do Homeopathic Remedies Work?

When people dispute homeopathy's power they always talk of molecules. They say homeopathy is impossible because the dilutions we use go beyond molecular existence. But they miss the point; molecules are in no way the end of the story.

I believe every element, animal, plant, molecule and mineral has a unique essence; a unique 'I am'. I am not talking of molecules here, or even of energy, or vibrations. It goes far beyond all of these concepts into the realm of vacuums, space and an entire universe in which every

* See *Recommended Reading list at the end of the book.*