

HUMAN CHEMISTRY INTEGRATED THERAPY

FROM A HOMEOPATHIC PERSPECTIVE

A NEW APPROACH

EFFECTIVE TREATMENTS FOR 21ST CENTURY DISEASES

BOOK 1

HORMONES, NEUROTRANSMITTERS, FOOD SUBSTANCES AND ADDITIVES

Ton Jansen

Fighting Fire with Fire, Volume 2

Human Chemistry, Integrated Therapy – Book 1 from a Homeopathic Perspective

A New Approach - Effective Treatments for 21st Century Diseases

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FOREWORD

This is the third book by Ton Jansen, and follows on from his first book 'Fighting Fire with Fire'. Here he goes into more detail about body-substance remedies (sarcodes) as well as toxins. In some cases these remedies remove an obstacle to cure, in many other cases they are the key to restoring health. Ton's way of working is literally ground-breaking, as through regularly using remedies that are unknown to many homeopaths, and identifying imbalances in the patient by reading their blood test results, he is able to achieve positive results in a large number of patients who previously were not progressing in their treatment. And now, in this book, as well as in his various seminars, he is showing us how we too can enhance our own practices and achieve his level of results - which will be good for homeopathy, ourselves and for our patients!

*Roger Savage
Saffron Walden, UK
December 2020*

PREFACE

For the second time I have the honour to write a preface to a 'brainchild' of Ton's. The first time was in 'Finding Your Way Through the Forest of Symptoms'. I am sure that many of my colleagues have been inspired by 'Forest', as I certainly have been. Since I have been working with Ton's method I am often baffled by the results that my patients showed. By consistently 'taking the timeline' and inquiring deeply about what had happened in the patient's life, including the history of illness, the use of medicines and vaccinations, not to mention the negative consequences of environmental factors such as toxins, heavy metals and the like, I am able to make better prescriptions.

His method of dealing with those negative influences works wonderfully. We actually give the body similar information through the (often new) remedies, so that it can rebalance itself. In the beginning I was critical of Ton's way of working. After all, I was trained in the classical tradition. Also, I am a person for whom seeing is believing. But by applying his method, I became increasingly convinced that it really works.

Now here is this new book: 'Human Chemistry, Integrated Therapy.

In this first part hormones, neurotransmitters, food substances and additives are described. In addition to that, Ton explains the influence and interactions of these natural chemicals in our body.

As homeopaths we see on a daily basis the healing power of the classical homeopathic remedies. We can reach areas of disturbance that can lead to disease.

Although in the past I achieved quite good results with prescribing constitutional or acute remedies, I often saw a relapse. Or it seemed at times I couldn't get to the heart of the disturbance, as if something was blocking the healing. Of course that frustrated me, as I am a perfectionist. In many talks in our 'Intervision' group, Ton has inspired us with his enthusiastic stories, and his amazing results in complicated cases.

Now my case taking has gained in depth, I get closer to the core of the

disturbance. For example, a 30-year-old person may have symptoms caused by the medication taken by his mother during pregnancy. How did I solve that earlier? I didn't, I had no tools. Fortunately, I can address this problem, now, by prescribing potentised allopathic medication in a course. For example I can reverse the disruption of the endocrine system, brought about by the contraceptive pill.

Twenty years ago I would have called a homeopath working like this a 'quack homeopath'. Now I too am practising this method, with good results for the patient. And in the end that is what matters most.

This method also has a disadvantage, the patients soon need to come less frequently, so you would think... less income. But of course, satisfied patients refer more often. It should actually work the same way in healthcare as it does in China, where the doctor is paid according to the number of healthy people in his practice. The healthier the community, the more you earn.

I was able to make a small contribution to the creation of this book by acting as Ton's sparring partner, by asking critical questions and making a contribution in the search for pictures.

I am deeply grateful to Ton for the great amount of energy and time that he has invested in further developing classical homeopathy. I am also convinced that, if Hahnemann were still alive he would have arrived at Organon 20 by now. Hahnemann kept on reflecting on his results and evolving the way he practised homeopathy in order to find the best way to heal his patients. I would like to put one more person into the limelight and that is Lous Wijnkoop. For without her amazing dedication and intensive labour this book would never have come into being. So a big thank you, Lous! And Roger Savage helped with some of the writing and then thoroughly checking the entire text.

I wish you, the reader, first of all a lot of reading pleasure, but also a lot of studying pleasure. Immerse yourself in the matter, discuss it with your colleagues who are also working with this method, let it come to the aid your patients' well-being, for they deserve it.

*Ries IJsseldijk
Sint Pancras
December 2020*

INTRODUCTION

This book has grown out of my practice of Human Chemistry, which I began in 1987. In Human Chemistry, Integrated Therapy we use not only homeopathic remedies, but also give advice about orthomolecular supplements, healthy diet and daily exercise. With an unhealthy lifestyle, health cannot be restored for long, even with the best treatment.

I have found that reading a blood test reveals many imbalances in a person's system that can be corrected through this way of working. And this correction can be measured in a subsequent blood test.

I came to this methodology as a result of facing so many obstacles to cure in patients, frequently following the extensive treatment they had had with medical drugs. Not only have my results been much better, they have also been much faster. Once a patient is in balance, if something happens in life later on, often a single remedy solves the problem or the self-healing ability is sufficient.

Through this way of working I have discovered the need for a lot of 'new' sarcodes and nutritional substances. So this book introduces a great deal of new *Materia Medica*. It is important to see every case as individual, and to consider what is important in each patient, and shape the treatment programme accordingly. And always base your prescription on the Reason for The Visit! That is where the healing energy is alive and most active.

There is so much knowledge I want to share with you that the second and third book of this series are already under construction! This first book covers the concepts of Human Chemistry - Integrated Therapy and presents the *Materia Medica* of hormones, neurotransmitters, along with food substances and additives. Not only the plan of this series, but the very hard work in creating these books, is due to the way Lous kept pushing me to explain thoroughly, and clarify, what I was wanting to convey.

I hope that through this book you will be able to make this method your own. It will require study and reflection to make a prescription that really fits each case, rather than simply copying what I have written in this book. This will help you to achieve better results with your patients. And to improve your own health and the health of your loved ones!

*Ton Jansen
Den Hoorn, Netherlands
January 2021*

Chapter 1: HOW I DEVELOPED HUMAN CHEMISTRY, INTEGRATED THERAPY

Human Chemistry, Integrated Therapy means treatment using homeopathy and orthomolecular supplements along with dietary and lifestyle advice. You may recognise parts of this story from ‘Fighting Fire with Fire’, but it incorporates some new developments.

When I began in practice in 1985 I looked in every case for the single remedy and quite often used LM potencies. After about three years I almost stopped using the LMs because I found the results were better and quicker with the centesimal potencies – and sometimes with the x/D potencies, for example with Merc-sol (after dental treatment) and the tissue salts (which are not succussed, only triturated).

By 1993 I was looking for a means of treating patients more quickly and more completely, as I was not achieving results that were ‘quick, gentle and lasting’. So I read the Organon three times in succession, and found the need to clear the obstacles to cure. I began my search for what could be those obstacles, and found that mercury (amalgam) was a big factor, also paint and paint related chemicals, cosmetics, hair care products (many of those containing formaldehyde), solvents and toxic volatile substances.

In 1994 I realised I needed to make a careful timeline for each patient, to trace the development of their problems, starting from conception. And this led me to conclude, first in children, that there was a change after they were vaccinated (strictly, vaccination means for smallpox, and for other diseases people are inoculated or immunised, but nowadays we use ‘vaccination’ to cover all these). They were never quite well since that event, and in some cases very much damaged. So I realised I needed to antidote the ill-effects, but not the protection, of those vaccines. It wasn’t enough to give the nosode of the disease, because the vaccine is different and contains far

more ingredients than just the disease substance. My next step was to have remedies prepared from the vaccines and to start testing these, first on myself and people around me, later on patients. With amazing results, as I have explained in detail in my book 'Fighting Fire with Fire'.

I also found I needed to advise dietary changes, as poor diet and living conditions are also maintaining causes. And I found I had to treat past diseases (and often the damaging effects of allopathic medication – of so-called side effects - that had been used, like antibiotics) that had left the person 'never well since' or invisibly damaged.

By 2002 I was calling my method Homeopathic Detox Therapy. More recently I have been realising that we need to look into human biology or human chemistry, to find what chemicals and toxins may be affecting and thus, once detoxing is complete, balancing the various factors in our system. From 2008 I started looking at blood test results. These, I found, gave me indispensable, measurable information on the state of health of the patient.

So I started to study this subject and prescribe orthomolecular supplements mainly based on the test results. In more recent times I have been asking patients myself to have these done, and for which factors. The test results clearly tell me what needs to be corrected, and where the body is out of balance. After all these years of reading these results, I can see almost instantly which processes need be addressed to bring the patient back to health. And a retest after the homeopathic treatment offers confirmation that the treatment is indeed restoring health.

I have named this new approach 'Human Chemistry, Integrated Therapy. It allows for quicker and more permanent cures of more ailments, and with fewer aggravations.

The experience of more than 35 years of full-time homoeopathic practice has convinced me that individuals who have suffered ill effects of vaccinations can be restored to health with our well-chosen remedies according to the treatment method I have developed.

Levels of Health

Levels of physical health	Possible miasm	Constitution	Comment
Level 1	'Acute'	Very strong undisturbed vital force	In fine health most of the time. Only minor maladies or accidents/injuries, often resolving themselves, but otherwise easily treated with single remedies
Level 2	Psora	Quite good. Constitution affected by illness or a lack of healthy living conditions	Has had some medical treatment, and various issues need some detoxing and balancing. No energy for a fever which would be, up to 39.5°C (103°F), a sign of the body dealing with disease
Level 3	Sycotic	Adequate (stuck in a cycle of some good times and some bad times). Insufficient reaction to infections	Has had various medical issues, quite a few suppressive treatments, and maybe surgery. Has perhaps had some mild narcotics too. Some long courses of detox needed, and then balancing courses of sarcodes. Living with chronic (aerobic) disease, with very high fevers
Level 4	Syphilitic	Poor to very poor. May not react to acute illnesses	Is living with genetic/ anaerobic infectious disease (eg. DNA) with subnormal body temperature, serious and maybe terminal. May have had chemotherapy and radiation treatment, or indulged in heavy narcotics. A great deal of gentle detox and then balancing needed, but treatment is more likely to be palliative than curative