

ONLY NATURE LIVES FOREVER

**Nothing is stronger and more powerful
than Nature**

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KROPAK PART 3

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PHILOSOPHY BEHIND THE WECUCAL AMBEKAN

Breath is so common that it is almost not heard or seen. In the "Pencak-Silat" is very clear that the difference between life and death is breathing. How do you breathe says a lot about your lifestyle. By focusing your attention on your breath, you can experience what you are tirelessly working to manipulate the flow of life and to control. One should loose, free to relax and breathe deeply so that life becomes more susceptible to mind and body. Central to the development of mindfulness, alertness and watchful as one learns in the here and now, and you learn to look without immediately moving on to prejudice, condemn, judge, analyze or reflect.

By breathing doctrine is man enabled, push boundaries, and, moreover, discoveries are made in our own hidden powers which self-consciousness is larger. The consequence of it is that people will feel freer to go out and get along with fellow neighbor. The breathing doctrine comprises, in addition to the usual respiratory principles also the corresponding breathing techniques that are used in the "Pencak-Silat" and applied. This also applies as the basis for the spiritual development of the practitioner. Using

breathing techniques and controlled breathing one must first practice the exercises with various sitting and lying positions like the "Duduk-Lamunan."

THE DUDUK- LAMUNAN = Meditation-sits

The respiratory principle is: - Inhalation;

- Chest-abdominal breathing,

- Exhale; - Belly-chest breathing.

- In this way the muscles from the inside to be made warm. In the "Pencak-Silat", this method of warming up being taught, handled and used, because it is quite logical that in a real fight one have no time to warm up physically. In the heat of battle it certainly makes no sense to tell the attacker at the critical moment 'wait, I go first walk around to warm me physically, and once I'm warm enough I get a some soft mats so that we then in a calm and responsible manner the fight, and may initiate the ensuing battle. Ideally, of course, when the enemy or aggressor understands this, but in the life practice, which focuses on observable reality, an

unpleasant confrontation is unfortunately quite else.

The doctrine of "Vishnuh" says:

"We humans have often utopian or varying delusions which we consciously (premeditated) or often unconsciously so deliberately forget the utter reality in a fit of insanity. This breathing exercises according to the prescribed guidelines of the Vishnuh-Society, can be compared to a staircase which one can climb to the highest rung in the sphere of spiritual self-realization. As the spiritual realization is reached in which mind and body into unity merge into one, only one will be inseparably linked to the rest of his life with nature and are under constant influence of its natural power as an "indestructible body."

MEDITATION LEARN INITIAL PHASE

In the beginning, one should get into meditation according to the tenets of this doctrine and practice in various sitting and lying positions. All of these activities will lead to the achievement of a perfect spiritual balance in order to keep control of the phrases such as illness, anger and aggression. This means that the mind must be so trained that mind and body form a unity in the long run. Because, not the body must control the mind, but the mind body.

The doctrine of "Vishnuh" says:

"Whoever manages to overcome his mind and control, has his mind a good friend, but if it fails, it is precisely the spirit his worst enemy. Because who does not know how to control his mind is always accompanied by his greatest adversary, and will always prevent his goal constantly. After all, who keeps his cool in a real fight, is undoubtedly already the victor. But those that can not, will be inclined to act rashly and panicky, and he will lose the fight. And as long as our turbulent spirit remains undefeated enemy, we used to obey the orders of anger, disappointment, depression, and both mental and physical symptoms."

It has often happened in the past that people in war afflicted by disease or injured, yet were still able to deceive the enemy or defeat. Religious people see at a time like a miracle or the hand of their god. But in these cases it is due more to the control of their own mind which has seized them unconsciously or consciously by the present danger.

The doctrine of "Vishnuh" says:

"Everyone can learn in a conscious and responsible way itself total control of their own mind, because this has nothing to do with miracles."

If we want to achieve body control, one must do so first understand themselves. Someone whose mind

is still confused, can not practice meditation. Who is easily upset will quickly give up on the whole and therefore the mind must first be restrained and calmed down. For someone who standing in his being able at this stage will be happiness, peace, pain, heat and cold, honor and dishonor experienced as one and the same. In addition, the body should be in harmony with the spirit that by regulating eating and sleeping, is established. One should not eat more than is needed to harmonize body and mind. Who, eats more than required will only produce nightmares in his sleep and will sleep more than is actually required. Furthermore, in nutritionally also not necessary that one eats too often meat, because there is generally rich in corn and vegetation, including a plurality of types of vegetables, milk, fruit and other nutritious products. But someone who deliberately artificially do not eat (among others dieticians) and in accordance with their idea, can not practice this breathing doctrine. One needs to be able not to eat and to fast, then it is required. It must therefore be responsible and moderate eating. Who is moderate in his eating, sleeping, working and relaxation habits, will be able to relieve physical and mental pain through exercise and perseverance in this doctrine.

With meditation we can mobilize unprecedented powers in ourselves

In the pencak-silat is one normally trained to bring out the mental stability from the inside using the Kamavasayittha-Siddhi and Anima-Siddhi. Kamavasayittha-Siddhi regards learn to use the power of their own mind that the impossible can be achieved. This is no easy task; because the mind must be so trained that mind and body moving as a whole. In order to achieve this state of being, in combination with the above-mentioned learning system, use is made of the eightfold Picasa Asanga system.

... "Picasa Asanga" is a Sanskrit word and means metaphor attitudes, these are metaphors that are based on physical equation and are metaphorically to the physical expression art. This doctrine is easy to learn as long as one is also complete commitment. Picasa Asanga methods are therefore based on ancient prescribed attitudes and actions that do get the practitioner into ecstasy or trance and lead. This activity is also accompanied by the chanting of the secret spells (mantras.)

Chanting = Sanskrit for "repeat"

WHAT'S MANTRA?

Under Mantra understands the doctrine of "Vishnuh": "The inner conviction based on fresh". Mantras are usually according to transcendental method frequently repeated during practice in order to evoke the intrinsic power using the established learning of the "Kebatinan doctrine" and its concentration process "Breathing Doctrine". Mantra's worden gechant. The term mantra is of Indian descent and was developed under the influence of many former indigenous peoples, they believed that if one always with great conviction call that which was much needed (eg. The rain "), which then became a reality. If the result such rite was done accidentally or succession according to the prophecies, the mantra was considered as a powerful spell. As a logical consequence the people had no reason to dubiousness and adopted this mantra as a regular part of their ancestral history. That people attached great importance to this inherited magic words were in fact not surprising, as these as well as other ritual obligations, were among the most normal things in a village community. So ancient Mantras (Magic Songs or Spells) found their genesis at this time as a rage everywhere in the world, according to some newly invented

doctrine. The word mantra is derived from two Sanskrit words of Mana, which means spirit, and traya, that means liberation. The explanation of these two words contain the spiritual sound vibration, which aims to free the living being to cleanse the mind of all the bad luck, discomfort and evil inclinations. This spiritual sound vibrations can be triggered by the "Chanting" of encouraging poems by voice or by using a homemade prayer speech which as usual is to be fabricated locally. Successively repeating a prayer is thus called chanting.

... Today leads many examples of such forms of prayer in everyday life against. Think about the Hare Krishna movement and many like this. In the pencak-silat, this method is only used to promote overall physical wellbeing and mental concentration. This system, the chanting of mantras combined with "Breathing Doctrine" in particular the Picasa Asanga, the Kamavasayittha-Siddhi and Anima-Siddhi are in the 'pencak-silat' recommended for the management of the peace of mind and the senses, and progress on the path to spiritual self-realization. Here you practice breathing on their own breathing, until neutralized both air currents, and be balanced.

... This breathing technique the priests of Vishnuh enabled to extend their life by many years. It is therefore not surprising that these at least were able to reach a very old age while retaining their vitality, as far as nature allows. But so far almost all generations of Vishnuh-Society died in extreme old age. But this is not witchcraft, but pure inner self, purely by using the wecucal ambekan (doctrine of breathing.)

Thus said the teaching of "Vishnuh":

"A serious practitioner of this doctrine is touching his spiritual activities so well disciplined that he can be more confused by any unpleasantness. Here one learns to focus on the emotion of the inner man so that his wish to control. And whoever is unaffected as it comes across something pleasant, will not be surprised if he suddenly would happen something unpleasant."

The majority of Vishnuh's textbooks, thousands of years ago in India already used by various tribes and used to obtain better health and optimum performance. It is also the intention here, in order to achieve the greatest possible body control and mental relaxation. It does not matter how old someone is.

... Let yourself especially do not make wise, that it requires a special gift or a difficult art to learn,

because the natural movements that are used in the learning system of Vishnuh, are ideally suited for all ages.

... Breathing can act as a powerful tool to discover more about yourself and your hidden potential. This will teach you to discover your own potential and this makes you independent judgment of your own and others, allowing you to develop more sense of reality. So you learn with your breathing, to support the activity. This allows you to move progressively smoother and smoother. The purpose of this teaching is different: - increase the flexibility of your body, alleviate complaints arose from tensions and eventually increase your body awareness. Then you learn to use here some basic meditation and relaxation techniques for various purposes: basic acceptance of ourselves and strengthen self-confidence. And self confidence obtained from two distinct practices: by pertinently to be oriented towards the desired objectives and reduce unnecessary braking dependencies. This creates energy that can be promoted by very deep mental and physical relaxation, treatment of stress symptoms and spiritual growth. The practitioner learns in pencak-silat less to adhere to, and themselves, to less carried away by thoughts and emotions. You learn to deal with many situations

and accepting both difficult and enjoyable experiences in life in order to channel them where necessary. More understanding and inner freedom are the result.

THE BREATHING EXERCISES

The breathing exercises normally have a physical and mental pass-through, because the proper breathing is important for the blood circulation of the entire body. Faults cause many respiratory symptoms such as hyperventilation, heart palpitations etc. When we are agitated or nervous, we notice that right on the breathing, because it is faster and shallower. And with that many people do not cope with it. Many go through life without a shred of awareness of how their body actually works. You do not, if everything goes as planned. Things are different when after some time physical complaints. These can range from recurrent headaches, stiff shoulders and low back pain to a general feeling of "not rest" or overwrought. Because of these symptoms can be seen, that one has a lot of hindrance of tensions. In addition to learning eliminate stress, you will learn to give way to emotions, this is something that people often had

to unlearn in life, which one rather discouraged than encouraged.

Thus said the teaching of "Vishnuh":

"We do not believe what we say, but we do say what we have observed and observing. That one has seen does not always mean " believe ", and on the other hand believe is not" seen."

APPLICATION OF BREATHING DOCTRINE (WECUCAL AMBEKAN)

The essence of "silat" expresses the operations of the mind, in other words; the "Silat Doctrine" should be taught and used according to the instructions of the society. Thus, one should meditate three times daily. This process is dependent on the degree of perfection of the personal knowledge of the mind; is thus independent of the physical particular point of view, and then not in theory, but in practice. This means for the practitioner; "Not only look, but try and do." Furthermore, one must have sufficient tolerance fostered regarding ups and downs, heat and cold and so on. One needs the sense objects such as sound, color, smell, etc. to eliminate by dedicating itself punctual to the breathing process. The breathing process helps to ensure that one is

free from all kinds of fear and anger and thereby become aware of the presence of the spirit in his own mental state. In order to focus the mind on a set goal, one must constantly isolate and avoid that one is disturbed by external causes. One should very carefully accept the beneficial effects with regard to its self-realization and rigorously reject the negative influences. Furthermore, it should be perfectly determined not to crave unnecessary material things. These arouse a sense of owning at which one becomes more deeply entangled again.

... It is to gradually step by step, with full conviction, to get through using common sense into a trance and in a way in which the mind only and is directed only at himself. This is no easy task, because the spirit is strong and stubborn and often the intellect the boss, even if the mind is considered inferior. But for someone who has to fight every day a lot of annoying elements it is certainly very difficult to control the mind. One can indeed maintain an artificial mental equilibrium relative to friend and enemy, but ultimately give determination in this decisive through exercise, fasting and sacrifice.

SACRIFICE

There are several offerings procedures; depending on the setting of those offerings. The various types of offerings can be grouped into two main classifications; the sacrifice of material possessions and sacrifice in order to attain transcendental knowledge. These offerings can include the offering of assets to various forms of commercial gain in order to be itself better, and secondly, the sacrifice which should then be dutifully placed according to scriptural rules, with no reward expected. Generally this is done with some ulterior motives; think for example, of rituals in temples and churches, this is done in order to progress in materialism; but one needs to do a "dana" (gift of charity) without ulterior motives. Once again; one should only offer a gift (= give away) if this occurs only from the innermost and without ulterior motives, otherwise it is useless event. One should consider a gift as a thanksgiving and as a matter of course, but not as some imposed duty or material transaction.

... And if one wants to get ahead in life, or if one wants to be promoted to an atmosphere of increased mental activity, one must voluntarily undergo various trials, as penance vows for a period of

twelve full moons. But worship for economic reasons is taboo.

Taboo is a Polynesian word has two meanings; 1. - something that should be avoided or should be approached with great caution; 2. - something which one ought not to speak.

On that says the teaching of "Vishnuh" the following:

"All those who commit serious abstentions and observe with great devotion, or will deny at will from worldly pleasures as a sign of mourning or otherwise (Sat penances with evil intentions) that are not in the doctrine recommended and so out of pride and self-assertion, are driven by lust and material attachment, and both torture their internal organs as well as the self that dwells in them, should be regarded as evil creatures. Their peace of mind is identical to the evil elements of the (own) mind, namely; Haughtiness, pride, arrogance, unscrupulousness, anger and ignorance, these are the characteristics of those who are malicious in nature."

WHO OR WHAT ARE MALICIOUS PERSONS?

The Vishnuh doctrine says:

"Evil people are those who can create nothing but bad intentions and evil acts because of an inner

spiritual battle. Evil people are those who always appear overly religious and supposedly spiritually advanced and they respect no rules, but they do expect others strictly observe the precepts that have been invented by them. Conceited and proud that they are they think they have a certain degree of development or wealth. They want others to worship them down to the slimy and serve. They also demand respect from others, but if the other does not admit it, they force if necessary this respect by using mental or physical violence or both. While evil people always invoke their immunity in accordance with the will of their God or gods, they can, on this basis, no form of showing respect for the other person. By malicious people simply lack the sense of respect, this is because of that side never tried to understand the essential notion of respect. This apathy (unshakable insensitivity), caused by the madness in their religious fanaticism, which sustain them prohibits them such trouble as they are heavenly exalted or elect of some imaginary holy spirit or deity. Exalted persons may indeed do whatever they want, fully supported by the one and the other according to their teachings and way of life.

... It is a well known property that miscreants persistently angry about nothing, speaking sharply

and they do exactly what occurs to them. Moreover, they acknowledge only that which they find themselves well. The evil man always thinks to use multiplication of its assets and will always be all sorts of ways to work out his wealth in such a way to increase it. And because the other is his enemy, he will always make his life miserable and harass and oppose repeatedly. Malicious people think they are happy and often claim to enjoy it anywhere, because they are devout, they feel perfectly if they are chosen by gods. This makes them feel much better than any other who do not worship the same God or Gods as their own. Furthermore, they feel great because they do not engage in other foreign gods because they are pious and feel more powerful, richer and happier than all their other faithful brothers and sisters around them. They find that they are found very important and nobody can be like them. Furthermore, they bring offerings and participate in charity to keep up the appearance of being progressive, so they feel happy and think moreover that it will remain popular. Thus confused by all kinds of worries and enmeshed in a network of delusions, evil people will always fall back into their antisocial misconduct, they are unstoppable in their morbid desire for money and power, they will do anything to have to amass more wealth and they

are not interested, leaving the demise of their neighbor is effected. And because malicious people are passionate in their desire for more personal pleasure and material gain, they will remain stuck in their evil lives and cause as a result, time after time only misery and sorrow. In addition, driven by pride and vanity, they make their own laws and rules. Driven by power madness and self-exaltation they feel compelled to call and creating destructive murder weapons to suppress living beings in general and in particular fellows. Evil people are always cocky and impudent, deluded by wealth and arrogance, they are always in the front of their prescribed places of worship (church, mosque or synagogue or temple.) Often, they bring sacrifices in order to make a good impression to keep up with others, without itself to a line or provision. They do not pay attention to prescription or authorities, they always know better than the other and are always right even if it is not. Therefore, they are very rude in their behavior and misdeeds in traffic with fellow neighbor. When they have committed a mistake, they go quickly to confession or pay an expiation and think thus waive their crime. Malicious people think that sense gratification is the ultimate goal of life until their death, because the plans they make are ultimately never realized, and disappear again

quick to make way for another equally senseless plan. At the time of death, they still speak the heartfelt desire, to make their lives a little to be able to extend or stretch, because their materialistic goal not finished. And these are all the characteristic vices of gods and evil people."

FOOD, Self-Control, MENTAL AND PHYSICAL OFFERS

Regarding self-control, of food says the doctrine of Vishnuh the following:

"The practice of self-control when eating takes place automatically when one eats only offered food. And the physical method to be under the influence of self-control is to moderate primarily with food because this orientation principle is very useful in controlling the senses ; without sense control, it is impossible to free himself from material bondage, so clinging to material things such as money, possessions, etc.. What tangible form or shape it is nevertheless one is ignorant of his own real situation. Ignorance is the cause of material bondage and spiritual knowledge is the path to personal freedom of the mind from which

intelligence arises. The aim of all kinds is mental and physical sacrifices to get to the level of complete knowledge and then to achieve liberation from the material miseries. Nevertheless conceals a great mystery in all the various sacrificial acts, and he ought to know this mystery and understand. The road to spiritual self-realization is difficult to negotiate, but to those who endure the risk of their lives, the force they deserved."

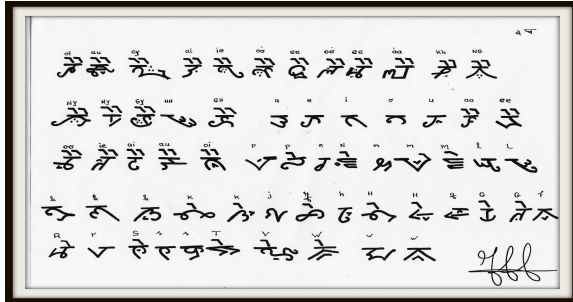
Those who want to make progress in the purely spiritual life is to accept the teachings of the Vishnuh-Society in complete surrender and conviction. The teaching and textbooks are only for serious followers of Vishnuh reserved for female and male instructors (Putu's.) This need for interested parties to keep any threshold, because anyone who is seriously interested in the learning of this society and is willing to end persevere, will be admitted to Vishnuh.

Please note: The doctrine of Vishnuh is not a religion but a doctrine to know yourself better and the place of man and all that lives in it, according to the circumstances, purely to determine.

Thus said the teaching of "Vishnuh":

"It's just the duty of those who seek the spiritual outcome of life, first of all to tame the greed and anger. When someone is

convinced that the mind is the source of everything, and when he acts from this science; he acts on behalf of everybody."



Find out more Pencak-Silat

Mental control as well as the physical degrees of pencak-silat was around the 2nd century AD. Chr. expressed in "Kembangans" (flowers), and later from the 7th century was called the spiritual control "Dannen" and the physical controls were expressed in degrees. The lontar writings shows that the concept of "Dan" means "height", "level" or "spiritual level". This concept originated in the 7th century during the frequent migrations of the Yuan Dynasty, after the invasion of the Mongol warlord Kublai Khan. This resulted, according to the writings of the Vishnuh-Society, social

intermingling of various cultural concepts and attitudes among different peoples. And the oldest method of graduation, especially the "Kembangan Satos (the hundred flowers) has since leading a spiritual life in the established provisions of the Vishnuh-Society in which the guidelines are set to give the kembangans, all of which refer to the descendants of the Vishnuh clan. This states that "by virtue of the first birthright and the first development right is the whole doctrine as well as its attributes are reserved for descendants of the Vishnuh-Society, notably" Ida Katut and Ida Bagus dynasty. These are the only heirs who inherit Kembangan metaphorically as inheritance and related subjects, as well as the highest level of the 10th (tenth) Dan. It is therefore not surprising that the word "Dan" by the Indian Vishnuh priests was used to clarify and ratification of the mental and physical level in the doctrine, which also indicates the personal rank within the "Pencak-Silat". There are several disciplines that traditionally have been making use of this term.

... The Gurubesar of the Vishnuh-Society in Europe has the 10th Dan, or the Kembangan Satos, thus applies to all priests with the same background.

This is the highest award granted to a pupil teacher and follower of Vishnuh.

The doctrine of "Vishnuh" says:

"The spiritual teachings as well as the content of, from defines our tribe ancestral civilization, that the battle structure of the 'pencak-silat" belongs to the Hindu-Buddhists, just as Islam to the Muslims, the holy book the triple Tripitaka to ascetic Buddhists, and the sacred texts of the Vedas, the Bramana's, the Upanishads, the epic poem Mahabharata and Puranas are among the Hindus, in the light of Hinduism. So among the education of Pencak-Silat to the rightful owners and heirs, "the members of the Vishnuh-Society."

The name "Vishnuh" with its always applicable codes, not only for past but also for today and far into the future. Vishnuh is indeed the name of the ancestor of the clans of the Vishnuh-Society and will never go down in value. Just as Islam and Christianity of Jewish origin which the Bible as a basis has been used, as is the spiritual teachings and the combat system in pencak-silat from Hindu-Buddhist origin whose spiritual and Natural Sciences of the Vishnuh-Society as a basis has been used. Therefore, the fighting actions can not be called Pencak-Silat, which were previously distributed by Pendekars under the auspices of the

Vishnuh-Society. It is quite logical that the combat operations not only include the whole doctrine. For example; someone who writes for the local newspaper is not a journalist or someone who wears a long knife itself is not a cook yet. Through this inner sense they not only behave with integrity and fairness towards the adat waton of "Pencak-Silat and the Vishnuh-Society, but above all for himself, and this to the satisfaction of the ancestors.

SCHEDULE- COMPETENCE AND LEARNING SYSTEM

The concept Penditoh is now called Gurubesar. Penditoh is a Sanskrit word and means Priest. At each Kebatinan grouping, was then a Panditoh to the head.

Penditoh = priest, spiritual representative, whether in a religious context or otherwise.

Pendekar = warrior, patron.

Pendekars were previously in the turbulent times of the Indian archipelago fully responsible for the armed forces of the king. Like a colonel this time. They were also completely responsible for the

training of the elite warriors of several popular leaders, which according to their ideological views to get no other living being as a leader or as a recognized sovereign. This was done until the year 1333, the Vishnuh-Society decided to restrict the whole doctrine. But this method of military service of the people only came with permission from the Vishnuh-Society, this also meant that each "Pendekar" who went beyond the doctrine of pencak-silat, could be dismissed unceremoniously from his post, followed by sanctions by the Society.

The doctrine of "Vishnuh" says:

Who want to be a member of the Vishnuh-Society should remember that he or she voluntarily undergoes this doctrine. Actively learning of pencak-silat, should never be made on the basis of self-constraint, since self-restraint is one of the factors which contribute to the disruption of peace of mind. One should not force anything or to force himself while previously requested understanding is not yet spiritually present."

So do not force anything, just be honest and let it come, for more than that, there is often not, it is so and not otherwise. Everything takes time, living beings move in time and are riveted thereto. Not practicing should evoke no guilt regarding Vishnuh and the ancestors or anyone else. So this course is

applicable to any situation in which mental and social or coercion is used by a select group of people among others of all kinds and forms of government based on religion, to realize a selfish attitude (state philosophy.) "

The action in the doctrine of Vishnuh which one casual can say "no", is used in every form of society.

Thus said the teaching of "Vishnuh":

"Compulsion" by itself is equivalent to unduly disturb the peace of mind. But when one squeezes his hand, no one can put anything in, nor can pick something up from the ground; - So it is with the human mind, because if you want to learn something and actually reach a goal, one must make his mind casual open up."

SPIRIT SEEKING

Opening up the spirit of the unknown can be done without danger on the basis of logical thinking. The teachings of our ancestors says "Nothing or no one should accept anything blindly, everything needs to and be accepted in private consultation. And this independent judgments leading to define true and pure knowledge. The first thing that is required to

penetrate this science, is by trying to first understand this concept at all, by focusing on that which is beyond thought. To achieve this aspect, one should first of all, to expose each subject from all sides before one can form an opinion about it. But knowledge alone is not the most important, but the fact that not "know" but "understanding intensely" It's important, creates confidence, absolute certainty and pleasure in one's own mind (introspection.) This introspection principle emphasizes the more value of life and the value of life is self-being. All this can be successfully achieved by setting its own viewpoints in itself consultation, without intervention or interference from third parties. Remember that everyone has their own point of view that no one else has. It therefore makes no sense to criticize each other's position, but rather to respect them at all times."

The doctrine of "Vishnuh" says:

"Basically, anyone can easily learn our life learning, unless they are not misused for personal interests or material gain. Furthermore, it is also, for the Vishnuh-Society unimportant matter which country or which region a person comes, or which ethnic group they descended or what religion someone professes. Especially of any importance is the fact that one is born on this earth. The indisputable fact is that all living beings (fauna, flora and things) have seen the light at the surface;

and this alone is sufficient. Everything arose from the earthly nature which again clarifies the origin of life. All living beings form a unity with everything that has already triggered this earthly nature and produces. It is therefore important to make this one-time earthly existence bearable for each other, instead of to ruin it. Life is beautiful and one-time gift of Nature, since Nature is the source of all life. Also Nature is the only true connoisseur of life cycles, including his knowledge and powers are also present in the subconscious of every living being. Life is a gift of nature and it is therefore important not to ruin the given, but rather to make enjoyable. Everyone has its own momentum (destiny and philosophy) and pass to rapids of others we confess a weakness that we do not actually possess but nevertheless create through the power of imagination. The man who kept the unpleasant life experiences, imagining himself soon in elementary cases are already convinced that they can make something not achievable without engaging the assistance of third parties. Never forget that man is born alone and that every living creature has a role of nature in itself."

**EVERYTHING IS THE PROPERTY OF
THE NATURE
BECAUSE NATURE IS THE CREATOR
OF LIFE**

All living creatures belong to Nature, because it is not true that Nature belongs to man. People who exercise self-distrust waste their time pondering

about their inadequacy. They would just do well if they spend their time researching natural data related to their own mental abilities. Man must kindle his own fire and pursue the objective without being afraid of criticism, rejection and failure (failure.) We ourselves must endure living well, without having expectations of others, because when the time comes, the life of the individual will resolve itself. Except multiple births is every man born alone, but everyone dies alone. Stand up for yourself and for your fellow men. One will find peace in this once earthly existence when the solutions and actions to be brought into harmony with its nature and purpose. Keeps therefore always keep in mind that success in life involves a combination of elements. Try to understand this, and you will find that life with her less paradisiacal quirks still is not bad.

The doctrine of "Vishnuh" says:

"By building continue to think of their own safety and future, without prior notice to the result of our performance, it certainly gradually will be freed from the vicious circle of society to be encountered at the time of its existence. Remember especially not that all artificial concepts like civilization, legitimacy, violence, religion etc., were created by man, and that man nevertheless all that has occupied since its existence and all of which he created under it, repeatedly,