

Nepali Recipes

Women's Center VSN

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Preface

In March 2017, I got the chance to work with a great group of women. While I was a volunteer for the organization Volunteer Society Nepal, I worked in a Women's Center in Pepsicola, Kathmandu. Two hours a day I taught the women English and Math. Full of enthusiasm they came to their center every day and they didn't complain about the small rooms, the lack of windows and electricity, or that they had to sit on the street before they could enter the classroom.

I got inspired by them and when I heard that VSN was going to build a new center for the women I was excited to help. The funding was not complete yet, so I was thinking of ways to help. This is how I got the idea of writing a recipe book. With doing this, I wouldn't only raise some money, I also would teach the women how to express themselves in the English language. Because they worked on this book by themselves and earned money doing it, I hope to give them a sense of independence and power. This is of great importance to the empowerment of women in Nepal. All the royalties will go directly to the center, so if you are reading this it means you contributed to making a better learning environment for these lovely ladies.



Women's day – March 8th, 2017