

**WE,  
TOGETHER,  
AND I**



**Helen Nurdina de Graaff**  
**WE, TOGETHER, AND I**

A PERSONAL REFLECTION ON ME AND ON US

In 2019's London, during 2020's  
Corona Pandemic, and Beyond

2020

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Cover Art: Floor van Oers

Cover Picture: Helen Nurdina de Graaff

Back Cover Drawing: Helen Nurdina de Graaff

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**ISBN 978 94 640 5874 1**

This book is for my dearest friends in Utrecht and in London

for my brother

for my parents

and for everyone else



*“Yesterday I was clever, so I wanted to change the world.  
Today I am wise, so I am changing myself.”*

Rumi





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