A BOOK ABOUT SUSTAINABLE LIVING

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Students of the Aeres University of Applied Sciences

do something today

preface.

Every teacher will (or hopefully would) say that their students are the best, but mine are. And I'm not just saying this like any ordinary teacher talks about their ordinary students, claiming that they are funny and bright and that they are the future. My students will save our future. Because of them we will have a future. By now almost everybody has accepted the fact that if we continue along this path, we will have serious problems with a.o. feeding growing populations and keeping global warming and climate change in check. In order to deal with these issues we need a new generation with a new way of thinking. We don't need more business students working for profit only, or urban planners building new cities without considering their effect. We need people who have made a conscious decision to make this planet a greener, healthier and happier one. And thus I present... my students.

Teaching at the Aeres University of Applied sciences I teach English and communication to students of Applied Biology, Food & Healthy Lifestyle, Geo Media & Design and Sustainable Business. Year after year I've graded essays and articles on their linguistic merits while in the meantime thinking, more people should know this, more people should have access to their brilliance. So this year, we did something different in the first year programme and we became our own publishing firm. Students wrote texts, but they also looked into copyright law, and marketing, and I found two sophomore Design students who planned and did the lay-out for the entire book. So while I sit here, sipping tea and writing a foreword, I can proudly say, my students are the funniest and brightest and my students are definitely the best. They have made this happen, and the fact that you are now holding this book, a proper book with ISBN number, in your hands proves that.

Anca de Vries

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contents.

10. *lifestyle*



34. food

48. stories