HEART

© 2023 first press by Anastasia Tofoni ISBN 9789464927337

www.wrdsbyanastasia.com www.instagram.com/wordsbyanastasiapoetry

Any part of this book may only be reproduced, stored in a retrieval system and/or transmitted in any form, by print, photo print, microfilm and recording with the written permission of the writer herself. (Illustrations: Pinterest)



HEART

Where love feels real, but sometimes gets lost.

For you ♥

Hi there,

Whatever is on your mind, it's been felt by your heart, your own thoughts can lead you everywhere, but whatever you feel is the most present, not going anywhere,

it's been felt by the *heart*, these thoughts, there are too many, not capable to handle any, not needed to have them all, you know, but your *heart*

beats only for more, everyday, for the things you adore, it's brave to let go of something you feel is wrong, a restless soul, craving for a place you belong,

embrace the rhythm of (your) HEART, enjoy reading reflections of your innermost desires and dreams, felt and moved by your *heart*, because it's the only place that inspires the beautiful human mind.

Anastasia

stories from the heart are more worth feeling than memories of the mind, who keeps you restless in the past

WRDS by ANASTASIA

...restless in the past, memories that flee, thoughts that once had a story, but changed from direction you can't reach anymore, changed from direction you can't transform anymore, but a story worth feeling is meant to last, a story from the heart keeps your grounded for life.