

## **Healing**

A path filled with obstacles  
Obstacles to overcome  
Obstacles to make You stronger  
Obstacles of awareness  
Obstacles that turn into challenges  
Challenges that can be beaten  
A path filled with Challenges  
A path towards Healing

## **Belonging**

Belonging

A sense of not feeling alone

Common grounds

Shared views

Agree to disagree

Respect

Feeling they care

No judgement

Being encouraged

Encouraged to be the best You can be

A soft cushion

To catch you when you fall

A reaching hand

Pulling you back up

Making mistakes

Acceptable

A helping hand

When you stumble

That warm blanket

Enveloping

Allowing You to be

To be whoever You want to be

## **Wisdom of a Child**

The wisdom of a child  
Contains absolute truth  
Untainted  
Without reservations