## a life alive - Julia Clijsen

## (Author's note)

With this book in hand and pages laid bare, may your eyes see all of earth its fair. In words woven with threads so pure, feelings are captured to forever endure. Inspiring souls to soar, and find artistry to adore.

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Life is to be fully lived not dearly regretted, to feel truly alive not merely existing.

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With our continuous arrival, we have evolved to outgrow survival. To outrival primal instincts that once drove us to seek only food, shelter, and safety, to outer the weak.

In a quest for meaning, we rose into the unknown.
As a sentient being, we now crave for more
than once was shown
of what we were before.
Beyond mere existence, we now transcend,
seeking a legacy that will endure evermore,
stretching boundaries that won't ever end.

As consciousness expands, life's horizons extend.

A desire to explore the deeper mysteries inside, unveiling secrets untold and histories to unfold.

Where confines grow wide, we now thirst for purpose, fulfilment and connection, knowledge, creativity and affection.

-the human species