

Expressions of the Real

Expressions of the Real

Contemplating the Art of Being

Kees Voorhoeve

Cover photo:

Barong, the Balinese king of spirits

Divine leader of righteousness

Symbol of truth, health and good fortune

Protector of evil

Bearer of light

© Kees Voorhoeve

ISBN: 9789465120928

Brave New Books, 2024

Print On Demand

Cover photo by Ien Oud

All rights reserved.

Contents

Instruction	7
Part I. Homage	8
Part II. Finding	12
Part III. Falling	22
Part IV. Returning	30
Part V. Healing	40
Part VI. Dying	48
Part VII. Loving	58
Part VIII. Serving	72

Instruction

feel your presence
calm and stable

breath in and out
be aware

inner silence
open heart

read the text
feel the meaning

conscious alive
be in love
be of service

Expressions of the Real

Contemplating the Art of Being

Part I

Homage