





## **Foreword:**

Writing poetry helps a lot with my depression, this is also the reason why you will see this subject a lot in my poems. Thank you to everyone who's there for me, and have fun reading my best 30 poems!

I hope to inspire people with this and bring them hope, not just to become a writer but to become whatever you want to become, and, in my opinion, basically everything is possible.

I've struggled with depression for two years now, and I can tell you that it is not easy; it may feel like no one understands you and no one can help you, but I want to ask you to find that hope and that caring person in yourself. For example, instead of asking why I am so dumb, you can write down something every time you feel you did something smart, and in a couple of weeks, you probably will not feel dumb anymore (this can be done with almost any insecurity, by the way).

As said above, this chapbook is about a lot of hard subjects like love and suicide, but I'm here to tell you that there is hope, that you can get through this, that you do have it in you, and that I believe in you!

Love to all of you!

## **That happy child**

That happy child,

I want to make him so proud,

I want to show him what I can  
achieve,

I want to show him his dreams  
are going to become a reality,

If I were to kill myself, I'd kill  
him,

And I don't want that,

I don't want to make little me  
sad.