

# *Yearly Planner*

THIS PLANNER BELONGS TO:

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EMERGENCY CONTACT INFORMATION:

*Name* \_\_\_\_\_

*Contact:* \_\_\_\_\_

*Name* \_\_\_\_\_

*Contact:* \_\_\_\_\_

# Foreword

This yearly journal is meant to help you stay mindful of your actions and keep moving toward the goals you set for yourself. At the end of each month, you can look back at your progress, which will guide you as you review your year.

For the monthly habit tracker, it helps to choose simple and doable habits that support your goals. This lets you grow step by step. For example, a 5-minute journal entry or 20 minutes of bible study.

# Start with intention

Every productive year starts with a sense of direction. This planner is here to help you set meaningful goals, build habits that last, and stay focused on the work that truly matters to you.

## ALIGN WITH WHAT *matters*

Goals are more than just items on a to-do list. The most effective ones connect to something bigger—your long-term vision, your values, and the kind of life you're working toward. Whether you're aiming to find more balance in your workdays, build confidence in your ideas, or grow in your role, your goals should support the kind of progress that feels both meaningful and sustainable to you.

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## CLARIFY YOUR *vision*

Before you start filling in the pages, take a moment to define what success actually looks like. What are your priorities this year? Where do you want to grow? Getting clarity on your direction will help you say yes to the right things, and no to distractions that pull you off course.

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## TURN GOALS INTO *action*

Big goals don't need to feel overwhelming. Break them into smaller steps, set reasonable timelines, and focus on steady progress. You don't need perfection—just consistency.

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## REFLECT, THEN *adjust*

Things will shift. That's normal. Use this planner to regularly check in, celebrate what's working, and rethink what isn't. Staying flexible and honest with yourself is key to making real progress.

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## KEEP MOVING *forward*

You set the pace. You define the path. Let this planner be your framework for intentional action and a space to track the wins, lessons, and milestones along the way.

# Goal-Setting Worksheet

What does success look like for you? Use this worksheet as a starting point to help you plan with intention and stay focused on what matters most.

## WHAT ARE YOUR TOP 3 GOALS FOR THE YEAR?

Think big-picture. These can be career milestones, personal growth, passion projects, or habits you want to build.

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## WHY DO THESE GOALS MATTER TO YOU?

Briefly reflect on the motivation behind each goal. What will achieving it mean for your life or work?

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## WHAT DOES SUCCESS LOOK LIKE?

How can you determine if you've been successful at reaching your goal?  
What are the signs that you've done it?

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## HOW WILL YOU MEASURE PROGRESS?

Define what progress looks like for each goal.  
This could be a result, a habit, a milestone,  
or a feeling.

## WHAT MIGHT GET IN THE WAY?

Identify possible obstacles or distractions.  
Awareness helps you plan around them.

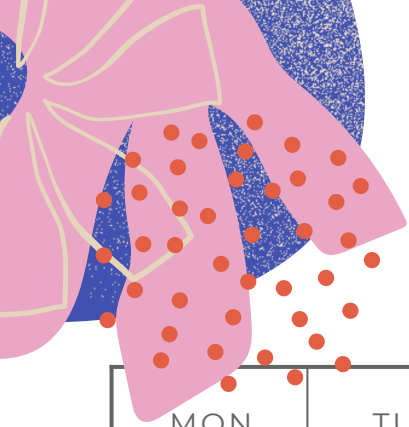
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## WHAT'S YOUR FIRST STEP?

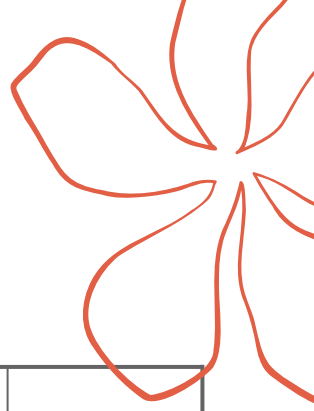
Don't worry about the whole plan just yet. Focus on what you can do first to move in the right direction.

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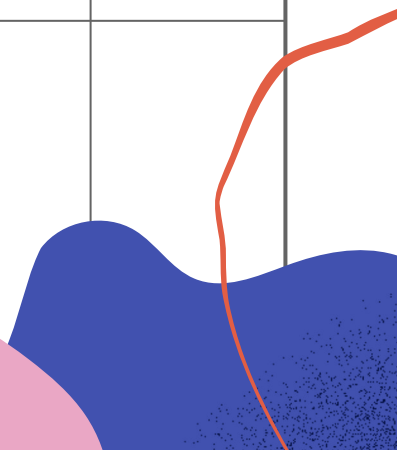
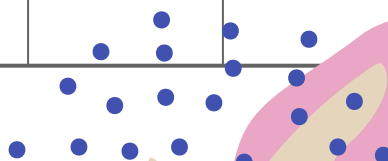
REVISIT THIS PAGE THROUGHOUT THE YEAR TO CHECK IN, REFLECT,  
AND ADJUST. YOUR GOALS MAY EVOLVE — *and that's part of the process.*

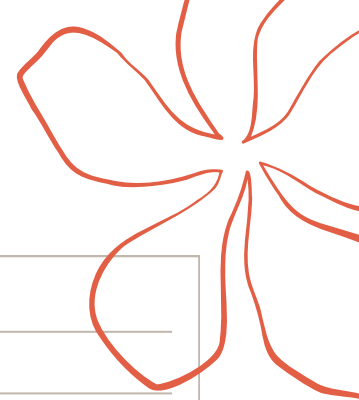


# January



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# Weekly Planner

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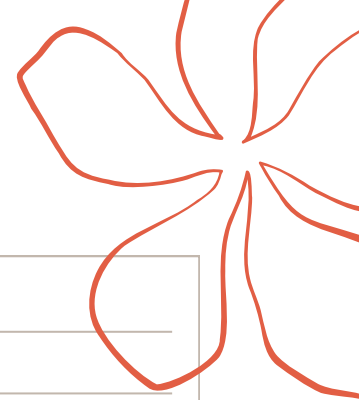
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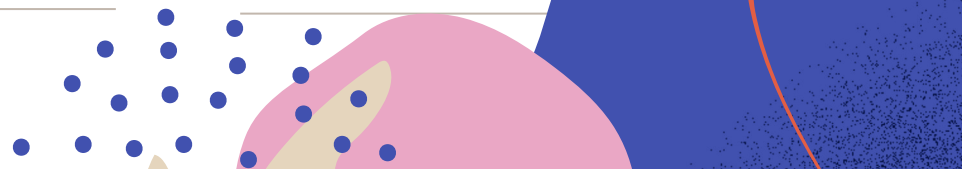
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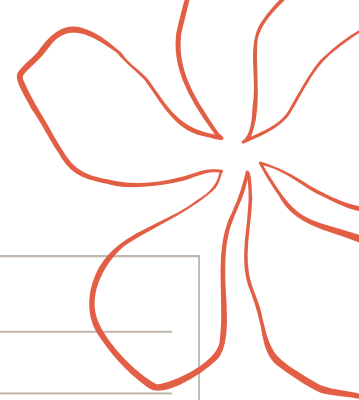
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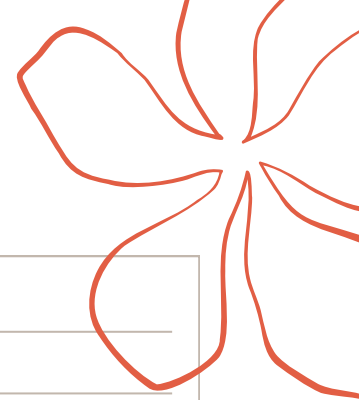
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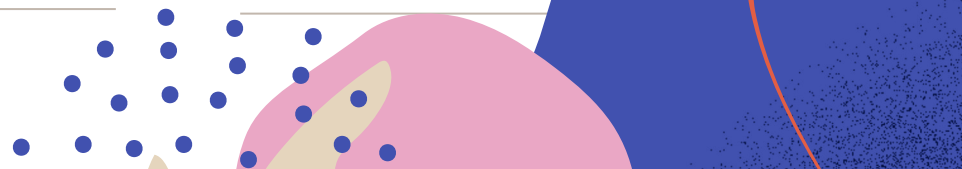
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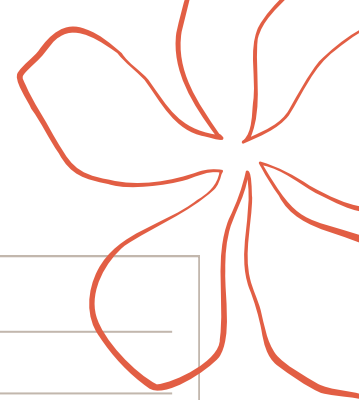
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Month of :

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## NOTES



# WEEKLY TO DO LIST

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- ☐ Perfect
- ☐ Almost there
- ☐ Nice try
- ☐ Next time will be better

*habit*

# TRACKER

# BUDGET

## planner

INCOME	AMOUNT
<b>TOTAL:</b>	

[illegible]

VARIABLE EXPENSES	BUDGET	SPENT
TOTAL:		

[illegible]

SAVINGS	SAVED
<b>TOTAL:</b>	

TOTAL BUDGET		-	TOTAL SPENT		=	
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# Monthly Review

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

HOW WAS MY MONTH?

RATE THIS MONTH:

PERSONAL: ☆☆☆☆☆  
HEALTH & FITNESS: ☆☆☆☆☆  
MENTAL & EMOTIONAL: ☆☆☆☆☆  
FINANCES: ☆☆☆☆☆  
CAREER: ☆☆☆☆☆

DESCRIBE THIS MONTH IN 3 WORDS:

TOP ACHIEVEMENTS:

HIGHLIGHTS OF THE MONTH:

DID I MEET MY GOALS FOR THIS MONTH?

WHAT WENT WELL, AND WHAT DIDN'T?

WHAT AM I GRATEFUL FOR THIS MONTH?

HOW CAN THE NEXT MONTH BE BETTER?

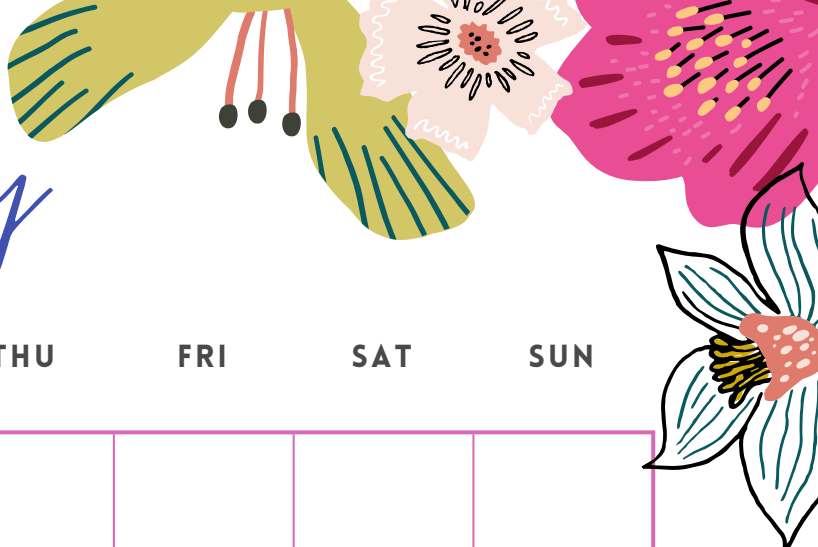
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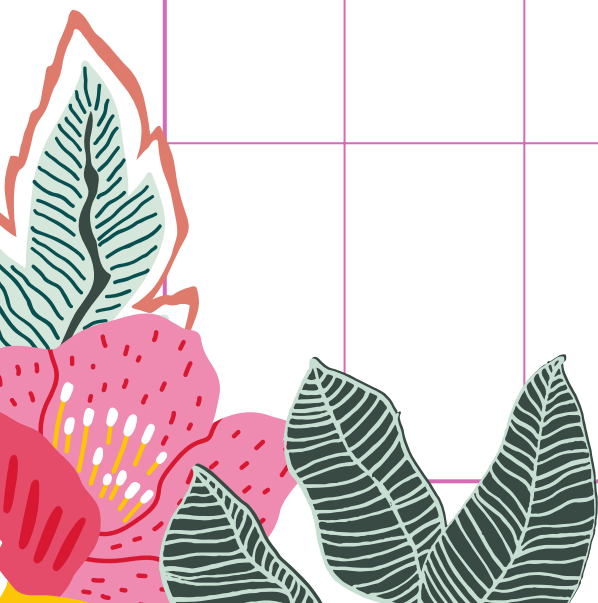
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## REMINDER

## NEXT WEEK

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