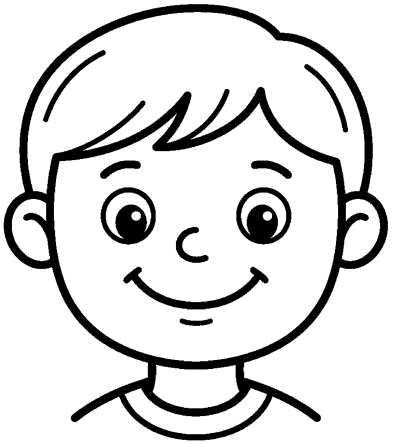
My first 100 words

Frisian

Frysk

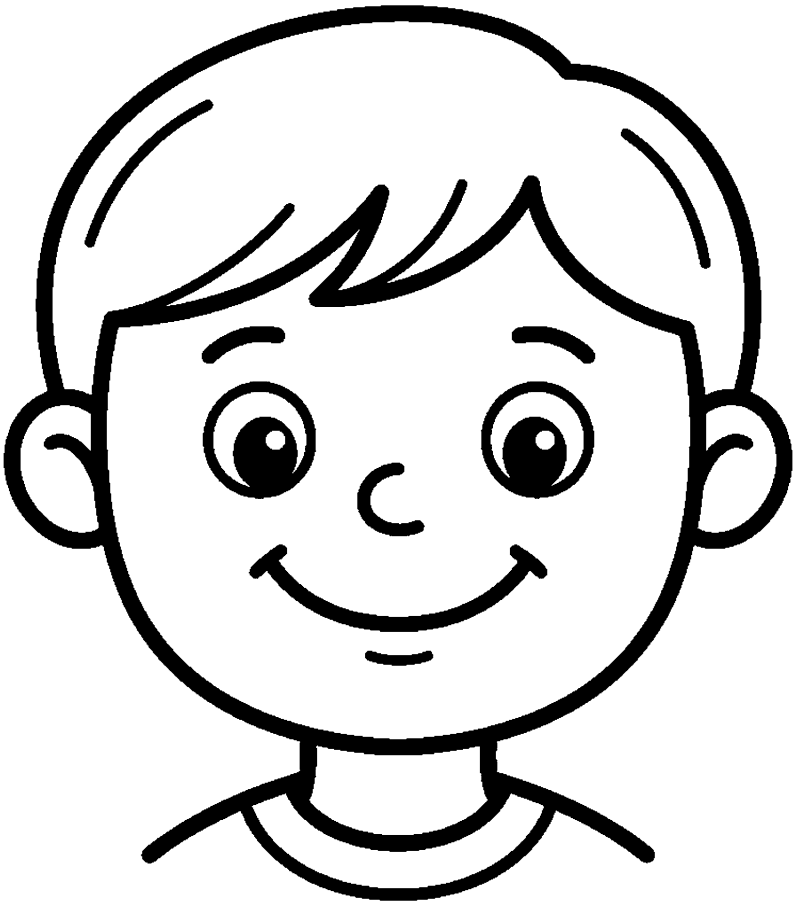
My Body



This book belongs to:

How to use this book

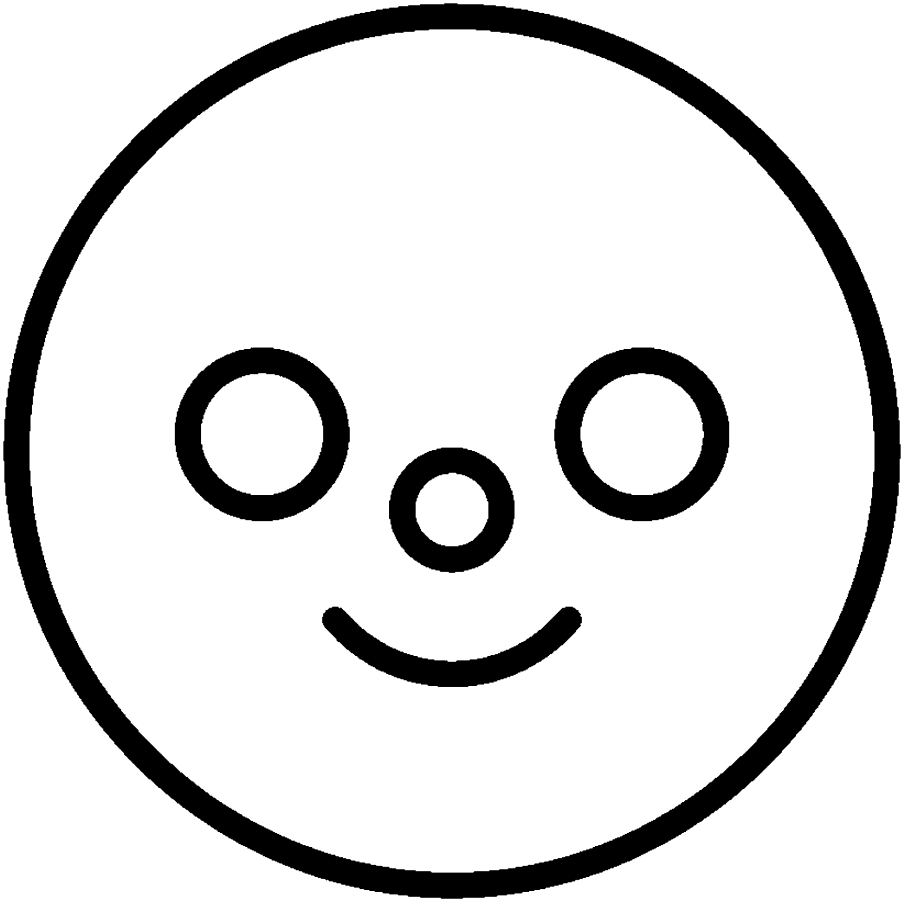
1. Color the picture.
2. Say the word out loud, together with a grown-up.
3. Trace the word over the gray letters.



de holle

head *[HOL-luh]*

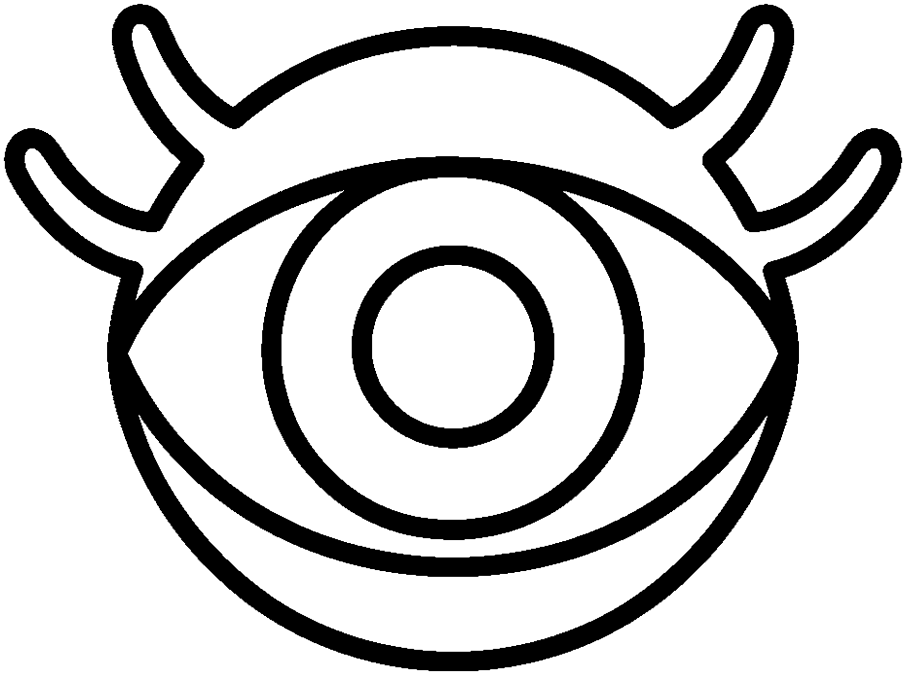
de holle



it gesicht

face *[khuh-SIKHT]*

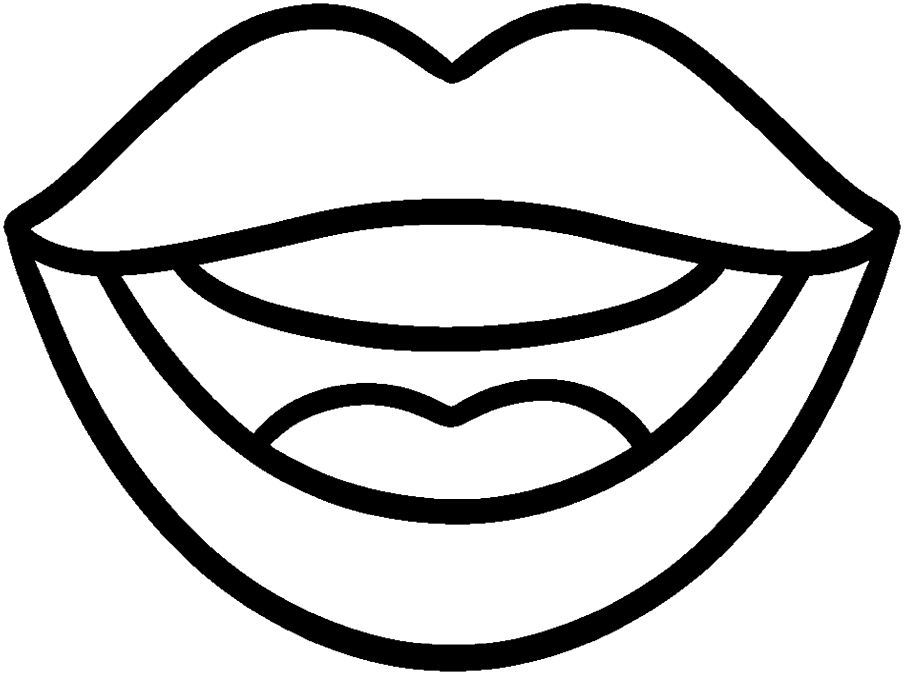
it gesicht



it e*a*ch

eye *[ee-akh]*

it e*a*ch



de mûle

mouth *[MOO-luh]*

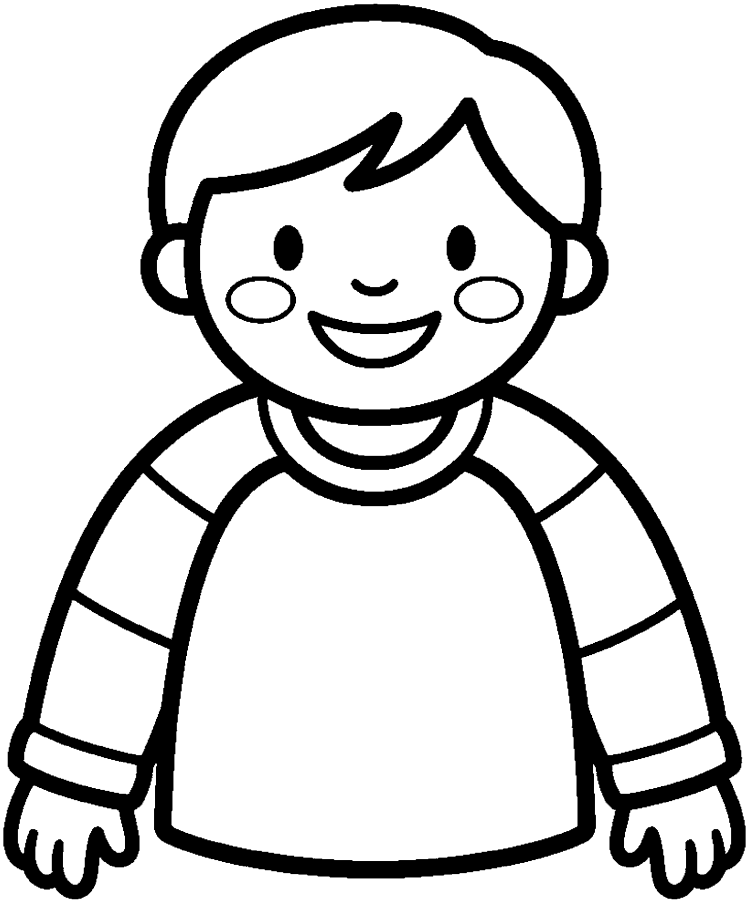
de mûle



de foet

foot *[foot]*

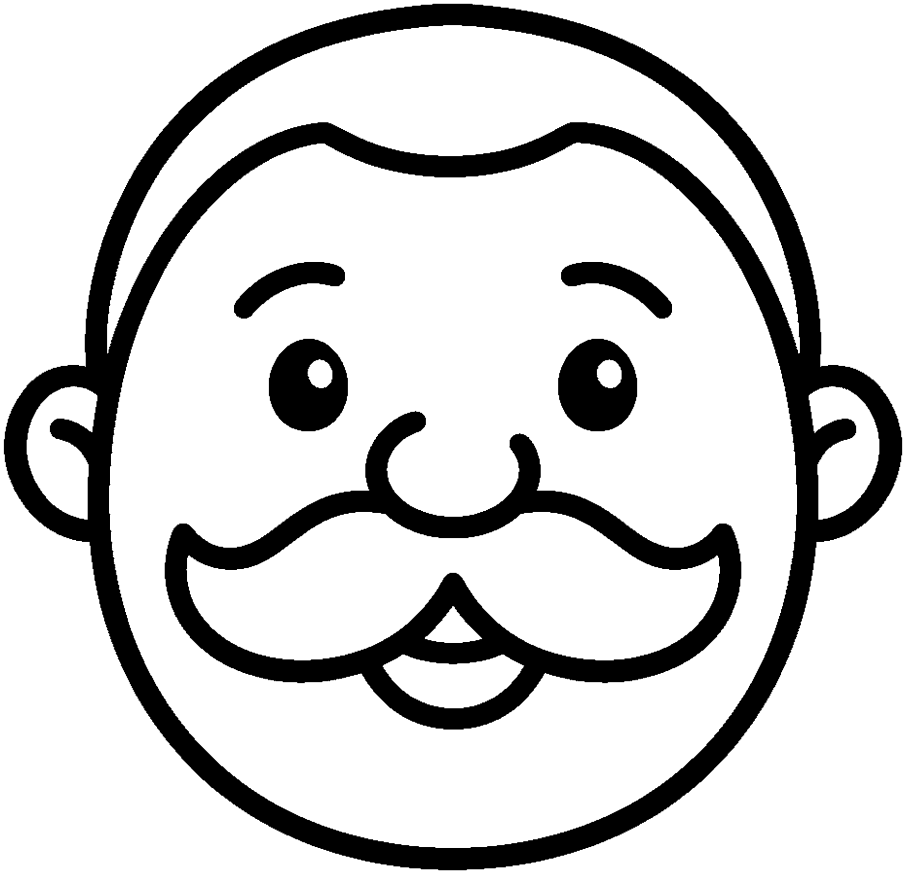
de foet



de boarst

chest *[bwarst]*

de boarst



de snor

moustache *[snor]*

de snor



de krêm

cream *[kraym]*

de krêm