An Argumentative Esoteric Essay About Autogynephilia (AGP)

- A Wholeheartedly And Profound Talk With An Imaginary Psychotherapist -

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A warning before reading: This epistle can contain heavy, perhaps even mind-altering, topics.

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- *If you give me Lemons, I will give you Lemonade* -

AGP from a developmental perspective

Four important key-notes to begin with:

- An emotionally / physically distant / absent father; (this is very often the case).
- A (very) dominant, somewhat scary, and also overbearing mother; (this is very often the case).
- A fearful attachment-style (basically due to bad - / insufficient parenting).
- An identification with the mother-figure (confusion). The young boy identifies with the most dominant one - / role model within the household, which should have been the father.

I'm of the impression that AGP starts with the very young boy being stuck within the oedipal fase, within the so called phallic sexual developmental stage; if I'm correct around 3-6 years old. The sexual attraction of the young boy was directed towards his mother (a somewhat

hetero-sexual orientation), which is basically the norm and quite healthy within one's (sexual) development.
Nevertheless, this normal oedipal conflict could not have been solved due to the dominance of the motherly (figure), and due to the absence of the fatherly (figure), and / or due to his own submissive role towards his wife, and from here on, this small rolling snowball can become a devastating avalanche over the course of many years.
The unresolved - / incestuous feelings of the young boy for his own mother shifts towards her - / female clothing. (Multiple) fetishes can emerge at this point; trying to temper and resolve, (sadly to no avail), this deep inner neurotic conflict.
The young boy's heterosexuality turns inward at some point; (some say, men with stronger ASD-traits, have a higher proclivity for this peculiar internalized phenomenon.
Some even dare to say that all men have slight autistic traits within their core, opposite to women, who would have more of a somewhat borderline core within themselves).

But to continue: The boy's most ideal sexual partner → The mother, the aunt, the grandmother, the female caregiver at that point in time during the start of this conflict, is projected on one's own body. Some scholars have called this an: Erotic Target Identity Inversion), (ETII).

So, in having sex as the mother(figure), (often with a certain fetish attached which symbolically resembles the mother, or is linked to the mother in some way, with also a lust-component attached to it), and with a sexually fantasized father(figure) thrown in this mix (some men, over the course of many years, may eventually implement this fantasy in real life, and will make this switch without even realizing they are still trying to resolve certain deep inner lust-conflicts), will gradually become more feminized, and at some point, can't even have normal, more healthy, sex anymore with a natural-born woman. This can happen, because certain shame comes into play, anxiety, but most importantly impotence, because there is not enough arousal anymore for normal 'vanilla' heterosexual sex, due to the forming of alternate neuronal trauma-lust based pathways within one's brain; formed over the course of many years, sometimes even over decades. Another potential trans-widow is left behind, full of questions, and also full of grief…

AGP from a trauma perspective

A few important sentences to think about, or to dive deeper in:

- **What if the previous unresolved oedipal conflict**, (as a young boy of course; one of the main reasons why particularly men suffer the most from paraphilias, fetishes, sexual aberrations and perversions), **wasn't bad enough? And during that unresolved sexual developmental stage, sexual trauma** (in any shape or form, mostly done by an older person), **also** occurred **during that timeline?**

PS: Look up the word perversion, and its etymological meaning.

- **What if these potential sexual trauma(s) occurred during a timeframe when a very young child couldn't even have words, or form words, to place - / integrate such deeply frightening and confusing experiences?**

  ➔ A form of dissociation will take place, and these experiences will be transferred to the amygdala region, the hippocampus area, (the brain's limbic region), and within the autonomous nervous system. → The body knows of these past deeply fearful experiences, but the mind can't recollect them anymore.

  Strange - / mysterious somatic symptoms can pop up, which modern doctors can't find suitable explanations for most of the time.