Physicians' Professional Performance

Physicians' Professional Performance Between Time and Technology

Kiki Lombarts



© 2019 Kiki Lombarts & 2010 Publishers

Translated and adapted edition of Professional performance van artsen – Tussen tijd en technologie (2nd edition, 2016)

Translation original work (2nd edition): Kevin Cook Typesetting: Coco Bookmedia Cover design: Andrea Göbel art direction & design Photograph page 89: Mats van Soolingen

2010 Publishers, based in Rotterdam, the Netherlands, develops professional and educational information products for professionals and students in healthcare and the sport, movement and health sector.

info@2010uitgevers.nl | www.2010uitgevers.nl/en

Although the greatest care has been taken in producing this publication, the author(s), editors and publishers decline all liability for any incomplete or inaccurate information that it may contain, and welcome any suggested improvements.

Except where otherwise specified by or in pursuance of the Dutch 1912 Copyright Act (Auteurswet van 1912), nothing in this publication may be reproduced, stored in an automated data file or published in any form or manner, whether electronically, mechanically, by photocopy, recording or in any other manner, without the publisher's prior written consent. Where reprographic reproduction of excerpts from this publication is authorized under Section 16(h) of the 1912 Copyright Act, the required statutory fees shall be paid to Stichting Reprorecht (PO Box 3051, 2130 KB Hoofddorp, the Netherlands, www.reprorecht.nl). For reproduction of any part or parts of this publication in anthologies, readers or other compiled works (Section 16 of the 1912 Copyright Act), please contact Stichting PRO (PO Box 3060, 2130 KB Hoofddorp, the Netherlands, www.stichting-pro.nl). For reproduction of any part or parts of this publication for commercial purposes, please contact the publisher.

ISBN 978 94 90951 53 5

Table of contents

| Author's note | 7 |
|-----------------------------------------------|----|
| Introduction | 9 |
| Self-regulation | 12 |
| Professional values | 15 |
| Professional performance | 21 |
| Between time and technology | 23 |
| The three pillars of professional performance | 28 |
| Constant pursuit of excellence | |
| Humanistic practice | 46 |
| Accountability for one's own actions | 62 |
| Conclusion | |
| | |
| | |

| Bibliograpl | hy | | | 74 |
|-------------|--------|------|------|----|
| About the | author | | | 88 |

Author's note

"Patients, physicians and society deserve doctors with cool heads and warm hearts".

I believe that it takes *doctors with cool heads and warm hearts* to deliver high quality care and that most physicians practice medicine to provide nothing less to each of their patients. This book is a result of my personal and professional reflections on working with physicians for 25 years in the Netherlands and abroad. It is a translation and adaptation of the original Dutch (second) edition, incorporating new insights, lessons learned and the latest scientific literature. During the writing process, I had to sort out my own professional experiences, viewpoints on healthcare and personal beliefs.

In hindsight, the publication of the Dutch book (2014, revised in 2016) was the start of an unexpected and rich journey for me and my research team. My plea, as which this book can be read, was warmly welcomed by many in the medical community and beyond. My words seemed to have struck a nerve and in the following years led to numerous inspiring conversations, meeting new people and starting new collaborations. What struck *me* most was the wide recognition of the three pillars of professional performance – introduced in this book – and the extent to which they seemed to reflect a *shared* ideal of many physicians. On more than one occasion physicians expressed their appreciation for me voicing their view on what it means to be a dedicated doctor and for acknowledging what a lifelong commitment to the medical profession takes. I felt and still feel grateful for their feedback and it encourages me to continue to support physicians in their pursuit of providing excellent and compassionate patient care.

During the past few years I have witnessed how physicians – medical specialists, trainees and medical students –, researchers, educators and healthcare administrators incorporated ideas set down in the Dutch edition of this book into (performance improvement) policies, new curricula and courses, teaching practice, research and professional development. I can only dream that the English edition may equally inspire some of its readers. It is my hope that initiatives born out of *Physicians' Professional Performance: Between Time and Technology* will contribute to the professional fulfilment of physicians and to patients' healthcare experiences and outcomes.

Kiki Lombarts, August 2019