## Joseph tells

Conversations with Joseph about dying, the path of the soul, life on earth, and the Afterlife

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#### **Foreword**

Dear reader, how wonderful that you've purchased this book! My name is José den Ronde-van Dun, and since my youth, death has been a theme in my life. I come from a large family and was born in a small village in the south of the Netherlands, near the Belgian border. At the age of 15, I started a serious relationship with my first youthful love, Joseph. It was a delightful time when we used to watch rock bands together in the neighbourhood or visit his favourite pub.

He also lived in a small village. He lived on a farm there with his sister and parents, taking care of the pigs alongside his father. His loyal dog, Cento, was his best friend. During the summer, all of his friends would come to help pick strawberries, and everyone was welcome in their hospitable family. Joseph had many friends and was a well-liked young man.

On May 2, 1978, I had been in a relationship with Joseph for almost nine months. Unfortunately, he wasn't welcome in my home because my parents thought I was too young for a relationship. In two days, I would turn 16. May 1 was a national holiday in Belgium, and he had been out that evening.

During lunch with my mother that afternoon, a man knocked on the door and informed us that Joseph had been in an accident during the night. I was shocked but didn't immediately think the worst. Shortly after, he told me that Joseph had passed away.

I was stunned and immediately went to my friend across the street. We weren't allowed to see him anymore because his injuries were too severe. My 16th birthday and the entire week were incredibly surreal.

The funeral was very sad, and during the gathering after the service, the funeral director returned to me the bloodstained necklace that I had given to Joseph for his 18th birthday. This was extremely emotional for me. He was my first youthful love, and I've never forgotten him.

Around my 25th year, I developed a significant interest in spirituality and a strong fascination with the Afterlife. This was primarily influenced by the many loved ones who passed away during that time.

Joseph remained a constant presence in my thoughts. I noticed that I was becoming increasingly sensitive and was actively seeking ways to find my footing in the hectic society. I embarked on numerous spiritual courses and workshops and read countless books on the subject.

Years later, I visited a regression therapist, and the memory of Joseph's death resurfaced entirely. It became clear that I had not fully processed his passing. Deep-seated grief resurfaced, and he was undeniably present.

He believed we would grow old together and have children, which was a source of great sadness for both of us. He shared that he still loved me deeply and expressed a desire to help alleviate my headaches and migraines, which he often did, providing me with significant relief. In the years that followed, I frequently felt his presence.

During this time, I was on a quest to discover my purpose and passion in this life, which I certainly did not find in my job. In September 2018, I began an Angel Healing program with Daniëlle Blessing. This program lasted for six months, and since then, I have been working in collaboration with the angels. This has brought me a lot and still does.

It quickly became evident that my life's purpose is 'death.' I received the insight that I should write a book on this topic, along with the book's first sentence and title. Many thanks for everything you have meant to me, Daniëlle!

It was also my intention to engage in volunteer work at a hospice, which I did for two years. After a few months, I found it increasingly difficult to continue with my regular job and eventually resigned. Now, I had the time and space to explore the direction I was meant to take, thanks to my supportive husband who encouraged me to do so.

Throughout the summer of 2019, I was experimenting with various things, but it never seemed quite right. At some point, I picked up a book by Joseph Rulof from the shelf to reread it after many years. A close acquaintance suggested that the choice of this particular first name was not coincidental. She advised me to write continuously for 10 minutes on the subject of 'death.'

On September 11, 2019, I grabbed a notepad and wrote the words 'death' at the top of the page. Then I began writing, non-stop. Suddenly, I felt goosebumps all over my body. I inquired about who was with me and sensed the presence of Joseph and my dear friend, Ellen. I heard the words, 'Help the people, José!'

I asked if I could write about my experiences, and I heard, 'It will provide comfort to many people, just start!'

I felt the love in my heart and trusted that I could convey much. I immediately began writing this book, and everything I wrote was channeled through Joseph.

It's truly beautiful and amazing how he describes the Afterlife! I would like to express my gratitude to Sjanne Janssen for encouraging me to start writing!

Subsequently, I spontaneously began asking questions and wrote down everything I received from Joseph. Often, he introduced crucial topics himself. Everything I've written may be shared. The purpose of this book is to make the taboo surrounding death discussable and alleviate the fear of death.

It was a remarkable experience to write this book, and time and again, the right people crossed my path to assist me further. A kind woman from a Facebook group consistently received messages from Joseph for me, even though I didn't know her at all. I have since had many meaningful conversations with her. Many thanks to Alie Jorna for all the support and wise advice!

Initially, I had intended to self-publish this book, but Joseph felt it was taking too long. In the middle of the night and upon waking up, I heard the name of the publisher, Marleen te Vaanholt. I immediately contacted her, and from that point forward, she also received precise instructions on what needed to happen with the book. I'm very glad I reached out to her, and I'm extremely proud of my book!

This book is written in a way that's accessible to everyone. Joseph and I prefer to keep it short and to the point! The book is divided into 5 parts with the following titles:

The story of Joseph What's it like above Dying and passing View of the world Emotions

The first part consists of personal questions I asked Joseph. He considers it important to share these and hopes that many people will find comfort in them. The topics covered in this book range from trust, the Earth, to questions about the Light and suicide.

I sincerely hope that this book may help many people, and I hope that you may be one of them.

Warm regards,

José den Ronde - van Dun

# PART 1. THE STORY OF JOSEPH

## Why are you seeking this contact after all these years?

Because now you finally have the time and peace to write this down! Many more people could do this, but they are all too busy with their lives. Sitting still and doing nothing is still a taboo. It's a shame because that's when the most beautiful things come to life, and you find complete serenity.

It also brings a great sense of fulfillment, as you have noticed. Sometimes it's challenging, but it makes you much happier and lighter. You also learn to put things in perspective better.

Thankfully, it's going out of style to always be busy, and that's a good thing! Adjust your life as you want it, and it's never too late!

You've felt my presence many times, especially in recent years. During the years of migraines, I often helped you, and you clearly felt it.

I've known for a while that you're undergoing spiritual growth, and I'd like to talk about Home (the Afterlife). I'm sure it will help many people overcome their fear of death.

By the way, time doesn't exist here, and it feels like just yesterday that we were in a relationship.

I know you write everything I convey honestly and sincerely. Sometimes you doubt if it's correct, but trust that you hear me very well and transcribe everything clearly.

Death is still a significant taboo in your world, and it's about time that it's broken. There's a lot to tell, and it will give people food for thought.

As your guide, I'm very pleased that I can pass this on. You can be sure that people will talk about it, and they will contemplate it. It will bring a lot of peace to people. That means everything to me!